Payroll system delayed

by Susan Brandum

The transfer of the faculty and administrative payroll to a bi-weekly system on Nov. 1 is postponed, at least until next October, and may not go through at all. That means the payroll will continue on the semi-monthly basis.

Fear of not getting the payroll out on time because of technical problems is the main reason for the delay according to David Gupill, director of personnel.

"Originally we perceived there would be cost savings by merging the faculty and administrative staff payroll," said Gupill.

"But the benefits in cost savings (from the merger) would be more than offset if the (computerized) system went down (because inoperable). The margin of safety wasn't there."

The decision to merge the payrolls was made last spring when it was thought the personnel department could save money by combining the systems.

The final decision to go ahead with the merger will be postponed until next year when the cost savings will again be re-evaluated. "If there is a chance the cost savings won't be realized then we won't go ahead," said Gupill. "But given what we know today the merger will take place."

Gary Begg, president of OPSEU local 562 which represents the faculty, is pleased by the delay. "We certainly welcome this extra year so people can adapt," said Begg.

There were some complaints from faculty because a bi-weekly system would mean changing their budgeting processes.

Ruth Cowan, payroll supervisor, doesn't really understand why the decision was made.

"From my standpoint, it doesn't make any difference if there is a merger or not. What it boils down to is a lack of confidence in management's part in the new Royal Bank system," she said.

Both payrolls were put on a new remote system about a year ago she explained.

Gupill described the system as "state of the art" but added the department has experienced many technical problems with the equipment and liaison problems with the Royal Bank.

"We feel it needs another year of debugging," he said.

Cowan agrees there have been problems but says, "I believe in the whole system. It's the best system today."

Students set sail towards winter

by Monica Heusner

Winter must really be on its way, and who knows better than Lakeshore's 2's Seamanship students who braved the cold, rainy weather last Monday to enjoy one last sail on Humber Bay before Old Man Winter takes charge.

These 25 first-year students bundled up in their winter gear to sail six whirlers, 16 foot sailboats, and two Boston whirlers, 13 and 15 foot power boats.

Students, of this three-year program, practice pulling in and out of the dock with Humber's 36 foot sailboat, the Orion.

The Orion's sails alone cost about $3,000, and a boat that size costs between $4,000 to $10,000, depending on how it's finished, according to Paul Maclean, co-ordinator of Yachting Studies and Marine Mechanics.

The Seamanship Program, the only one Maclean knows of in Canada, had its second anniversary this September. This means the program will have its first graduates in April, 1982.

"People get the idea that this course is all fun and games, but it's not," said Maclean. It prepares students for a number of diverse occupations, such as marketing sales, running a marina, accounting and microprocessing.

The program now has two first-year students, 13 second-year, and three third-year students enrolled, said Maclean.

Students give a variety of reasons for taking the course.

"I'm taking it so I can sail down south and make money," said student Rodney Ayrs.

Rob Rule, another student, said he's taking the course so he can work at his father's marina in Chatham, Ont.

Student Young So said, "I guess I'm taking the course because I have some friends that are really into sailing."

SU trying to prevent vandalism

by Deb Lang

Lakeshore's pinball machines will be closely supervised to prevent vandalism incidents such as one last Friday, according to Student Services Co-ordinator Paul McCann.

Recently, Lakeshore installed machines from Pinball Louise Ltd., and they've already been vandalized to the point where they no longer accept quarters.

Student Union (SU) member Lance Courts, said he saw someone he thought to be an employee from Pinball Louise tampering with the pins last Friday.

"I thought he was working, so I didn't ask him," Courts said.

SU Activities Co-ordinator Paul Caldwell proposed the games be moved closer to supervision.

One location suggested was near the book store, but McCann said the noise would drive the employees crazy.

Closing down the machines until the Student Centre opens was also suggested but McCann said they couldn't afford to lose pinball revenue.

"Pinball is a pretty popular pastime," he explained.

SU President Pam Herd said they should keep the games in the cafeteria because it's one of the more popular places in the school.

"Maybe the Union members could keep an eye on the games whenever they have a few minutes or spare time between classes," she suggested.

Pinball Louise's games were also installed at Lakeshore 2, where there have been no problems.

Social life looking good

by Deb Lang

Campus social life is really looking up.

Not only will a new Wednesday pub be introduced on November 4, but Disc Jockeys will be hired to entertain at the pubs, rather than playing FM radio music, said Student Union (SU) Activities Co-ordinator Paul Caldwell.

DJs were preferred instead of piping in the music because they would attract a larger crowd and therefore draw in more money.

SU member Lance Court suggested promoting a quiet pub when friends might gather for a drink to talk, but the idea was turned down because it's hard to create a party atmosphere with only a FM station.

