e Et C

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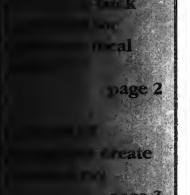


April 16 - 22, 1998



vol. 26 issue 26

NEWS



HEALTH



ARTS





Officials pulled the body of a man from the Humber River on Good Friday, but are waiting to release his identity until notifying next of kin. No foul play was involved.

Body found

The discovery of a dead body ruined a pleasant Good Friday afternoon for Todd Bell.

Walking along the Humber Arboretum with his wife and two children, Bell was hopping across some rocks in the river when he made the grueling discovery.

"I saw [the body], turned my kids around, told my wife to take them home, and called the police," said Bell.

Local authorities arrived on the scene to investigate. The body was along a section of the river that is just behind the Humber residence, near a bridge along the main walkway of the park.

Police were able to ascertain that the decomposing body was a male in his late thirties. He was wearing blue jeans, a blue denim-

jacket, a plaid shirt and high cut running shoes. He was found lying face-up in the ravine behind Humber College. The man is believed to be a transient who died during the winter months.

"He has a full beard and has the appearance of a transient," said Detective George Buchanan of Metro's 23 Division. "However we know that he has probably been in the water for at least a month-and-a-half, which could definitely change his appear-

"He seems to have floated down the river a little bit. He's certainly been in the water a long time. There's a bit of deterioration but there's no signs of obvious trauma to the body," said Buchanan.

Following an autopsy on

Saturday, Buchanan said that no safe place to be." foul play was evident: "Pathology indicated that the state of the body was consistent with a drowning."

The autopsy further revealed that the body had been in the river since mid-February.

"It's really no surprise to me that they found a dead body back there," said Matt Juras, a Business Administration student who lives in residence. "We kind of think of it as the badlands' back there (the arboretum behind the residence). Anything's possible in this neighborhood."

Second-year public relations student Ward Alsop added: "I was mugged there last year, a girl was raped last summer, and now this. It just sort of adds to the history of the place. It's just not a

College Security Officer Gary Jeynes admits that it's a sad situation, but notes that the incident was not a result of foul play, and did not occur on campus. "It's not really a College issue. It just so happened it was adjacent to College property."

Police have identified the man, ut are not releasing his name until they notifiy a next of kin. A friend of the victim said he was talking to him on February 10, but hadn't spoke with him since then. He was not listed as a missing person.

The victim is described to be a white man in his mid thirties to mid forties.

BY JEFF HEATHERINGTON, ROBBIE KIRK AND STEVEN PROCEVIAT

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Plan your meal plans at rez

BY AMY TYSON

News Reporter

If you're thinking of moving into the student residence next year, listen up. Neglecting to read the small print could cost you some cash.

Humber's student residence does not offer an optional meal plan. Instead, students must choose between four sizes of

Sometimes the large plan (\$2640) is not enough and sometimes the small meal plan (\$1600) is too much.

Be forewarned, however; if there is money remaining on your small meal plan, you probably won't get it back.

Alice Chua, 19, has too much money left on her small meal plan.

"I wasn't really concerned that l had over \$700 left until a few days ago when I asked and they told me I couldn't get my money back. As far as I was concerned, I was able to get my money back. I didn't get any notices that said I couldn't, " said Chua, a secondyear Hotel and Restaurant Management student.

Some students aren't aware that they have been told.

The information is clearly stated on the contract they sign at the beginning of the year.

"Apparently, I did sign something that said that, but it didn't even cross my mind. I guess it was sort of a quick thing. On the application for returning students, you just look at the paper and there are so many things you just don't want to read it. You just sign it," Chua said.

Don Henriques, General Manager of Food Services for Humber College, said students should read everything about the meal plans on their contracts.

"They can have access to a copy of (the contract) at any time throughout the year, just to read it again," said Henriques.

The Retail Sales Act states that all meal plans must be prepaid and that they must be nonrefundable in order to qualify for tax exempt status.

Anything above the minimum \$1600 will be refunded at the end of the winter semester less a \$75

John Mason, director of customer relations, said \$1600 seems to be reasonably what people would spend.

"If we provided a refund, then the GST and PST would be applicable," said Mason.

Students on the other meal plans: regular(\$1895), medium (\$2250) or large (\$2640) are eligible for a refund as long as they have reached the minimum commitment of \$1600.



Students at the rez cafeteria use the last of their meal plans.

In order to help students budget their meal plans, Food Services provides budget sheets. Students can find out week to week what amount they should

If they are under budget, they know they have to use up their

And if they are over budget, they know they should either slow down, or prepare to add more money to their meal card.

"There are only 35 people that are under budget on the small meal plan," said Henriques.

"With the four or five weeks remaining, they could, in fact, catch up to budget," he added.

The numbers of students not on budget is actually pretty low

This is a good indication that

Student not traced

gets, and are aware of how much money they are spending.

Food Services said they try to inform students of the status of their budget.

If you are not sure what amount you are at, a simple swipe at the cafeteria will let you know your balance. Henriques and Mason are

aware that some people are on strict, prescribed diets and that others can't eat certain foods. In order to try to accommo-

date these people, each case will be individually evaluated. "The meal plans," said

Henriques, "are intended to provide adequate service to stu-

Chua offers one piece of advice: "Plan your meal plan with your appetite, and find out about students are watching their bud- everything before you get into it."

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said Gagnon.

BY TERRY BAAK

News Reporter

Two months after Steven Mylan's disappearance, Peel Regional Police are still virtually clueless in their search.

Constable John Gagnon, the westigating officer said that there is no new evidence and the police don't know where Mylan is.

"I don't like to admit it, but we are clueless," said Gagnon.

On the evening of February Humber Business Administration student Steven Mylan returned home to pick something up, when he was stopped by his mother, whom he talked to for a short time.

At approximately 12:30 a.m. on February 14, Mylan left and that is the last anyone has seen or heard from him.

Peel Regional police have talked to his family and close friends, and said nobody knows where or why Mylan disappeared. Police have no idea why Mylan has left, but they don't suspect foul play at this time.

"Foul play is not suspected,

but it has not been ruled out,"

Left with few if any clues about the reason for Mylan's absence, Gagnon is left to speculate that Mylan has chosen to

"It's a bit of a mystery, there is no verifiable reason for why he is missing. We are left to believe that he is missing for his own personal reasons," sald Gagnon.

Earlier this month, Mylan's black Pontiac Berretta (336 ZHX) was seen crossing the U.S. border., but police were unable to confirm that he had gone to the United States.

Now the police are focussing their investigation on the possibility that he is somewhere in the States.

Mylan is 20 years old; approximately 5 foot 10 inches, and 150 pounds, with brown hair, and brown eyes.

If you have seen Steven Mylan, or know where he is, please call Peel Regional Police, 12 division, at (905) 453-3311, or Campus Security at extension

Campus advertising creates controversy

BY WENDY INKSTER News Reporter

Students argue that advertisement barriers on Humber College Boulevard jeopardize public safety, but Olifas Marketing Group (OMG), the company behind the concept say fears are unfounded.

OMG Media President, Salvatore Oliveti, said the intention of OMG Media is "to place lines of aesthetically pleasing advertisements that act as safety barriers by deterring people from stepping out onto the roadway."

But, many student motorists

"The crosswalk is already dangerous, the signs just increase the chance of an accident happening,"

-Amy Brown, public relations student

are questioning the safety value because the height and width of each bar acts as a blinder, making it difficult for drivers to see pedestrians (especially children).

"The crosswalk is already dangerous, the signs just increase the chance of an accident happening," said Amy Brown, a public relations student at Humber

"So many students at Humber

drive and many of them speed more than they should, I see some people who don't even stop for the crosswalk," added Shannon Hough, another public relations student at Humber.

"The problem is that everyone is crossing in front of and behind the bus, now they are invited to go behind the bars and use the crosswalk and this is the primary purpose," said Oliveti.

When the system is used accordingly, positive results have

"I drive by these bars fairly often and have observed how effectively they control pedestrians, primarily very exuberant young people (students)," said Chairman of the Advisory Board at Humber College, Robert Scott in a letter to OMG Media.

"We are within all the rules of outdoor signage, the signs are lower than a newspaper box and in fact, this particular bar was designed and modified for children," said Oliveti.

From an advertising perspective, the medium is effective.

"They are bright and eyecatching because the format is unusual and different, you look at the signs because you have never seen them before," said Katharine Webb, an advertising graphic designer employed by Humber College.

"Everyone can see it, it's freestanding and it's outdoors," she

"We have to make money, it's only logical, but the community benefits too," said Salvatore

The cost to advertise on the Info-Bar ranges from \$90 to \$100.



Students are concerned that advertising barriers placed on Humber College Boulevard jeopardize pedestrian safety and increase the chance of an accident happening.

advertising in Humber's washroom.

OMC Media dedicates eight per cent of the face advertising value to advertising a community message, such as "vandalism hurts everyone," which is currently displayed in the Woodbridge community.

Although the medium is certainly an eye and money grabber, most of the concern is in regard to the safety of children in the surrounding area.

The signs are big and the children are small, making their tiny bodies difficult for oncoming motorists to see.

Oliveti said, "it's cheaper than the public transit system and many of them bring their children with them. Throughout the day children can be seen all over Humber, from the child care centre to the community pool.

"My concern is when the children are with their parents because if a parent has their hands full and they can't hold the child's hand, the child (who is not visible to motorists) may run out onto the road," said Susan Stokes, acting supervisor of the Humber College Child Care Centre.

On top of worries like this, Stokes said, "it's already a very fast road, in fact, it's awful."

It's not often that motorist dri-Many Humber students use ving into Humber College don't, thing will be done about it."

see a police car parked on the island distributing a large number of speeding tickets.

"People definitely don't do the speed limit because it's a 40 km zone and motorists usually go 50 to 60 km, and that is why there is usually a cruiser on the island," said Manager of Public Safety at Humber College, Nancy Pinson

However, Pinson said no formal complaints regarding the positioning of the Info-Bars have be filed to date.

"If people express concern we will definitely do something about it," she said. "We can express our concern to the city, but we can't guarantee that any-

Lab mice loose at Humber

BY KIM MARTIN News Revorter

There are lab mice loose and running around the technology wing at Humber College.

But these mice aren't the everyday white and furry type, they're robotic.

The third-year computer-engineering students are preparing for their second annual competition with artificial intelligence robotic micro-mice.

Third year student Lorri Larstone said that the competition, held on April 22, sums up their program.

"It's really intensive. Every thing we've learned in the past years comes down to this," she said.

The students design the micromice and race them against each other in competition.

The mouse is placed in a maze and given two runs through. Its job is to drop a ping pong ball into each of the two baskets located through the course of the maze in the shortest possible time.

The students design the mice with sensors and code to read and respond through the event.

"We designed the mouse completely from ground up. The mouse itself took about 150 hours to build," Larstone said.

On top of a full course load, finding time can be a difficult

"Some students go to the extreme of sleeping here,"

Along with the students, Darlington is worried for the competition as well as the program itself, for the future.

"We're up against a wall," he

Larstone agreed, "We've had a lot of cutbacks that have really affected our program."

"The equipment in here is the oldest in the college and much of it would make a better paperweight," Larstone Darlington said that the lab probably went unnoticed.

"We are quiet. We're not the type to wave a stick," he said.

Lanworks Technology Co., who has volunteered to sponsor the event this year, did notice the students and the competition.

Ron Brejak, engineering manager for the company, said that their interest in the competition started last year.

Lanworks Technology, under the wing of 3COM Corporation, is sponsoring the competition.

"We want to motivate the students," Brejak said.

WIN S200

Attention all graphic artists! Or anyone else that is artistic. SAC is looking for a

creative design for the cover of the 98/99 SAC Handbook.

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Don't miss SAC's last FREE concert of the year!

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Editorial Editorial

Back to School on August 3 I

The end of one year is the beginning of the next. Humber's 1998 - 1999 school year starts August 31. But, Labor Day is September 7. Student orientation and registration takes place the week of August 24. These early dates are chosen to get the requisite 16 teaching weeks prior to the December 17 Christmas holiday.

This early start is going to make it difficult for many students.

A number of students will have summer job contracts and many employers, like Paramount Canada's Wonderland and the Canadian National Exhibition, which traditionally provide employment for scores of students, require student employees to show up right to Labor Day.

Not to mention, the two weeks' pay is not just a bonus, but for most, necessary to pay tuition and rent.

Indeed, many leases start on the first of the month. Students, showing up for orientation, or not until the first day of class, may have to pay an entire month's rent. Will the residence forgo two weeks of rent so their inhabitants can take part in orientation festivities with no penalty?

In addition, teachers will have to choose between punishing students absent from class, or bore those who do show up by presenting the same material twice.

The other alternative is to start classes on the Tuesday after Labor day and filter in the missing hours throughout the term.

Afterall, nothing much will be accomplished if the first week of school is in August.

Hospital closings are painful

Wellesley Central Hospital is closing and St. Michael's is the designated winner set to pick up the slack.

What's disturbing about this closure is not only the countless number of patients who will soon be bombarding the already overcrowded emergency rooms across the city, but the changing priorities of our government.

This closure not only means less health care, but fewer choices for patients. Because St. Michael's is a Catholic hospital, women will have fewer places to terminate an unwanted pregnancy and homosexuals will be forced to receive treatment from a religious denomination that openly disapproves of their lifestyle.

Canada was once admired around the globe for a model health care system – a system that allowed all people, regardless of social status or income, to the best possible health care available.

Residents of Ontario must realize the provincial government is headed towards an American-style health care system. A system that caters primarily to the rich, with privately controlled hospitals for the well to do and "county" hospitals for those less fortunate.

Anyone who has become ill while visiting the United States, knows what it's like to receive a medical bill detailed enough to include the number of cotton balls used while obtaining medical care.

Will it take the unnecessary loss of a consituent's life or health for politicians to realize they are casually throwing away the good in the health care system with the bad?



A&E is not for kids

BY ANTONIO TEDESCO

A&E is, literally, working to make me sick.

This past Saturday, I was feeling a bit antsy, and didn't feel like going out. So, despite one of the sunniest afternoons this year, I turned on the TV and what do I see on Investigative Reports, but a naked L.A. gang member lying dead on the coroner's table.

That's right! Naked and dead

and at three o'clock in the
afternoon.

Maybe it's me, but I don't want to see a dead man's brain being washed under a tap, his eyes being scooped from their sockets and his legs being snapped into place or a homeless person's hand being chopped off

at the wrist after rigor mortis has set in.

Urine-stained cardboard houses, mummification, ratchewed faces and enough blood to fill a few bathtubs to capacity filled my afternoon with images of the dead, the murdered, the hardened, and the eaten.

The leathery skin of a homeless man dead for over a week fascinated me as I sat there disturbed. Fingers severed from a poor person's body, placed in a dipping solution to soften the flesh in order to get an accurate fingerprint, brought my lunch perilously close to evacuating my body

The point is: I'm 28 years old and I've been severely desensitized to things like this, but when

it's Saturday afternoon and kids under the age of 10 are watching cartoons, Jane Doe's maggoteaten face is not what 1 think they should be watching.

In an age where political correct cartoons are all the rage, what happened to keeping disturbing programs to a late time slot. Kids, usually, don't stay up passed 9 p.m., and if they do, I hope their parents are around. But at 3 p.m., parents go about their business believing their kids safe in the loving arms of Bugs Bunny, Life with Louie, Teletoon and Barney.

Unfortunately, A&E seems to be working on a few new children's programs: Life & Death with Louie, Bugs: The Crip and Barney: The Blood.

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Student protests are ineffective Smokers make me fume

BY JULIA KUZELJEVICH

Big protests in the sixties made big headlines when university students protested fiercely against the 'establishment', not trusting anyone over 30. Ironically, that same generation moved easily into the corporate ranks as some of the biggest income-earners of the century, embracing and embodying the corporate world, as the path to success.

Today's version of university protesters, specifically those at York University who trapped the president in her car to protest the influence of corporations on campus, will 'grow up' to do the same. One day they will also disdainfully sidestep the great unwashed and militant mash of students. Bob Dylan notwithstanding, the times didn't change much, and this is still, very much, a capitalist society.

drowned out by interests involving money and power. But power comes in many forms, and the Machiavellian way is to know your enemy, and their weakest point. Once a protest takes the form of violence and intimidation, as it did on York's campus when students disrupted a board of governors' meeting, spraypainted a wall and blocked the president's car, it may well lose its effect and serve only to alienate.

The truth is, the bloated funding previously directed into Universities from government transfer payments is likely to

More and more it will become necessary to rely on endowments from businesses with an interest in running university programs.

This is not to say every student need become a walking trademark or an MBA hound.

U.S. universities, which rely heavily on endowments from big The student voice is often business, are often the ones that

sponsor the best grant and scholarship foundations in the country (Princeton, for example, subsidizes the majority of a poor student's cost according to merit).

Tertiary education will get more expensive, and a corporate presence will ensure that the expense is not funneled into programs that don't benefit students "in the real world".

The real world is one of dialogue, not one-sidedness by any means. There should be less of an intergenerational conflict among students and administrators.

And the students' meticulous planning of events, such as the protest, should be directed towards a focused, realistic plan of what they want to see on their campus and in their board rooms.

It doesn't really matter if it's called sucking-up. Speaking the lingo might get students taken seriously by the ones in the big BY TRICIA DOUGLAS

I'm literally sick and tired of all those disrespectful, selfish individuals who insist on smoking in the student centre!!

This area of the school is supposed to be available to ALL students and yet, these people seem to think it's their own private domain where the rest of us just pass through on our way to somewhere else.

To make this situation even more appalling, there are a lot of no smoking signs posted on the walls - they can't be missed - but they choose to ignore them. Where do they get off?

It's obvious I'm not a smoker, but my problem lies with people who don't consider all the students, staff and visitors who are allergic to the smelly stuff some call heaven.

It's not fair that I should have to hold my breath every time I pass through an area that is supposed to be smoke free, and I don't enjoy having my skin itch because my allergies have been set-off. And I really don't appreciate the fact that the signs and rules are not enforced by security or school authority figures, especially since it is a health concern.

It's even more ironic that this is being carried on so close to the health centre.

For those of you who choose to shorten your lifespan, go ahead! But be considerate of the rest of us and do it elsewhere!

wire

Ryerson University

Three quarters of the 916 students who voted in a student referendum agreed to a \$60 per year increase in fees to fund a new student centre. If all goes well the centre will be in the works within two years.

www.ryerson.ca/ryersonian/

Brock University

Students at Brock took advantage of the spring weather March 28 to race shopping carts decorated as Barbie, Baywatch, the Titanic and Grease, among others, simply to increase school spirit.

www.brocku.ca/press/

Cornell University

In October someone placed a pumpkin on a tower spire. Freeze dried by the weather, the pumpkin was deluged by local and national media attention. On March 13, a crane operator accidentally knocked the withered gourd off the spire and onto a scaffolding platform. Specimens were sent off to the lab for analysis where a professor in plant science issued a Certificate of Authenticity verifying, for posterity's sake, the pumpkin's oft doubted identity.

www.cornellsun.com/

Students must continue protests

BY LOUISE SHERIDAN

York University students should be applauded for shutting down a recent Board of Governors meeting at Glendon College, York University.

On March 2, a group of students at Glendon College disbanded a Board of Governors' meeting, then surrounded York University President Lorna Marsden, as she sat in her car.

Students have a right to display anger and disgust for an institution that pays its president over a quarter of a million dollars each year, and still bumps tuition up as high as the province per-

But, students are grinding the axe about more than just tuition these days. They say the Board of Governors at York is a club reserved for the corporate elite.

Not only is Marsden one of the highest paid university presidents in Canada, she currently sits as

ROTOTYPE 06

director of Manufacturer's Life Insurance Company, Gore Mutual Insurance Company and Westcoast Energy. Charles Hantho, the chair of York's Board of Governors, also sits as chairman of Dofasco and Dominion Textile. Overall, York's board members serve as directors of over 30 corporations.

Out of 36 seats available on the board only two are reserved for students, giving the 40,000 students attending York, on a parttime or full-time basis, less than a 10 per cent say.

The diversity of courses and divisions at York is vast and should be reflected in the membership of the board. There ought to be board members from inside and outside the business community to offer variety and meet the needs of the divergent groups of

Still, few students are willing to run for the two positions.

Weak attendance at election

polls is nothing new for York, but if students are going to protest, they need to at least fill these positions with individuals dedicated to serving the needs of the

People often criticize students for holding protests, but the students must continue the fight.

In the fast-paced world of corporate Canada, if something isn't SAID loudly by students, no one will HEAR.

Students shouldn't necessarily trap board members in their cars or sing songs for two hours.

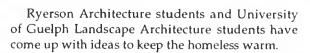
But they need to be loud to grab media attention in a systematic fashion and strong planning must be focused on getting results. Let's call it organized

More voices means strength. Surrounding Marsden's car is not going to end tuition hikes. But a protest like that turns heads.

Just enough to pique some interest.

Good Canadian





Among the ideas presented were portable shelter units, called 'Homepacks' (backpacks that fold out into sleeping shelters), and park benches with retractable covers. According to the students, Homepacks could be produced for as little as \$20 a

While they admit they haven't come up with the perfect solution, it is good to see that some students are using their schooling and natural talents to benefit the safety and health of others.



Good Canadian, Bad Canadian is brought to you by Chris Stephenson

Bad Canadian

Dr. Hee-Heung Chai Oh, it was just a "bad mistake" was it?

Tell that to Claire Coombs who was left irreparably brain damaged during what was supposed to be a routine wisdom tooth extraction. Chai, the anesthetist for the operation, gave Coombs ten times the normal dosage required for the surgery and the woman was left unable to walk, talk or feed herself.

After a \$5.1 million settlement, Chai said the woman was "well compensated" Yeah buddy, that's a fair trade.

The doctor also had the nerve to say that publishing his name served no purpose and wasn't important for the public to know. Certainly there must be a few people around breathing a sigh of relief at the tact they can avoid this guy since they know his name.

Hey mister, a little remorse never hurt anyone. "Well compensated." Oh please.

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On Campus

Buddhist principles connect with law enforcement

BY PHILIP HAHN

Campus Reporter

The Buddha is a shit wiping

Ummon (a Ch'an Buddhist Master of the 10th century)

This quote may seem enigmatic; or even blasphemous. But it's not. Just ask Art Lockhart.

He's the co-ordinator for Humber College's Centre for Justice Studies. He's been molding students into police officers, security and probation officers for the last ten years; and he's been practicing Buddhism for the last

"In defining it, you cannot define it," said Lockhart, which helps explain the outrageous definition by Ummon.

Lockhart brings Buddhist thought into the curriculum.

His students meditate and explore the inter-relatedness of all people and learn about restorative justice – using justice as a tool to heal rather than punish those who break the law.

"But we don't do that now;" said Lockhart. "We just take people and put them in jails."

He's been promoting restorative justice for three years and it's being used in centres like Community Alternative Program for Suspended Learners in

Etobicoke (CAPSLE).

The victim and the offender are placed in a safe space - "a healing circle". The goal is for the offender to realize, by communicating with his victim, the restitution that he or she must make.

"The whole point is about how we're connected to everybody out there - The homeless guy, the girl on the street turning tricks. If we have a sense of connection with these people, rather than ostracizing them and humiliating them maybe we'll try to treat them with dignity."

Lockhart believes a student's personal beliefs must be explored before he or she becomes a law enforcer.

"In many ways, teaching becomes a process, of not so much teaching people what to learn, but how to unlearn."

Lockhart has his students take part in field studies where "somebody who has preconceived notions about the homeless person has to sit with that person and chat with them for a while."

One of his students was approached by a street kid during

Lockhart said, "The street kid said, 'You're new to the street, you'll need a bit of money'(then offered him \$5). The student was

Lockhart finds many of his students are surprised at his techniques. "You should see the look on their faces," he said with a laugh.

Ron Smith, a first-year student in the Advanced Certificate program in Justice Studies, said Lockhart's concepts took between six and seven months to sink in.

"When you see it in action it's very powerful," he said.

"How can you handle a conflict situation if you don't know your own fears?" said Smith, referring to Lockhart's 'know yourself first'

Lockhart was a friend of Martin Kruze, who triggered the sexual abuse investigation last year at Maple Leaf Gardens andjumped from a bridge in October. Lockhart was a victim of abuse and, with Kruze, he talked of creating a safe space for victims.

That space took form in the Gatehouse – a shelter for sexually abused children and adult survivors. Over 200 people are preparing Gatehouse for its opening on June 20.

'The house is based on the Buddhist thought that we're all interconnected," said Lockhart.

not really a community. Lockhart.

"Right now we're in a society, Community is about being there or in neighborhoods, but we're for and with each other," said



Art Lockhart looks beyond traditional law enforcement in his classes for police officers, probation officers and security guards.

What's Up?