Caldwell said different DJs will be hired each week on an experimental basis until SU decides on one who appeals to everyone.

"A good DJ is someone who is responsible and open to suggestions," said Caldwell.

A class marketing research study poll will be taken to pick out the most appealing jockey.

Caldwell feels many students are becoming too personally involved with the subject.

"Everyone thinks they can provide the best services—in this case, the best DJ," he said.

Caldwell would like to see students take more of a businesslike attitude and be more objective.

The charge on entering the pub with a disc jockey will be $1.00. A DJ will be present at the first Wednesday pub.

Coven apologizes

Sometimes in an effort to inject humor into an editorial cartoon, it's possible to go too far.

The idea of the cartoon in Coven, Oct. 26, 1981, which arose from a letter to the editor, was to poke fun at the letter, and administer only a good-natured rib to Student Association Council President Joe Gauci.

Gauci is a dedicated SAC president and we did not intend to hold him up to ridicule or derision.

Coven apologizes for any embarrassment as a result of the cartoon.
Enjoy your day; buy a slave

by Carolyn Kirch

The peal of the auctioneer's gavel echoed through the halls of Humber College during scenes reminiscent of slave trading days as Humber's Internal Revenue and税务努力, on behalf of the United Way campaign, continued with a "slave auction." Amid cheers, jeers, and enthusiastic cries of encouragement, students in the public relations course offered themselves on the auction block to the highest bidder in return for a day of "servitude."

The slaves were offered by auctioneer Tom Browne singly and in groups of twos and threes to an eager crowd for bids that went as high as $40. Several spirited male "slaves" stripped to the waist displaying their attributes, much to the delight of squealing female buyers.

Browne, a public relations instructor, explained that all "slaves" and "buyers" signed a mutual contract of agreement before the auction stipulating a slave may not be forced to do anything illegal, immoral, or anything against his or her principles or wishes. Slaves may choose the day they will be available, between Oct. 22 and Nov. 4, and may not be bothered during class time but must be available from 9:00 a.m. to 3:30 p.m. on the chosen day.

The popular event was a big success, raising over $300 on Tuesday.

"I think it's going to be our best and it really helps draw attention to other things like the car rally and bake sale," said Browne.

Cathy Black, co-chairman, Julie Geyman and Joanne Rider ran the bake sale, raising almost $60. Kate Wilde and Sheryl Graye on the apple concession, raised approximately $75. The apples and cider were donated by Humber College President Gordon Wrigg.

The other main attraction at the slave auction was the GOLF-O-TRON booth, an electronic golf course simulator supplied by GOLF-O-TRON of Mississauga. Barry Jacks, marketing manager for the firm ran the display and reported proceeds close to $200.

Some enthusiastic young male specimens bartered their assets at last week's slave auction, to the ooohs and aahhhs of equally enthusiastic female (most of them) bidders. But it was all good, clean fun.

GOLF-O-TRON plans to sponsor a golf tournament in November called the Humber Invitational, pitting the prowess of Humber staff against each other for the benefit of the Kiwanis Club.

Buses slowing down

by Helen Mancuso

Mississauga Transit has decided to reduce service to Humber College because surveys conducted last May and June showed the bus routes were not being used enough to warrant full-time service, according to Peter Truax, an official with Mississauga Transit.

Starting Oct. 26, the orange and white Mississauga buses will not run on Saturdays and the last bus will leave the college at 6:15 p.m.

Even though the change has not yet been made public, students who must commute from Mississauga are being warned by their bus drivers to be prepared.

For many students who have last or evening classes, it will mean that they either must drive to Humber or find an alternative method to get to school and home.

One way is to take a connecting bus to Westwood Mall. There, passengers can transfer onto the Rexdale bus which runs every hour. Then, they get off either at Martin Grove or Kipling Ave. and wait for the Wilson 96 (TTC) bus which runs directly to the college.

This route could take anywhere from 45 minutes to an hour compared to the 10 minute ride on the Mississauga bus.

If a student misses any of the connections by even a few minutes, it could mean two hours spent travelling to or from school.

Another even larger inconvenience to students is the two fare they will have to pay each way. This would add up to a hefty $2.60 every day.

* DREAM JEANS  DREAM JEANS  DREAM JEANS

SENGIO VALENTE
JEANS & CORDS
REG. TO $40
NOW $29.99

JORDACHE CORDS
REG. $40
NOW $29.99

LIMITED TIME SPECIAL ONLY

DREAM JEANS
635 ALBION RD.
742-3449

* DREAM JEANS  DREAM JEANS  DREAM JEANS  DREAM JEANS
**Problem solved recently by LDC**

by Kim Wheeler

Students having problems in mathematics now have a place to go for help according to Austra Karka, co-ordinator for the Language and Mathematics Development Centre.