Theatre Humber

Theatre Humber is presenting William Shakespeare's A Midsummer Night's Dream on April 16 and 18 at 8 p.m. and on April 19 at 2 p.m. They will present Romeo and Juliet April 17 at 8 p.m. and April 18 at 2 p.m. All performances take place at Theatre Humber, 3199 Lakeshore Blvd. West. For reservations call (416) 675-3111, extension 3414.

Quixotic Fashion Show

Second-year Fashion Arts students are putting on the Quixotic Fashion Show April 16. Shows start at 2 p.m. and 7 p.m. Tickets are \$8 in advance or \$10 at the

Board of Governors Grad Photos Election

All applications must be received in room D167 North Campus, by 4:30 p.m., April 17. Elections take place April 30. For more information, contact Val Hewson at extension 4102.

Year End Formal

This year's formal will be held on April 30 at Sila Banquet Hall. Tickets are \$55 per person, \$100 per couple, and are available at SAC Lakeshore.

HEAT

The Humber Environmental Action Team (HEAT) invites you to celebrate Environmental Week

from April 20 to 24 in the Concourse, North campus.

Events include environmental activists giving tips for the three R's, giveaways and prizes.

Handbook Art

SAC North is holding a contest for the artwork on the cover of next year's student handbook. Besides exposure for your work, a prize of \$200 is offered. Contest closes May 1.

Concert

SAC North features The Headstones and The Gandharvas in SAC's last free concert of the year on April 22 at Caps. Doors open at 8 p.m.

The next dates for graduation photos are April 20 to 24. Reserve your time at the SAC office or call (905) 896-7997 for an alternate time.

Digital Art

Andy Statia will share some of the wonders of cartooning and painting, basic 3D model creation and animation and two of the best selling computer games April 23. For information and registration, call extension 5888. Attendance will be limited: See samples of Statia's work at http://www.Statia.com and click on the planet.

SCHOLARSHIP ANNOUNCEMENT UNIVERSITY STUDY IN U.S.A.

The Hites Scholarship Foundation has awarded two scholarships to Humber Students graduating from a 2 or 3 year diploma program, who want to continue their studies in an American University.

Value of Scholarship:

\$12,000.00 U.S. funds

Criteria for Selection:

Applicant must

- be graduating from a 2 or 3 year diploma program
- have been accepted into a degree program at an American University
- have a minimum grade point average of 75%

To apply, students must submit the following to Joy Trenholm, Counselling, North, D128, Lakeshore A120 by April 30, 1998:

- a letter of application describing your academic, career and personal goals
- Humber College transcript
- two references, one academic and one personal, excluding family members

Humber graduating students who want to continue their studies at an American University, and who need advice on selecting a university and/or completing the application and acceptance process should contact: Joy Trenholm at ext. #3242.

More food for thought in the Humber Room

BY DARCEY FERGUS

Campus Reporter

Graduating Culinary Management students will prepare their last dinner in the Humber Room on April 23.

Chef Bob McCann, who teaches Culinary and HRT Alliance, said "The students do everything. They write the menu, do the costing, design and send out invitations, order the linens and all food for the evening. Even the recipes are created by the students."

The dinner is the Culinary Cuisine Management practical for those graduating, and determines if students pass or fail.

"It's do or die," McCann said. Students plan the evening in six, three hour classes and take one full day to prepare, make the sauces and marinate the meat.

The food will be cooked at an

action station, in front of the nary and food service programs. guests at the reception, before the meal begins and includes exotic meats, such as ostrich and buffa-

When dinner begins at 7 p.m., guests will indulge in contemporary Canadian cuisine. Courses will include soup, salad and a main course of roasted pork tenderloin stuffed with red onion, parsnips and apricots, accompanied by a banana pepper stuffed with fresh herbs, toasted pine nuts and goat cheese, with brown and wild rice on the side.

Dessert will follow and all wine is included in the ticket

"This is an excellent opportunity for the students. They get to experience all aspects of putting together a function from beginning to end," said Anthony Bevan, co-ordinator of the culi-

Students draw the designs on paper to show how they want the plates to look.

"The courses are designed as a feast for the eye as well the palette," McCann said. "Students are encouraged to keep things simple. Timing and efficiency

become so important when you have 70 plates to fill."

Scott Ferbrache is a second year student in culinary manage-

"Overall, it's going to be a great evening.

Everything is going well. We have an excellent Canadian cui-

sine menu planned. It's well worth the money of the ticket price," Ferbrache said "We're all putting our best effort in to make this an enjoyable evening for our guests."

Tickets are \$50 for each of the 70 places available. Contact the Humber Room for details.



Anthony Bevan and his students prepare international cuisine in their culinary classes.

Counselling with tragedy

BY GREGORY LEE

Campus Reporter Tragedy can strike anytime.

Craig Barrett, co-ordinator of Humber's Counselling and Disabilities Services, knows. A colleague he played hockey with dropped to the ice and died of a heart attack.

Barrett runs the Tragic Events Support Network, a team of trained counsellors who deal with victims of tragic events. They counsel groups or individuals affected by a tragedy.

"The team gets together with groups (or individuals) that need it," said Barrett. Counsellors and victims usually meet in a board

room at the college where the counsellors establish the rules: 1) All reactions are valid, 2) You don't have to talk, 3) If you leave someone will follow you to see if you're all right.

For many students, far away from home, the counselling centre provides a place to talk over problems, either tragic or simply troubling. Victims may be referred to outside agencies. But the counsellors are people who

"We are a support community that cares, that can help if you're overwhelmed," said Barrett.

The number for Counselling and Disabilities Services is (416)



Craig Barrett and the Tragic Events Support Network are available to staff and students, for help overcoming traumatic events.



Lifestyles

Humber promotes Earth Week

BY STEVEN PROCEVIAT Lifestyles Reporter

The world's largest celebration of the environment is

International Earth Day is held each year on April 22. Beginning in the United States as Earth Day in 1970, the event obtained international status in 1990, with 141 countries taking part. Here in Canada, the celebration has grown to such an extent that it has evolved into Earth Week (April 18-26).

Across the country, people take part in activities organized by municipalities, schools, and environmental groups, to promote all aspects of environmental awareness. Activities abound ranging from environmental exhibits and ecofairs to community clean-ups and tree plantings, just to name a few.

At Humber, the student-based Humber Environmental Action Team (HEAT) is leading the charge towards environmental awareness, with a whole slew of activities scheduled during Earth Week. On Tuesday, April 21, an exposition will be held in the student centre, with many environmental groups on hand to set up displays and talk

Wednesday, April 22 is Earth Day, and a garbage pickup will take place on the school grounds, with a free barbecue for those helping out.

Thursday, April 23 is "bring-your-own-plate" day in residence, followed by a HEAT Pub night at Caps.



In addition, HEAT President Tracey Boyer said to look for free giveaways throughout the week.

"It's going to be fun," said Boyer. "We want everybody to come out and get involved."

To keep abreast of all that is going on, or to obtain more

information about Earth Week, you can visit the HEAT homepage and browse about at http://www.the-edge.hum-

Outside of Humber, there are activities taking place across Canada. Earth Day Canada (EDC), the national coordinating body for Earth Day in Canada, has offices across the country, each with schedules outlining the activities taking place in their respective areas. In Toronto, the number to call for information is (416) 599-1991. For numbers outside the Toronto area, you can visit the EDC web site at http://www.earthday.ca.

EDC spokesperson Jed Goldberg said the increasing level of environmental awareness in Canada is very encouraging.

"Our organization is growing tremendously," said Goldberg. "It's growing both in the number of participants and in the sense of [increased] effectiveness in communicating our message to people.'

One thing to look for is the EDC's new youth-based web site, set to begin operation on Earth Day.

"We're launching the most sophisticated (children's) environmental site on the web right on Earth Day," said Goldberg., The purpose of this site, http://www.ecokids.sympatico.ca, will be to educate children about the environment, and motivate them to take positive environmental action.

Millennium Scholarship Fund for studying abroad

BY GREGORY LEE Lifestyles Reporter

There are two things you can be sure of: the turn of the millennium and increasing international markets.

The Canadian government is working to meet both changes by establishing the Millennium Scholarship.

Starting in the year 2000, students will be able to use Millennium Scholarship money to study abroad for a semester or a

The government is planning to allocate an initial \$2.5 billion to the scholarship.

"We would like to see 25 per cent of the amount (put toward study)," international said Jennifer Humphries of the Canadian Bureau for International Education (CBIE).

The Scholarship will be open to

students in college diploma and university undergraduate degree programs.

"Canada's priorities would be engineering and computer science but Canada being what it is, would not limit the cultural exchange," said Humphries.

He said the choice of countries is open but countries other than the U.S. were encouraged. Even the private sector is involved. However, Humphries said it might have mixed motives.

Cellanies Canada, a pharmaceutical company, and Nortel have programs funding students studying abroad. In Nortel's case, a Masters of Business Administration may be earned, but the student must work for the company for two years.

"I am hoping the private sector will be encouraged by this and not back off," said Humpl



Students in diploma or undergraduate programs will be eligible for the Millennium Scholarship Fund.

Big Brothers and Sisters make a difference to kids

BY NINA RADMAN Lifestyles Reporter

Volunteers of Big Brothers and Sisters Canada (BBSC) are helping thousands of people by donating their time to a worthwhile cause: children.

With over 175 agencies in Canada, BBSC is the leading youth service organization providing mentoring programs. For 80 years, they have been matching children from one-parent homes with suitable role models or mentors with whom they share a common bond, usually creating a long lasting friendship.

"It's very rewarding watching a young boy grow and go through the stages of his life from eight to 16 and knowing that you have had some kind of a positive influence," said Michael Cox, who was awarded the Big Brother of the Year award for 1997/98. "Like most big brothers, I want to make a difference in a young boys life."

Cox is currently sponsoring a 13-year-old boy who he began mentoring at the age of eight. He has already mentored two other boys with whom he still keeps in touch on a regular basis.

Cox has been a Big Brother since 1979.

"I had seen some friends of mine in university days do it and once I had finished school, I started working and realized I would be in one place for a while, I decided to do it," he said.

Bruce MacDonald, director of Marketing at BBSC, explained that the organization tries to create relationships between responsi-

ble, caring adults and young people who need positive role models in their lives. Statistics show that children who are mentored, known as "littles", go on to graduate high school at a rate of 20 per cent higher than the national average and 78 per cent who came from homes relying on social assistance. It is proof that there is an incredible impact made by big brothers and sisters.

The organization looks for volunteers who are willing to spend three to four hours a week with a child.

"You can do just about anything really. Little brothers aren't concerned most of the time with what you do, it's the time they spend with you," said Cox. "It depends what the little brother is zens. Parents with young chilinterested in. It could be anything from helping mow the lawn or washing the car, to going to a movie or a Blue Jay game or throwing a baseball around, going fishing.'

Being a big brother or sister is a very serious commitment. Recently, BBSC has started new programs for people who are willing to volunteer but only have a limited amount of time. Programs such as Couples for Kids, Cross Gender Matching, BIG/bunch communities and the In-School Mentoring Program are providing opportunities to take care of more children and bring in more volun-

"What we've done over the past couple of years is created new programs to place adults and kids in quality relationships that

take less time for the volunteer. That way we can try to service more kids," MacDonald said.

Currently, there is a national waiting list of more than 6,500 children. Because of the screening process, many volunteers are turned away. The organization prides itself on having one of the most intensive screening procedures in the country, said MacDonald, including everything from police background checks to interviews with trained social workers. Cox explained that most volunteers don't have a problem with the process and understand the need for such an intense check.

The organization had a wide range of volunteers, from postsecondary students to senior citidren are discouraged from becoming volunteers because the organization feels that they should be spending time with their own children, stressed MacDonald. Presently, BBSC is trying to recruit university and college students to volunteer, especially with the summer months approaching.

Cox said that being a big brother has been a great experience for

"I tell new Big Brothers that sometimes the effect they are having may not be seen for a long period of time. It's when the boys reflect back that they realize how worthwhile the experience was," he explained.

"You get out of it what you put into it," said Cox.

Trail represents Canada's development

BY STEVEN PROCEVIAT Lifestyles Reporter

The Trans Canada Trail is, or will be, a trail approximately 15,000 kilometres in length that will make its way through every province and territory in Canada.

The trail is representative of Canada's development. Beginning with natives, and later European settlers, trails were instrumental in trade and travel. More recently, our national railway and Trans-Canada highway built upon this tradition. The Trans Canada Trail is meant to symbolize this developmental history.

The trail is about "preserving nature; making sure that the country maintains some natural areas," according to Trans Canada Trail Foundation spokesperson Cynthia Rae. Nature has always played a prominent role in the mystique of Canada. By keeping certain natural areas maintained, the trail keeps that part of Canada alive.

"The trail is for activity," Rae said. "It will be a shared-use trail, basically for five core activities."

These primary activities will be walking, cycling, horseback riding, cross country skiing, and snowmobiling.

Humber sets sail

BY GREGORY LEE Lifestyles Reporter

Humber hits the high seas again this summer as the Humber College Sailing Centre gets under way for another season.

Now in its 26th season of teaching people to sail, the Sailing Centre is gearing up to teach their Canadian Yachting Association-certified courses.

"We've started a racing program on the J-24's," said Sailing Centre Director, Scott Hughes when asked what new changes the club has this year. "The interest in sailing is increasing again." Working seven days a week, 12 hours a day the Centre can accommodate even the most demanding schedules.

For those who've learned to sail but aren't ready to buy a boat, the Sailing Centre offers the chance for members to pay a fee and sail the Centre's boats all summer. Their fleet of boats include five Sharks, two J-24's, six Wayfarers and six larger keelboats.

"The sailing club is growing as always," said Hughes. This year the members are being given more say in how the club is run.

The program is run as a separate entity from the college but falls under the College's administration. "This program is run as a market driven business," said Hughes "Our decisions are made quickly and are all business driven." The centre is part of the Business and Industry Service Centre.

According to Hughes, the warm weather has let the classes get on the water as of last Monday. Things don't look like they'll slow down either.

"It's a fairly high energy program for six months of the year," said Hughes.

The trail is about unity. It will be a figurehead, a link between all parts of the country. As such, Prime Minister Jean Chretien has given the Trans Canada Trail effort Millennium Project status. Thus, what began as a simple idea in 1992, Canada's 125th year in Confederation, has become the visionary quest of a united nation.

To help support the development of the trail, you can purchase a section.

"The public support has been good to this point," said Rae, "but we still have a long way to go, and any public support is welcome."

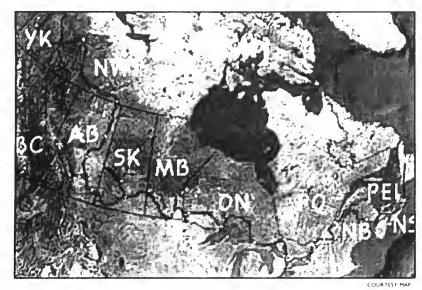
For \$36, you can buy one metre of the trail. For this, your name will be permanently inscribed in a trail pavilion. You'll also receive a

personalized trail certificate acknowledging your contribution, a trail crest, a tax receipt for the donation and an annual update on the trail's progress. To make a donation, call the toll free number: 1-800-465-3636.

For \$360, a 10-metre purchase, your personalized message will be put up in the pavilion of your choice.

The Kilometre Club is for organizations wishing to make a larger donation. In addition to the certificate, crest, tax receipt, a contribution of \$36,000 will buy a pavilion plaque with your organization's logo on it.

For more information visit the official Trans Canada Trail web site, at http://www.tctrail.ca.



The new Trans Canada Trail will run through every province and territory in Canada.

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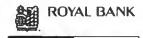
Or call our hotline at 1-800-387-5656.

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People dying to prearrange funerals

Ontario Board of Funeral Services report a record number of prepaid funerals in 1997

BY K. C. COLBY Lifestyles Reporter

"Are you going to wear your ripped, faded jeans with a T-shirt or that three piece suit that your grandmother bought you that you swore you'd never be caught dead in."

"And the music, what about the music?" asks Debra Kusner.

With all this fuss about what to wear and what type of music to play you would think Debra Kusner was planning a party; or a funeral, or maybe both.

"I want to be in my comfy jeans and all my friends to be there having one huge party," said Kusner, a first year Humber funeral services student.

"And why not? You're celebrating someone's life!"

Prearranging a funeral doesn't have to be morbid or sad.

The Ontario Board of Funeral Services reported a record of 127,252 prepaid funerals that generated approximately \$700-million for 1997.

Not long before she came to study at

know anything about prearranged funerals.

"I had no concept of how important it was. It opens up lines of communication with your family. I discussed it with my husband and six-year old child," said

Prearrangements have been available in Ontario for over 70 years and can be made through a funeral director at a funeral home or a transfer service operator. Information about both organizations can be obtained free of charge from the Ontario Funeral Service Association

John Stubbert, a funeral director at the

"Prearranging doesn't cost anything ... But if you want to guarantee the price, you prepay."

–Debra Kusner

Newbiggin Funeral Home in Toronto said the public perception of death remains unchanged, but funeral traditions and practices are in a transition phase.

"Death to many is still very much a

Humber, Kusner - like many others, didn't taboo subject, but with the growing popularity of prearranged funerals death is becoming more of a public awareness.

"Now there are things that would have never happened in the past - bright clothing being worn, female pallbearers - although people seem to be returning to smaller more personal service," said Stubbert who graduated from the Humber funeral services program in 1973.

"Prearranging with prepaying, is an investment for guaranteed services because often when the time comes and someone passes away, a lot of people just don't have the money to pay for a funeral," said Stubbert.

Stubbert said that the average funeral costs between \$4,000-\$5,000 and can escalate up into the tens of thousands if the requests become more elaborate.

But just because you chose to prearrange your funeral doesn't mean you have to pre-

"Prearranging doesn't cost anything. You're simply setting up the specifics that you'd want at your service for the funeral home to keep on file. But, if you want to guarantee the price, you prepay," said

Along with a living will, which specifies and directs medical treatment prior to death, outlining the details of the funeral -

dress, music, location, and burial wishes are not the only important issues with a prearranged funeral that must be considered.

"There has to be room for the living family and friends to personally interact," said

"This is an integral part of the healing process."

For more information call the Ontario Funeral Service Association (416) 695-3434 Or 1-800-268-2727.



Prearranged funerals ensure that you get the funeral you want and can also save you money if you prepay.

lomeless reaching out to

BY GLENN WEIR

Lifestyles Reporter

John Smythe is one of over 100 Outreach vendors standing on Toronto's street corners. His goal is a simple one: "To sell a bunch of these things so I can get in out of the cold."

Outreach, founded in 1988 by David Mackin, is a newspaper from the homeless, by the homeless. It was actually born out of

Outrider, a publication started in 1979 by Mackin's father. Today, the "Outreach Connection" oversees the production of 12,000 copies of Outreach every week from their office at 165 Cosburn Avenue.

Independent vendors, that is men and women who sell the paper on the street, pay the Connection as little as 30 cents a copy. On the street, though, each

SCHOLARSHIPS

STUDENTS WITH DISABILITIES

Three scholarship programs have been announced for

students with disabilities attending Humber.

copy goes for at least one dollar.

Outreach is one way the lessfortunate are finding shelter in a hard world. Networks like this and the megacity-funded Street and Homeless Hotline also provide for immediate human con-

This contact is very important.

"A lot of why we're out here is because we're doing it together," said Smythe. "Okay, we have

nothing, but we've got each other to talk to."

Sandra Seaborn, who co-ordinates the Hotline in Toronto, advises anyone who judges street people to stop and consider where the poor are coming from.

"There isn't a lot of ignorance about the poor anymore," said Seaborn. "We have dealt with Outreach sellers in the past ... they're not exactly rich. Sometimes, though, people can be really ignorant ... I'd advise them to try and take a positive, educational approach. We could all be on the street just as easily."

Billy Rambo, Smythe's vending partner, said that although "streeters" like him do not have the cleanest reputation, they are not all to be disparaged.

"Sure, there are one or two bad apples in the basket," said Rambo. "I guess it's like anywhere else in the world, but it just gives 5us a addict but we still need people to help us, even though they may think of us as grubs and troublemakers ... hey, I'm trying."

Mackin, who owns and publishes Outreach, said that just because there are a few offensive vendors, the enterprise is legiti-

"I have to admit, we lose control as to who is buying Outreach for resale," said Mackin. "I've put up with a few baddies who I'd prefer I didn't have to ... you get that anywhere, though ... this is still my business and we're doing okay despite the big-heads ... the vendors are just trying to stay afloat and they should be supported for trying."

Out of 71 people who passed Smythe's corner on the morning of March 11, only three stopped to buy an Outreach. One of them was Cambridge resident Simpson.

"No comment, except that these guys are doing all right by me," said Simpson.

And are Outreach vendors all right by the city of Toronto? Yes, according to Bill James of City Works Services.

"The people you see selling bad name (on the street)... I'm a newspapers do not have a permit recovering alcoholic and drug as far as we're concerned," said James. "However, they're operating within existing street allowances ... although city officials are re-thinking street permit rules and such, we've decided for now to tolerate Outreach. They're on the up-and-up."

1.) Student Access Awards Program Value: \$2,500 annually Open to students attending Humber college programs, who meet scholarship criteria.

2.) The Imasco Scholarship Program

Value: \$5,000 annually

Open to students enrolled in the pre-university G.A.S. Program, or those planning to transfer from a college diploma program to university

3.) The Mattinson Endowment Fund

Value: \$2,000 annually

Open to students enrolled in the pre-university G.A.S. program or those planning to transfer from a college diploma program to university

For more information, contact:

Liz Sokol - North Campus, D128-675-662x4743 Joy Trenholm - Lakeshore Campus, A120-675-6622x3242



John Smythe is one of many Outreach vendors on Toronto's streets.

Bathing suits that fit right

New materials and specialty swim wear are a growing trend in industry

BY LOUISE E. BROWNE Lifestyles Reporter

As warm weather nears, so does a common fear for women everywhere.

Buying a new bathing suit.

The good news is, whether you're a size two or a 22, there's a bathing suit out there that's perfect for you.

According to Rosa Corrigan, an assistant manager at Bikini Village in Mississauga, women have all kinds of complaints about their bodies that can be dealt with, or hidden, by picking just the right

Bathing suits have become much more wearer-friendly in recent years. By using more flexible materials like spandex, lycra and even cotton, and by inserting tummy and hip control panels, one size fits all bathing suits have become a thing of the past.

Even big name fashion designers like Calvin Klein, Tommy Hilfiger and Oscar de La Renta have gotten into the bathing suit business.

This early blast of summer-like weather has prompted many people to buy their suits early.

"This is usually the time of year when people start looking," said Corrigan, "but if the sun is really hot outside that's when they are actually buying.

Specialty bathing suits are a growing trend in the industry. Suits designed especially for larger sizes, pregnant women and women who have had mastectomies are becoming more widely

When buying a new bathing suit, it's important that women be honest with themselves about the size and shape of their bodies. A common mistake made by most women is buying a suit that's too small. This usually results in suits riding up, just where you don't want them to.

What's hot for bathing suits in 98'? "Anything really bright or colorful is really big this year. Orange, red, blue and purple are really popular," said Corrigan. Another very popular color this year is chocolate brown and anything with an animal print.

Bikinis are making a bit more of a comeback this year, but Corrigan said, "Usually it's the very young teenagers to women in their early thirties."

She said she sells as many bikinis as one piece suits.

Correction

In last week's edition, a mistake was made in the story, Adoption - a special gift. The pull quote was attributed to the Children's Aid Society of Metropolitan Toronto, when it should have been attributed to Joan Kosmachuk The EtCetera regrets the error.

GRADUATE PROGRAM

\$750

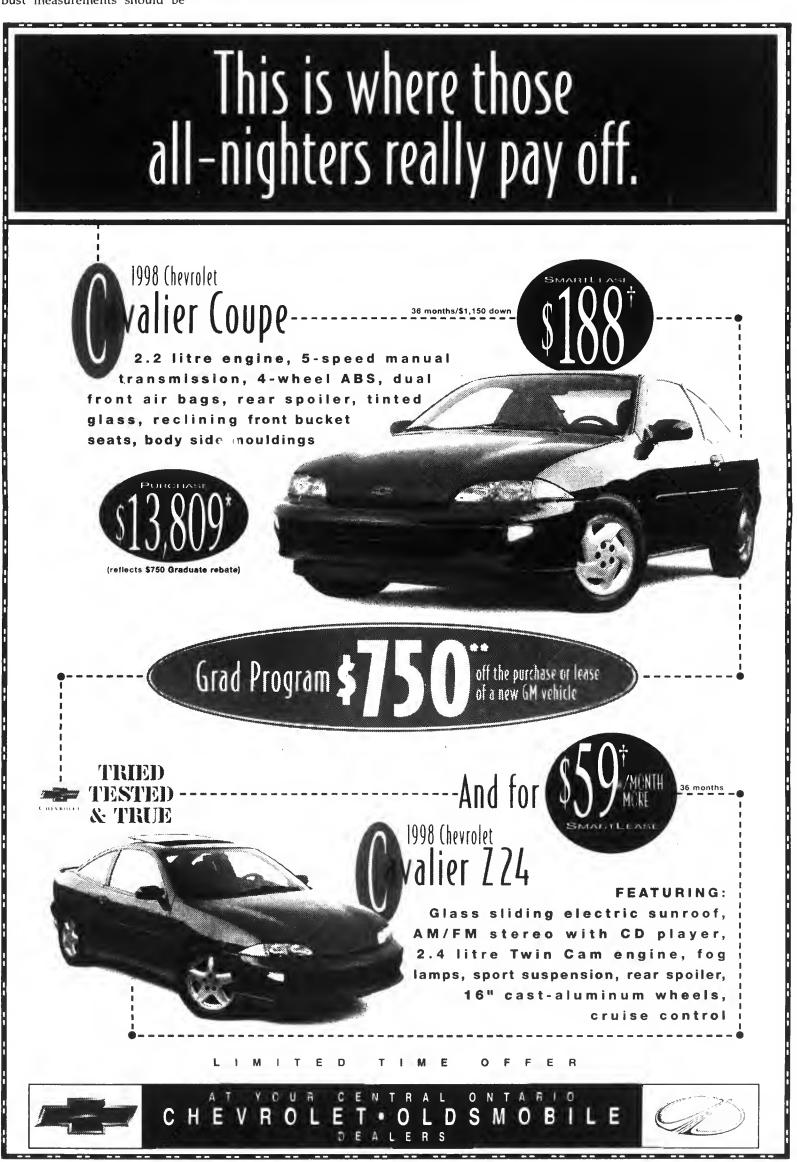
Helpful Hints for finding the ideal bathing suit

- •When buying a swimsuit you must rely on bust, hip and trunk sizes, not your sress size.
- •If you are between sizes you should try the larger size first.
- ·Bust measurements should be

taken with arms relaxed and by your side and measured across the nipple line.

•For a slimming effect at the or one with pleats in the front. waist, choose a swimsuit that crosses over or that drapes in a way that flatters the waist, or choose a shape-flattering princess

- •to camouflage a tummy, choose a swim suit with a control panel,
- •to get full support, choose a swimsuit with straps that are wide or adjustable, choose the proper cup size.
- ·for wide shoulders, choose a swimsuit with straps that go over your shoulders and down your back instead of tying behind your
- •lengthen your legs, choose a high-cut panty that gives the illusion of longer legs



Health

Cancer prevention day | Inactive society

Health Centre aims to make students Cancer savy

BY TREVOR HICKEY

Health Reporter

The Etobicoke office of the Toronto Health Department and Humber College's Health Centre will be holding a Cancer Prevention display in the concourse from noon until 2 p.m. on Wednesday, April 22.

The display will feature the six areas of concern: environmental health, sun safety, men and women's wellness, nutrition, smoking cessation. The Cancer Society will also be coming with information.

Penny Ecclestone a nurse at Humber's Health Centre, requested the display back in October and said she contacted the Health Department because they do this kind of thing on a regular basis.

"They have a set up they do in malls with interactive displays. We work closely with Health Departments on all our events. This is part of their job in a community," said Ecclestone.

Brenda Morgan, of the Etobicoke office of the Toronto Health Department said the sessions are merely to provide information for young people who are interested in learning more about cancer.

"It's providing information for people in terms of how to prevent various kinds of cancers," said Morgan.

According to Morgan, the toughest this type of display is that young people sometimes are just not interested in learning more about cancer.

"Our challenge is to make it of interest to young people. Young people don't necessarily think of cancer unless they have been touched by it. So this is a tough sell. However, we are coming, and we are looking in to getting some healthy snacks which might help to get people interested in coming to see



A plethora of cancer information will be available in the concourse on April 22.

this thing," said Morgan.

Morgan said they are hoping to bring samples people will be able to try so they will learn the types of products that are useful in cancer prevention.

"If we can get some co-operation we are hoping to bring sunscreen samples in terms of trying to prevent skin cancer. And, of course, the other biggie is lung cancer, which is usually attributed to smoking. It's another hard sell to this age group. So it presents a special challenge," said Morgan.

The Toronto Health Depart-ment has been at Humber once in the past and received a good turnout. Morgan is relying on the scary aspect of cancer to help them have another good showing.

"We've only been here for the Heart Fair and had a reasonable response but this is a new display. Cancer has a connotation that heart doesn't. It just plain frightens people. It's understandable, so people should have information instead of just having fear," said Morgan.

Study indicates Canadians are just plain lazy

BY CINDY STEINMAN

Health Reporter

As many as two-thirds of Canadians are at serious risk of heart disease, cancer and early death due to a lack of physical activity, said the Canadian Fitness and Lifestyle Research Institute.

The Institute is funded by the Canadian government, and recently released its third nationwide survey on physical activity. Their publication, the Canadian Physical Activity Monitor, is published annually.

The institute also found that only two in five Canadians are active enough to benefit their cardiovascular health, and that 38 per cent of women are at risk of getting osteoporosis due to low physical activity.

But the numbers are changing, and Canadians are trying to be more active. The institute said that Canadians are trying to find more to do, especially in groups.

Dexter Watson, a 25-year-old, part-time student, said he understands physical activity is important to a healthy life.

"I try to be active at least once a week," he said. "I'm in a men's hockey league. I intend to keep active for as long as I can. I'm just afraid that if I don't do it now, I'll never get back into it."

Many Canadians believe they just don't have enough time to be active regularly. According to the monitor, lack of time is one of the top three barriers to activity among adults. Others include lack of energy and moti-

"I used to play a lot more as a kid," said Watson. "And then I just got away from it as I got older. Now I'm getting back into it because it's fairly important."

Since 1981, the percentage of active Canadian adults increased by about one per cent every year, according to Dr. Art Salmon of Participaction Canada.

"The levels are not as high as we'd like them to be," Salmon said. "But they're headed in the right direction. It's just taking some time."

The government has also stepped in, in an attempt to get Canadians exercising. Last year, provincial and federal ministers launched a program with the goal of decreasing the number of inactive people by 10 per cent. Along with the government, the

Canadian Fitness and Lifestyle Research Institute will monitor changes in physical activity levels. The program started at the beginning of this year, and will run until 2003.

Salmon said Participaction will be doing all that they can to

"We are definitely a part of the national physical infrastructure," he said. "We will continue with television and radio cam-

"I used to play a lot more as a kid, and then I just got away from it as I got older."

Dexter Watson

paigns, to promote fitness."

According to the Institute's findings last year, walking is the most popular physical activity among Canadians, at 84 per cent. Other popular activities include gardening (72 per cent), home exercise (48 per cent) and social dancing (48 per cent). But you can try to incorporate physical activity into your daily life.

Some other things you can do to incorporate physical activities into your lifestyle are taking the stairs instead of the elevator, or biking instead of taking the transit or car. According to the survey findings, many Canadians cite housework as a form of physical activity.

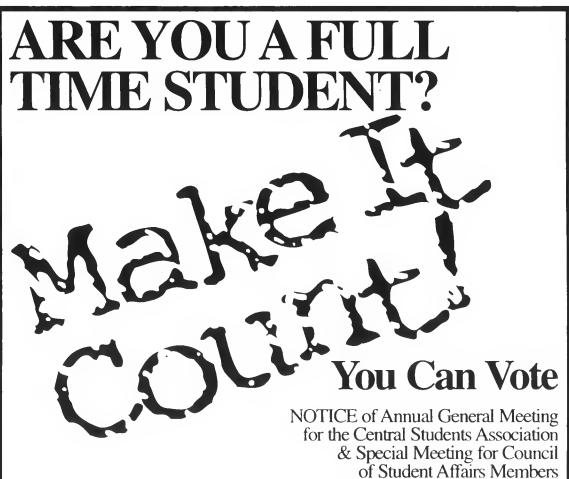
Katie Gordon, a 20-year-old student, said that she tries to walk places instead of driving.

"If it's not too far or too miserable out, I'll walk instead of driving to get the exercise," Gordon

"You've got to do it however nd whenever you can,' Gordon. "Instead of watching the television, go for a walk."

Television is the most time consuming form of leisure for Canadians, according to the Health Monitor. Adults spend 11 hours a week watching the tube, and another nine listening to music or reading.

The summer is fast approaching, and the time to become more active is here. If you aren't feeling motivated, think of this. Premature deaths in Canadians could be reduced by 20 per cent, if inactive people got off their butts. That's a reason to get out there, no matter how busy you



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That embarassing itch

Men should take caution, summer is jock itch season

BY CINDY STEINMAN Health Reporter

The hot weather is approaching, and for men, so is the itch.

Jock itch, that is.

Okay, so it isn't the most pleasurable thing about the hot weather, but according to Doctor Rochelle Schwartz, of Bishops Cross medical centre in Thornhill, it is something that is common.

"I see it maybe once every three months," she said.

While women have to bear the burden of yeast infections, men can find themselves with a fungus infection, medically known as Tinea Cruris.

"It's caused by a fungus," said Schwartz, "and it tends to grow in moist areas."

"The itch" is basically a rash, which usually does not affect the scrotum and penis. Guys should be on the alert for a slightly scaly rash, that appears red to brown in color. It can often be mistaken

for other skin dlseases such as psoriasis but, Schwartz said, you should always be careful.

"If you aren't sure what it is, you can get a fungal scraping from your doctor," she said.

In most cases, if it is identifiable, prescribed medication may not be necessary.

"You can get some creams over the counter," said Schwartz, "but in a stronger case it's better to see a physician."

A little extra care is all it takes to prevent it.

"Use your own towels and wash cloth," said Schwartz, "and avoid hot tubs. Dry yourself very carefully."

The University of Wisconsin University Health Services also suggests avoiding tight clothing, not wearing wet swim wear for extensive periods of time, and drying your groin before your feet, so as not to transfer fungus.

As embarrassing as it may seem, don't be afraid to talk to your doctor. In some cases, it may be something more serious that may need to be taken care of right away.

And you shouldn't mess around. It is, after all, your

The overlooked disease 500, 000 women in Canada, Ballweg said 30 to 40 per cent of

Endometriosis can cause infertility

BY SATHYA ACHIA Health Reporter

Endometriosis is a painful disease that causes internal bleeding, can develop into scar tissue or inflammation and may result in infertility or even bowel obstruction.

It doesn't matter how old or young you are, college-age women are at high risk.

Symptoms include: severe abdominal pains during your period, low resistance to infections and painful urination or bowel movements. It is not a simple disease and there is no known cure.

Women in their early 20s often don't want to accept the fact that things can go wrong with their bodies, according to the Endometriosis Association.

"It is unfortunate that doctors are not tuned into the diagnosis of young women because if the disease is caught earlier on then a lot of pain and suffering would be spared," said Mary Lou Ballweg, the executive director of the Endometriosis Association in Milwaukee, Wisconsin.

Ballweg co-founded the Endometriosis Association in 1980. It is a "self-help organization for women with endometriosis and others interested in exchanging information about endometriosis."

The organization offers support and help for those affected by the disease and it promotes research related to endometriosis.

According to Ballweg, endometriosis affects 5 million women in the United States and

the women who become diagnosed with endometriosis will become infertile.

Although there is no known cause for endometriosis, many theories exist said Ballweg. New research indicates the rise in cases of endometriosis may be attributed to the flux in various chemical compounds in the atmosphere since W.W.II, said Ballweg. She said there is a large amount of PCP's or dioxins in the Great Lakes area and this should definitely be taken into account.

According to the Endometriosis Association, dioxins attack our immune systems at very low doses and accumulates in our fatty tissues.

Women who suffer from abnormalities in their immune system are most prone to endometriosis.

"We are especially anxious to get through to young women and educate them on this disease. We offer assistance and help them get through this and give advice," said Ballweg.

Ballweg said there are a variety of surgical treatments available that include laparoscopic surgery and abdominal surgery and medical treatments. Immunetherapy is an alternative choice that women choose where hormonal imbalances are corrected.

In laparoscopic surgery the patient undergoes anesthesia and a small cut is made in or near the navel and gas (carbon dioxide) is instilled to distend the abdomen. By using a thin scope, called a laparoscope, the doctor can determine the size, location and number of endometrial growths. Tissue will be examined and endometrial growths will be removed as part of the treatment.

Filling the void

BY LESLIE GORDON Health Reporter

Tina* is a pretty girl who looks like she's got it all together on the outside, but is really hurting on the inside.

"Food has taken over my life," she admitted, between mouthfuls of raisins.

Caught-up in a brutal divorce when she was six, the 21-year-old Humber student has spent most of her life being shipped back and forth between mom and dad. She said her adolescent and teenage years were lonely because she never stayed in one place long enough to make friends.

"I ate to deal with my problems," Tina said. "I've done this all of my life. I eat when I'm bored, sad, lonely or just because. I did it then and I do the same now.'

Cathy Duke, a Missasauga clinical dietition, said emotional eating is a common experience shared by many women.

"Food is a comfort and a quick fix that has a lot to do with our attitudes towards food while we were growing up," Duke said.

From the first day we came into this world, people have learned to link food with love, security and warmth. Duke said that when children reach adolescence, food might became a "treat" for a job well-done or "comfort" for a scraped knee. When the child grows-up, this behavior doesn't change, she said.

"In adulthood food is associated with love and comfort and in some cases we eat to fill a void." She said that because so many people confuse physical hunger with the hunger for emotional

fulfillment, emotional eating only causes more problems.

Tina recalls how guilty she felt after eating an entire bag of cookies one time when she was lonely.

"It felt so good to eat chocolate when I was upset," Tina said shaking her head.

Dawn Bloes is a 22-year-old secretary whose emotional episodes led her to a 32 pound weight-gain.

"I guess I never had a lot of will power when it came to saying no to food. I ate when I was upset, but for the most part, I ate when I was bored," confessed

According to Linda Barton, a University of Guelph dietition, there is hope to end this unhealthy cycle.

To begin with, she said, the person must learn to distinguish between physical hunger and emotional hunger.

"If you're under emotional stress and you haven't physiologically nourished yourself, your brain notices this and looks for a way to find food fast," Barton said.

She developed a food combination guideline based on the observation that people eat far too many carbohydrates and fruit and not enough protein.

The method simplifies Canada's Food Guide into three groups instead of four. Fruits and vegetables make-up group one because they gives the body one hour of energy. Carbohydrates, like breads and grains, give the body two hours of energy and make-up group two. Proteins, the food that give the body three hours of energy, is the third



Food isn't always the answer.

"When (my patients) added protein to their meals, they started to see an incredible change," Barton said. "Their food cravings tended to diminish and they didn't get hungry as fast."

In addition to changing her diet, Bloes also used exercise to fight her battle.

She started spending more time at the gym and went for walks when she was depressed or bored. In less than a year after she started her regular exercise program, a new girl emerged.

"I was determined and dedicated to becoming healthy and fit. I wanted to be proud of myself. I was tired of eating for all the wrong reasons," Bloes said.

According to Duke, a food diary is another good way to beat the emotional eating war. She said a person should write down everything they eat so they can determine how they were feeling at the time. Then they should develop a strategy, she said.

"Emotional eating is a vicious circle. If you don't stop the cycle it will only eat you," Duke said.

* Name has been changed to protect identity



Biz/Tech

Testing the limits

Inspiration and hope the hallmarks of Humber student

BY MIKE RAWN
Business Reporter

If you thought a broken back and confinement to a wheelchair would stop Justin Tilson from loving the sport that crippled him, you'd be wrong.

On May 7, 1997, Tilson, a 22-year-old Humber College student in the Small Business Management program, broke his back mountain biking, which left him strapped to a wheelchair at the young age of 21.

When his mom first saw him in the hospital, in spite of the pain and suffering of the event that beset him, he still managed to cheer his saddened mother up, when he said, "Don't worry mom, I'm not dead, I'm just different."

After dealing with the pain and anguish of what happened to him, Tilson decided to continue running his mountain bike repair business.

"I bought a bike when I was 14, and of course it broke down, and then I got screwed around on the repairs. So I learned to do the repairs myself. The business just grew from there."

Tilson's business, "The Bike Medics", showed a profit after only being in business a short time.

"We have just about filled our market niche. In our third year of business, along with doing all of the repairs, I sold three bikes. Now, I sell 80 bikes a year. It has become a source of good summer employment," said Tilson.

Never one to be satisfied, however, Tilson is looking forward to starting a different business, one that has more growth potential.

"With the mountain bike business, I have just about reached the limit of growth. The business is doing good, and definitely not worth giving up. Plus, it has been a great learning experience."

Tilson has now turned his attention to his new business, Worldwide Wheelchairs, which will sell wheelchairs and other items to people with disabilities. And Tilson has done all of this with a remarkably positive attitude.

"It hasn't been easy," said Tilson, "but I have been lucky enough to have supportive friends and family members to help me throughout the last year."

Now Tilson is spearheading a series of offroad wheelchair racing events in conjunction with the



COURTESY PHO

Tilson tests a prototype of a wheelchair customized for offroad racing.

Ontario Cycling Association, the first of which will be held this June.

"I used to mountain bike and snowboard. I was never into the traditional sports, so this is something I'm into. The events are basically the same as downhill skiing – you start at the top of the hill and you get to the bottom as fast as you can."

As for his future, Tilson said, "even when times were the darkest, I just knew I had to hang on ... Some doors have been closed to me, but many more have been opened. I just think you can't get bogged down in stuff that sucks."

Wicked Web Sites

NEWS.COM

http://www.news.com

If you want late-breaking, stopthe-presses news, news.com is the site for you. Written in a pithy style, with a pinch of inthe-know irony, this site screams news 24 hours a day and is worth at least a quick scan. Three thumbs up.

FEAR AND LOATHING www.fear-and-loathing.com

Check out what will be the hottest movie for in-the-know gotta-see movie fans. F&L is an adaptation of Hunter S. Thompson's novel about two people, a car full of booze, and head full of wicked thoughts heading to Las Vegas for a wicked trip.

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MICROSOFT VERSUS ... http://www.buffnet/~mikel/ msvs.html

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COMPILED BY PAUL BILLINGTON

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The REAL WORLD's pretty exciting. Go out and conquer it!

Movie ticket prices to increase very soon

BY PATRICK BIRIKORANG Business Reporter

Movie buffs beware! If movie producers have their way, expect to see a rise in the price of tickets

According to an April 1 report in The Globe and Mail, Edgar Bronfmann Jr., president of Seagrams, and the head of Universal Studios, said consumers should bear more of the film industry's soaring costs by paying higher prices for the most expensive movies.

The film industry charges the same price whether a movie cost \$2 million (US) or \$200 million.

Hollywood movie soared 34 percent last year to a record \$53.4 million, while distribution costs rose 12 percent to add another

producing a movie.

Though the ticket pricing has not been announced yet, students and people associated with



The report stated that the aver- You may soon be paying more to see your favourite stars.

about the issue.

"Movie tickets are already high enough, so I think producers should not hike ticket prices anymore," said Ron Paquet, a clerk at Movie Posters Warehouse.

According to Paquet, movie studios and producers don't have to make expensive movies and lay the cost on movie goers. "It's quite easy to make very good films with less money. They don't have to make movies in the US with high union cost. They can make them in other countries where the cost won't be that high," he said.

Cynthia Owusu-Agyeman, a second-year Early Childhood

age cost for producing a \$22.2 million to the final cost of movies have expressed concern. Education student, said it will be exploitative if movie producers agree to hike tickets.

"Students go to movies more than other people in this country. With the high cost of living, it will be unacceptable if more money is taken out of our pockets," she

Owusu-Agyeman said the consequences of any increase in movie tickets will eventually fall back on movie studios.

"If movie tickets become high and we are not able afford them, we will simply refuse to go to movies. The results will be that studios will lose money on their movies," she said.

Mississauga Business Expo for the

BY MIKE RAWN Business Reporter

Howling and hooting, the Mississauga IceDogs made this year's Mississauga Business Expo '98 the hit of the party.

Easily the most popular booth at the Expo, the IceDogs, sans Don Cherry their owner, gave out buttons, t-shirts and other paraphernalia to promote the Dogs inaugural season.

"Being a part of this show gives us good exposure to the community," said Dave Harris, manager of business operations for the Ic.Dogs. "With Don

Cherry as part-owner of the team we get a lot of national exposure, but it will mainly be the people of Mississauga, Etobicoke and surrounding areas that will be buying tickets for the games."

Held on April 7 and 8, the Expo was hyped as Mississauga's one and only business-to-business trade show and seminar series and, according to organizers, the bi-annual show was a rousing success.

"We had between 2,000 and 3,000 people attend the two-day event, which we're very happy about," said Sandy Duncan, show

manager. "With roughly 150 different businesses on hand with display tables, there is plenty for everyone to see."

For businesses, it was a great opportunity to showcase prod-

"We specialize in outdoor advertising, using message display centres for local companies," said Kim Bancroft, of AD-TECH Solutions Inc.

"We do our work in Mississauga, and are looking to expand into Etobicoke. It is our first year in business, so we're happy to get a chance to further



John Jentz at the Dogs booth.

promote our company."

A wide range of businesses were in attendance for the Expo, including FutureSkills, a company that specializes in computer education.

"FutureSkills allows people to upgrade their computer skills in a short period of time," said lan Ffrench, a sales representative with FutureSkills.

"The problem is letting people know that this service is available. This show (Mississauga Business Expo) gives us a great opportunity to do this," said Ffrench. "Naxt year could be even bigger."

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Entertainment

Comedy college on campus

Humber offers a workshop for the clown in you

BY BRIAN PASCUAL Entertainment Reporter

So you want to be funny.

Well you're in luck -Humber's Comedy College will soon be opening its doors for the comically-minded, and odds are you'll walk out of there a lot funnier. Guaranteed. But let's not get ahead of ourselves.

It's properly dubbed, The Humber Comedy Workshop, and it's the first of its kind.

Joe Kertes, the mastermind behind the two-year-old workshop, knows the value of a program that can't be found anywhere else.

"Our Comedy College is unique because no other college has ever offered it before," he said. "There are 1500 creative writing workshops, but none for

Kertes has put together an intense, one-week school session on how to be funny. The workshop consists of writing classes in TV Sit-Com, TV Variety, Comic Screen Writing, Women's Comedy, and Alternative Comedy.

Teaching these courses is a list of faculty members who offer prospective students an enticing web of contacts.

Joe Flaherty of SCTV fame is back after participating in last year's inaugural workshop. Also returning this year are Anne Beatts, a two-time Emmy-award winner and writer/producer for Saturday Night Live; Lorne Frohman, writer/producer of Jay Leno specials and winner of four Emmy awards; and Stephen Rosenfield, the founder/director of the American Comedy Institute.

Adding a dash of Seinfeldesque humor will be one of the show's producers, George Shapiro. He will be talking about life in comedy. In addition, for-

mer Seinfeld writer/producer Carol Leifer (now with a sitcom of her own) will be coming for the week.

It's a who's who of the industry, and they assure you that your comedy will be funnier after a week with them.

Joe Flaherty will be one of many comics getting involved in the comedy workshop this year.

"Last year Steve Rosenfield guaranteed he could take a piece of wood and turn it into a standup comedian," said Kertes. "And we were amazed at how funny some of the comedians were."

So what does it cost to learn how to make people laugh? For the week-long workshop it costs \$789. Sure, it might sound steep at first, but Kertes is quick to point out how reasonable it is.

"Believe me, it's below breakeven for us," he said, noting some of the guest teachers are used to flying first-class, and have to be wined and dined and taken

The most important thing for students to realize when considering the price is that the workshop is an ideal forum to network and "be discovered".

When asked why students should be interested, Rosenfield responded: "If I find someone who's funny, I have friends." It's all about contacts.

For the most part, the work-

who already have a work in progress, be it a screenplay, sketch, or stand-up act.

It's an ideal and opportunistic pathway directly into the comedy business. Last year, by the end of the workshop, some students performed at Yuk Yuk's.

"Even students who didn't go on stage had their material performed for them," said Kertes.

Although his workshop is only in its second year, Kertes knows he's stumbled upon something here. The fact that almost all of last year's guest teachers are returning is an indication of how successful the program is. He also knows he's in the right city to facilitate a pioneer comedy work-

"Toronto is a hotbed for comedy," said Kertes. "It has contributed to half [of] the comedy in Hollywood."

The workshop will run from July 11 to 19. If you're interested, pick up a registration form in D149 at Humber College's North shop is geared toward students Campus or call 675-6622 ext. 4021.

Theatre Humber sets the stage for big job prospects

BY JOHN CHICK

Entertainment Reporter

Humber College has once again given its students another link to the professional world.

This time it's Theatre Humber and it has announced that it will be teaming up with Solar Stage, a downtown lunchtime theatre.

"Other than being a hell of an idea," said theatre Director Mark Schoenberg, "they've become aware that we're doing quality work. Plus, Solar Stage gets a show that they don't have to produce, that moves into their space, that they get part of the revenue for, and we do the work."

Located in the concourse of the Scotia Plaza on King Street, Solar Stage operates a lunchtime theatre catering mainly to the whitecollar employees of the lower downtown bank towers.

Theatre Humber will produce one play per season there, which will be performed, crewed, and designed by Humber College students. In addition, Solar Stage will employ two technical apprentices from Humber every

"This is a great opportunity for

our kids," said Schoenberg.

Consider also that this is the first time there will be a formal link between a professional company in Toronto and a theatre school, and you can understand why Schoenberg and his students have good reason to be excited.

"Another thing that's really this," interesting about Schoenberg continued, "is that we didn't go seeking this - it found us."

This is a testament to Theatre Humber which, according to Schoenberg, is getting better and more respected every year.

It boasts an excellent placement rate. Of the eight apprentices that the Stratford company has this year, two are Humber graduates.

"That's pretty damned good — 25 per cent of the apprentice company," said Schoenberg laughing.

The debut is targeted for next February at Solar Stage, but Schoenberg won't say what production Theatre Humber has in mind for its first appearance.

However, he promises it will be "very exciting and controver-

Comedy in the bag

BILLY IKOSIPENTARCHOS

Entertainment Reporter

All you need is an open mind, a good pair of ears and a solid bladder. Every Wednesday evening The Red Spot offers amateur comedians a chance to display their talents while an audience gets to watch for free.

Located in the heart of the gay village, the new comedy night is an opportunity to bring diverse, comedic viewpoints together in a supportive atmosphere.

David MacLean is the producer of the show and is well-known for his own one-man show, Quarantine of the Mind, which explores being gay in the AIDS

Having the show run at a gay club allows individuals who would normally shy away, a chance to shine onstage.

"At some clubs where I've performed, a comic who is gay, or a woman or ethnic will be intro-



Maiorano amuses the masses.

duced in a way that translates, okay, I think you've had enough to drink to handle our next act, which is limiting in perspective, but pervasive in comedy circles," said MacLean.

MacLean also encourages people with alternative lifestyles to become comedians.

"I think the most original voices are those anchored in marginality and difference and my goal with the Comedy Handbag will be to nurture those voices," said MacLean. "I believe audiences will be the benefactor of that effort."

The show not only encourages gays but any person who is disadvantaged because of their ethnicity or gender to perform.

Angela Maiorano is a comedienne who also agrees the night is important for women.

"Being a woman I can feel intimidated performing in nightclubs on nights where my friends can't make it, where I feel the surroundings are dangerous, but in a place like this I feel very welcome and safe and it allows me to feel comfortable and gain confidence while accumulating experience."

Mista Mo, a black comedian not only requires a racially unbiased audience but a forgiving

His Chris Rock performing style includes a segment in which he asks the audience to imagine



MacLean acts out on stage.

that mentally disabled people are the chosen ones and that when we die we find out Jesus himself is mentally challenged.

His impersonation of Jesus alone would get him killed in most places.

"Sometimes even if I know a joke will not go over in a room I still say it," he said. "Even if no one laughs, some people will go home and think that even though they did not appreciate the humor, what I said had some truth to it."

Mo also explained why a comedy night like the Comedy Handbag is crucial to the indus-

"Open mic nights like this provide a more open atmosphere where I can really push the envelope without holding back ... and to me that is what comedy is all about."

The Red Spot is at 459 Church St. (upstairs). For more info, 967-

Smaller can be better

BY DUSTIN DINOFF

Entertainment Reporter

Not everyone can make it to Toronto to see a play. Because of this a number of community theatre groups in Toronto's suburbs have risen to fill the void for patrons who cannot make it to the

A lot of these non-profit community theatres have a tremendous following and do exceedingly well while many large theatre companies continue to struggle.

"The quality in community groups is just as good if not better," said Kim Stephenson, who currently sits on the executive committee for the Bramalea Little Theatre. She has also worked throughout southern Ontario with different community groups such as The Festival Players and

which is arguably one of the most successful community theatre groups in Southern Ontario.

Stephenson finds it understandable why people may feel vindicated after attending a community theatre show.



The Caledon Town Hall.

"If you pay 12 bucks to go see an amateur show, you're okay if it's not that good," she said. "If you pay \$80 to go see Chicago or The Caledon Townhall Players something and it's crud, you're

going to voice it a little more."

Brian Bird, a Humber College Broadcasting student runs his own amateur theatre company in Heart Lake, Ontario which was founded while he attended high school. To date, his group has spawned 11 productions.

"I started Birdcage Productions," said Bird, "as a forum for myself and my friends to act. 1 basically started this group so that we could get out there and show people what we've got."

Bird admits it is not always easy keeping his small company together. He expanded into Toronto last summer, with success, but his roots and that of his company lie in Heart Lake and Brampton where people do not have to "pay through the nose to be entertained."

"We are the best bang for your

buck," said Bird. "Our theatre is identify with the people on stage. small and intimate, so we keep it personal, and we keep the cost down."

And the audience, for the most part, walks away happy.

"I prefer community theatre to professional theatre," said Keith Bishop, an Alliston politician who has subscriptions with seven different community groups. "I like to support people who enjoy performing. It's something that they want to do and they enjoy doing

Bishop, who supports companies like the Curtain Club in Richmond Hill, Blackhorse Theatre and the Caledon Townhall Players, also hinted at the problems with the cost of larger shows.

"If you go down to the city for a professional show it's a late night when you get home," he said. "With community groups you can be home at 10:30 or 11p.m., still have enjoyed yourself and you're not exhausted."

He also confessed that he can

"I'm a politician," he said. "I'm always on stage too."

Theatre fan, Gord O'Hara also prefers smaller venues.

"I only go to community theatre," he said. "I don't like going to Toronto. I do my best not to go (there)."

O'Hara is a long time community theatre patron from Orangeville, who said the last professional show he saw was The Phantom of the Opera. To him, a night at a local theatre beats The Pantages

"I don't think you can beat local theatre,"he admits. "It's comfortable, and it's intimate and it's very relaxed. I like that."

Amateur theatre also offers a great variety of choices for the play-going public.

"With groups doing more and getting more ambitious," said Stephenson. "I think it's giving the public a lot more to see. Sometimes the quality is better, if not just the same."

Prisoner takes all

BY JEFF HEATHERINGTON Entertainment Reporter

It is the oldest confidence game on the books — the Spanish Prisoner. A prisoner and his sister are wealthy refugees. He frees himself but leaves the girl and the fortune in the home country. In turn he needs money to get her and the fortune out. The man who supplies the money gets the fortune and the girl. It's the oldest con in the world."

This is the basic storyline behind David Mamet's craftiest and most mysterious film to date, The Spanish Prisoner.

The drama/mystery, which stars Campbell Scott (Dying Young), and Steve Martin (Father of the Bride), is Mamet's fifth film as writer/director after his critically acclaimed film debut, House of Games, in 1987.

When asked where he stands on the film's two opposing philosophies: no one is what they seem — and people generally look like what they are, Mamet replies, "I go with the old poker adage: trust everybody, but cut the cards."

Joe Ross (Scott), an inventor and sucker has developed a topsecret formula known as "The Process" that has his boss, Mr. Klein (Ben Gazzara), seeing dollar

Joe and his colleague George Lang (Ricky Jay) are flown down to a secluded Caribbean island resort for a meeting of the stockholders to discuss "The Process".

Joe soon befriends Jimmy Dell (Steve Martin) who introduces himself as a businessman from New York and makes plans wiht joe to meet up in there.

she really exists.

After awhile it appears as if everyone around Joe is after his invention and he's left on his own, not knowing who to trust or where to turn.

A hit at the Toronto and Sundance film festivals, The Spanish Prisoner was inspired by a stay in the Caribbean, said Mamet.

"While looking out the window of a hotel room one sunny morning I saw a 150-foot yacht that had its own helicopter nearby," he explained. "I couldn't help but wonder what kind of potentate would emerge from that kind of luxury. After a brief conversation with the man, you would probably have believed anything that the guy told you."

Mamet has written screenplays for films like The Postman Always

The film keeps the audience Back in New York, Dell tells Rings Twice, Hoffa and Wag the guessing as to how the puzzle Dog. He's currently working on Joe he'll fix him up with his sister will end with a twisted, complibut when the sister doesn't matethe film, Four Queens, which will cated plot. rialize, Joe begins to wonder if BY GREGORY DI CRESCE Burns does a good job of capas Charlie is solid. turing the closed-in, sad feeling The main problem a viewer Claudia is preparing to settle that a dreamer can have in a small may have with the movie is in for a second-best sort of life, until accepting Claudia's transformatown. An example of this is his Charlie reappears.

Entertainment Reporter

She's in a boring, but safe relationship with Michael. She has a dull job at Chatty's Diner, but makes enough to pay the bills and appears ready to accept the "reality" of never escaping her

home town. Here's where her old boy friend, Charlie, enters the picture. It is his return that forces Claudia to take a hard look at the direction her life is taking.

No Looking Back, written, directed and starring Edward Burns, offers a simple and thoughtful look at how hard it can be to breakout and follow your dreams.

use of gossip at the Blackwater

Sitting along the bar are five woman who form a gossip chain. And with every exchange from woman to woman you can almost feel the suffocating weight a small community can impose on its members.

His choice of shooting the film through an understated blue filter also adds to the sense of sadness and the drowning of dreams.

Lauren Holly's performance as Claudia, the 28-year-old waitress, is wonderful.

Jon Bon Jovi's portrayal of Michael, though stiff in certain scenes, is fine; and Edward Burns

tion. Not because Holly's a poor actor, but because Burn's script leaves a lot unsaid.

He often relies on images of Claudia in reflection, like her looking out to sea with a Springsteen song filling the silence to cue the audience that something is changing within her.

I thought this technique worked for Burns because he gave the viewer enough background material to understand Claudia's decisions but, not everyone will feel that way.

No Looking Back is Burns's third feature film and it is his best yet. His past efforts were The Brothers McMullen and She's the One.



Total 'Eclipse' of a band

BY LISA RAINFORD Entertainment Reporter

They haven't been around as long as the Rolling Stones and they aren't as young or as popular as The Backstreet Boys, but the four guys in the band Eclipse want to show people that starting a band later in life can be just as musically rewarding.

Ron Roy owns a music store during the day, Scott Annandale works for a graphics company, Doug Stronach teaches music lessons, and Franco Cucinelli comes home to a house full of kids, but every Tuesday night is their own.

Cucinelli, the band's bass player, is a full-time teacher and family man. At age 34, he is just beginning to enjoy the success of their first album, Eureka.

"Being in this band is like a third or fourth marriage," he said. "It's nice not to make the same mistakes over."

Cucinelli is no stranger to performing. From the age of 12, he played at weddings, dances and with Dixieland bands. And even though he has played in different bands from a very young age, Cucinelli said he never wanted to put his eggs all in one basket.

He liked the stability teaching offered and he has always wanted to start a family, but music has always been a big part of his life. He majored in music in university but chose the education side of it rather than the performance.

One of the major reasons he never pursued a career as a musician is because his real love is not popular music but jazz and blues he doesn't see much of a market for either one.

"My choices haven't been centered around music," explained Cucinelli, "because I've never had the time or the money to invest in practice or playing."

The guys who make up Eclipse are seasoned musicians who bring with them a wide variety of musical talents and tastes. Singer Stronach is a Scottish pipe band drum teacher who was raised on Celtic folk music in Scotland.

Band members Annandale, Cucinelli, and Roy call him "the guy with the Scottish accent who runs the show."

By the time he was 18, Stronach had already toured with Scottish groups as well as a British pop band. He has a passion for song writing and enthusiastically made the leap from drumming back to writing.

Stronach plays electric and

"Being in this band

— Franco Cucinelli

It's nice not to

acoustic guitar, and percussion. Critics say his sound is a gutsy is like a third or cross between Steve Page and fourth marriage ... Sarah McLaugh-

Stronach's make the same wife, Melanie, is as much a part of mistakes over." the band as the musicians are. A high school Eng-

lish teacher, she writes songs and poetry and is able to bring her maturity and life experiences to her writing which sometimes takes a hard look at religion.

She has a quirky way with words, catching you off-guard by her pairings and analogies. For this reason, Eureka has to be listened to several times in order to

insights.

"There's a lot of different elements to our music and that makes it stand up to repeated listening," said Cucinelli. "It's accessible on many levels and that's important when you're trying to

stand out from thousands of other indy bands out there with

Drummer Annandale works full-time at a graphics company in Toronto and has worked in theatre while Roy, the band's guitarist, runs a

music store, Threshold Sound, out of Kitchener.

Each member of Eclipse brings the maturity and perspective that most high school bands are lack-

Because he is a senior school music teacher, Cucinelli sees the desire kids have to play in a rock band. Being older, he knows what

capture all of its messages and needs to be done to achieve star-

"I never really wanted to have a record that said 'Franco's record'," he explained. "As soon as you've done something, people label you."

The band agrees it's much easier to make better music at this stage in their lives because they've already made mistakes. According to Cucinelli, sharing each other's talents and experiences are sometimes more important than the actual notes com-

"This isn't the kind of music that I would play and be ecstatic about but if the band revolved around me, it would sound quite different. But that's O.K.," said Cucinelli. "I don't have the time to set up a band that revolves around me and I don't have the ego. I'm a professional sideman."

Eclipse performed at Lee's Palace last week to an enthusiastic and energetic crowd. At every show they play, t-shirts and CD's are available at \$10 each or, if you buy Stronach a drink after the show he'll cut you a deal.

DISC

The Specials **Guilty 'Til Proved Innocent!** MCA Records

BY JEFF HEATHERINGTON Entertainment Reporter

One of the original leaders in ska music is back with a bang. The Specials have released their first album of new material in over 15 years, The Specials are back on the music scene with the release of Guilty 'Til Proved Innocent!

The new album is their Way Cool Music/MCA debut and was

inspired by their own reunion on stage and in the studio, as well as by their consultation a few years ago with legedary Jamaican ska artist Desmond Dekker.

The Specials, who began their musical journey in

the late '70s, were a collaboration of angry, young, racially-mixed "rude boys" from Coventry, England. They wrote songs about violence, racism, urban decay and teen pregnancy.



music scene, the 1998 release of Guilty 'Til Proved Innocent! has definitely brought them back in fine style.

After a long ab-

sence from the

Ska is a form of music that was originated

Jamaica in the '60s. It combines Jamaican reggae with jazz and is closely related to punk music, but with an upbeat rhythm that usually features a horn section.

The upbeat music keeps a con-

sistent bouncy flow through the entire CD with songs like Fearful, The Man With No Name, and the live versions of Rat Race, Concrete Jungle and Gangsters.

The Specials were breaking new ground with their style of music in the late '70s, but with the recent ska success stories of No Doubt, the Mighty Mighty Bosstones, Reel Big Fish and Sublime, their return is a pleasant

With the combination of oldstyle ska rhythms and a modern, upbeat, jazzy sound, The Specials have successfully proven they are the masters of ska.



Motorhead Snake Bite Love CMC Music

BY JOHN CHICK Entertainment Reporter

From the long list of bands that you've heard of in the eighth grade and never have since, Motorhead definitely fits the bill.

Incredibly enough, the British heavy metal band has just released a new CD, Snake Bite

It's their second CD in as many years, and in this case, that's overexposure. Motorhead has been around since 1975 but this CD pales in comparison to their hits of the early '80s.

It has 11 tracks of second-rate hard rock, including the title cut, Snake Bite Love, but these songs sound tinny and the vocals are terrible — even for heavy metal.

The only track that shows any promise is Dead and Gone, a slower, largely acoustic track. The CD reminds me of a garage band whose biggest problem is whether to use a bong or a pipe.

If you're not a heavy metal fan, don't go near this CD. If you are, don't disappoint yourself by buying it.

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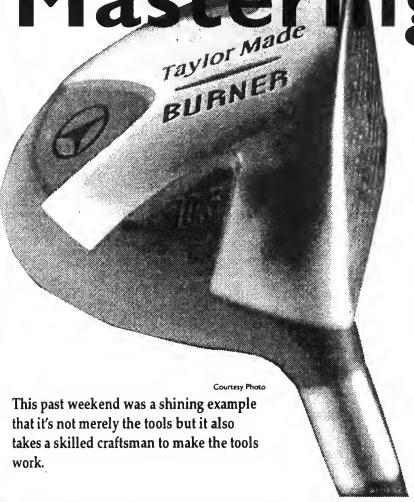
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Sports Sports

Mastering The Masters



After 17 years, Mark O'Meara wins the Masters and wears the Green Jacket

BY MATTHEW BARBEAU
Sports Reporter

After 17 years of playing on the pro tour, Mark O'Meara had never won a major PGA tournament – until last Sunday. O'Meara earned the honor of wearing the green jacket after four long days doing battle on one of the world's most difficult golf courses.

O'Meara, who birdied holes 15 and 17 to tie Fred Couples and David Duval, faced a 20-foot birdie putt on the final hole of the tournament. Sinking the putt would secure him the green jacket and a par would mean a playoff with Duval and Couples. Shaking off the nerves, O'Meara picked the path for his putt and let it ride. The ball rolled along and disappeared into the hole, giving him his first Masters championship in 15 attempts.

The 62nd Annual Masters tournament began last Thursday in a style similar to previous years. Augusta National Golf Club, host to the Masters, is notorious for its length and overall difficulty. And when the difficulty is combined with heavy, gusting winds and fast greens, there is not much a player can do to stay alive.

As a result of Tiger Woods' legendary performance last year, Augusta officials decided to make a few renovations, in order to retain the overall difficulty.

Former Humber student Patrick Tarswell does not get to play as often as he'd like, but is still a big fan of the game.

"This year's Masters was better

than last year," he said. "It was more exciting and there were more players in the running. It was a tournament this year, instead of a Tiger Woods show."

With a little help from the weather, very few golfers made it through the first day of the tournament without scars on their scorecards. O'Meara was one of the victims on the first day after shooting a two over par 74.

Fred Couples was one of the few players to salvage a decent score on the tough course. He led the pack after the first day with a one stroke lead over Scott Hoch. Hoch had shared the lead with Couples during the round but fell apart, three putting two of the last three holes. David Duval and defending champion Tiger Woods were two strokes back after the first round of play.

The weather and the infamous course wreaked havoc on the scores of the 88 players, leaving only eight of them below par.

After two days, the field was 582 strokes over par and it seemed to most golfers as though Augusta National had won.

Despite the harsh weather conditions, Tiger managed to save par. Duval and Couples compensated for the high winds and both managed to finish the day in good position. While O'Meara began creeping up the leader board (on Friday) after shooting a two'under round of 70.

Pat Biggar, a second-year Marketing student, confessed to watching over 20 hours of Masters coverage over the weekend.

"It was a better tournament because it wasn't all one player," he said. "Couples was great but couldn't pull off the win. O'Meara and Duval were factors the whole tournament. O'Meara won because he finished strong."

With the wind dying down on the third day, the remaining 44 top golfers were given an opportunity to improve their scores. Except for the occassional gust or two, and the greens remaining firm and fast, most players managed to finish the day in relatively good shape.

Couples still led the pack after three rounds of play, owing his lead to a fantastic approach shot on the 13th hole. Couples smashed a 205 yard three iron to within 18 inches of the hole. The sweet approach on the par five left him with an easy tap in for eagle. O'Meara continued to charge foward with a 69 on a par 72, bringing him into a three way tie with Phil Mickelson and Paul Azinger. Couples could feel the pressure.

"I can't shoot the same tomorrow and expect to win," Couples said at a press conference after Saturday's round, reinforcing the need for a better round on Sunday.

Jack Nicklaus, 58-year-old, six time Masters champ, began his comeback on the third day after being one over par for the tournament, putting him in the top ten and within reach of the leader Couples.

Tiger Woods began his third day terribly. He three putted the first hole for a bogey and then went on to bogey the fourth and double the sixth. Woods managed to scrape through the round at even par. Duval and Scott Hoch both suffered a rough day.

Day four, the last and final round of the 62nd Masters, got under way early Sunday morning with bright sunshine and slight winds. While the excellent weather may have helped some players, it was O'Meara's putter that would be the story of the day.

Jack Nicklaus, the legend known as the "Golden Bear", recorded a final round score of 68 to finish tied for sixth place, only four shots off the pace. Tiger Woods finished the tournament tied at three under par. Amateur Matt Kuchar showed his worth posting even par scores on two of the four days, finishing at even par, much to the enjoyment of the crowds.

After recording 29 putts in his first round, O'Meara went straight for his instructor and the practice greens. The practice paid off. He birdied the second, third and fourth holes with putts ranging from six feet to 40 feet as he chased down his playing partner and

tournament leader Fred Couples. O'Meara bogeyed the 10th hole but then regained his composure to birdie the 15th and the 17th. With the birdie on 17, O'Meara was tied with Duval and Couples.

Couples led at the start of the day and was nine under par by the 8th hole with a bogey and four birdies. He bogeyed the ninth and then doubled the par five 13th where he hit a group of trees and then the water on his next shot, opening the door for Duval and O'Meara.

O'Meara would be the one to capitalize on Couples' errors. After birdying the 15th and 17th, O'Meara was tied for the lead. On the 18th and final hole, Couples and Duval both parred. O'Meara was left with one chance - a 20 footer with a slight break from right to left. The extra time he spent practicing the green paid off. O'Meara drained the long putt to win his first ever major championship and the right to wear the prestigious green jacket.

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The Last Word



1. In what 1981 film old Tom Cruise make his cinematic debut?

- 2. Sharon Stone starred in which *Police Academy* movie?
- 3. Leonardo DiCaprio made his film debut in which terrible horror movie?
- 4. In which 1991 film do bankrobbers wear the masks of former US presidents?
- 5. Who played Sean Connery's daughter in *The Presidio?*
- 6. Who played the title role in the 1984 film *Johnny Dangerously*?
- 7. Who portrayed Sid Vicious in the 1986 film *Sid and Nancy*?
- 8. What was Peter Fonda's name in Easy Rider?
- 9. How does Rose McGowan meet her maker in *Scream*?
- 10. Who portrayed the teenage prostitute that Robert De Niro tries to save in *Taxi Driver*?

Bonus Question

11. In movie-making lingo, what is the martini?

Answers: 1. Endless Love 2. Police Academy 4: Citizens on Patrol 3. Critiers 3. 4. Point Break 5. Meg Ryan 6. Michael Keaton 7. Gary Oldman 8. Captain America. 9. She has her neck broken by a garage door? 10. Jodie Foster 11. The last shot of the day

The cheap tale of a disembodied head

by Antoine

When they first cut my head off I thought it would be the worst thing that could have ever happened to me ... hut was I ever wrong!

Things are really looking up. Without my body I have more time to think. My mind has really expanded, but the phantom body pain is a hit much. I wake up screaming for my torso, then my arms, then my legs, and finally for my feet. "WHERE IS MY BODY?!" I would cry into my pillow, but no one would come to me. No one would care.

For days, they left me in a small cardboard box with a straw tucked between my pursed lips. I would eat a liquid lunch that collected beneath my neck immediately after consumption. It's not a pretty sight, but man, my body has never looked this good.

I don't concern myself with clothes, except for a few charming hats that shout, "You're looking good, man!" I'm not sure if I should get any piercing or tattoos. I think it would be a little much, considering the surface area I'm dealing with.

Then I thought, "What the HELL am I complaining for?!", my friends can carry me in a bag. If I could give the world a thumbs up, I would, but since I can't I'll leave you with this: "Life is sweet, when you still have head."



Hello, my name is...

Antoine

ALMA, Mich. (AP) - An Indiana woman was arrested after leading police on a high-speed car chase wearing nothing but her seat belt.

Police from five agencies chased the 46-yearold woman Monday afternoon after several drivers called to report a naked motorist. The woman reached speeds of up to 177 kilometres an hour in a borrowed car.

"She was all over the place, passing on the right and everything," said Chief Wayne Donley of the Shepherd, Mich., Police Department.

Officers draped the woman in a raincoat and arrested her after she pulled into a parking lot. She was taken to a hospital psychiatric ward.

Sundre, Alta. (CP) - Lucky dog. Fred the German shepherd won \$100,000 in Lotto 6-49 but he's none the wiser.

Lynda Brassard, who owns the big furry dog, pocketed his winnings.

"I've fed him and looked after him for two years. He owes me," said the 51-year-old nurse.

At least once a week for two years, Brassard has bought lottery tickets for herself, husband Norman and Fred. The dog's ticket was a joke between the couple. Then, on April 1 - no fooling

- Fred's numbers came up. On Monday, Brassard drove to the lottery office in St. Albert and claimed the cash.

Brassard and her husband plan to invest most of the money for retirement. They have no special plans for their pet.

"We'll just continue to feed him with Dr. Ballard's (dog food)," Brassard said. Lotto 6-49 tickets are not registered in anyone's name when they're purchased.

Source: The Edmonton Journel

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Et Cetera