The centre, located on the third floor (E344) across from the Language Development Centre, was created by Carl Erikson, former Human Studies Dean.

The centre is oriented towards students who have been out of school for a while and are entering college to "find they have forgotten their fundamental mathematics and need some review," Karka said.

Each first year student in a math-related course must take a diagnostic test in September. The test differs for each course and is designed to pinpoint a student's problem area. The result determines which category a student falls into, Karka said.

The first group is students who have several math problems. They are advised by their teacher to drop their math class until they upgrade their skills.

The second category comprises students whose test results are borderline and they have the choice to spend time at the centre.

The last group of students have difficulties in a few areas and are urged to "drop-in" for help, Karka said.

Almost 150 students were referred to the centre this term and out of those 350 spend time at the centre on a regular basis.

They work by themselves—at their own pace—on units of a particular subject. At the end of each unit they are tested. Once a student completes the required units they no longer have to attend the centre, Karka said.

Computer Programming student, Milly Dyjewick and Electrical Mechanics student, Jerry Raffa, both said the opportunity to work at the centre was good and it gives them a chance to work on a one to one basis.

---

**Tokers to pay penalty**

Fitting the punishment to the crime is the general rule for pot-smokers in CAPS.

First-time offenders are banned from the pub for a week and Margaret Hobbs, pub manager, said the police are called in only if someone is trafficking.

Students who fight are banned from the pub for an entire year. If a student signs in a guest and the guest gets into a fight, the sponsor suffers the same consequences because "he is responsible for his guest's actions," Hobbs said.

Student Association Council President, Joe Gauci, said adequate measures are taken to ensure students stay within the confines of the law.

"We realize you're there to enjoy yourself," Gauci said, "but if you don't abide by the rules then you're not welcome in the pub.

He added that students who are caught smoking pot not only commit a crime but also an offence against the liquor licensing act which could mean that CAPS would lose its license.
All for one...

History was made at Humber last week when, for the first time, administration, labor and students banded together for a common cause.

That cause, so modest as it that united forces usually at odds with one another, is the Student Association Council's (SAC) protest against proposed government social service cutbacks (at last check totalling $2 billion).

Gary Begg, president of local 562 of the Ontario Public Service Employees Union (OPSEU) which represents faculty at Humber, lent his local's support to the SAC protest in a letter to the editor of Coven last week. That was followed by the Board of Governors voting 8-1 last Monday to oppose the cutbacks.

The Board, through Humber President Gordon Wragg, plans to send letters of protest to government leaders. They will also seek support from the other boards of governors in the province.

We urge BOG to take stronger action against the chilling prospect of massive post-secondary cutbacks. After all, any reduction in funding will make one of the board's major jobs—that of securing adequate money to run the college—a lot tougher. And while we understand the board's hands are tied, since they can't 'bite (too hard) the hand that feeds them,' we wonder if they comprehend the severity of the situation.

The proposed cuts are unlikely to be a Machiavellian scheme designed to prepare the public for less severe cuts. They could easily become reality, which could mean the demise of Humber as we know it today.

Perhaps stronger action, such as organizing the directors of Ontario's Colleges for a well-planned assault against the cutbacks, is an appropriate one for them to consider.

In any event, it's nice to see all facets of Humber agreeing on a topic. It's just unfortunate that it takes so frightening an act to unite them.

Marooned

Mississauga Transit, in an apparent effort to prove no-one holds the monopoly on kicking sand in the little guy's face, has decided to severely limit its Humber bus routes, thus leaving many students without efficient transportation.

The Mississauga bus company, seemingly trying to match the infamous TTC arrogance, has in effect decreed, thou shalt leave the college by 6:15 p.m., thou shalt not take the bus to college on Saturday, and if thou doth not like it, thou art free to find another way to transport thyself.

Unfortunately, many students who lacked the foresight to see the bus company's vacillating ways and took up residence in Mississauga, are often not permitted the luxury of keeping regular hours on weekdays, and must frequently work on weekends—a condition possibly alien to the bus bureaucrats who scratch out students with the stroke of a pencil.

Adding insult to injury, transit officials seek to justify their actions by citing surveys done last May and June, showing low ridership on the affected routes.

One might just as easily—and fallaciously—'prove' lack of need for daytime buses by skulking into the night in the wee hours, like a guilty cat, and observing few riders.

The company's action of taking surveys during the spring and summer low-ridership periods to bolster a decision affecting bus routes during peak school periods, smacks of a deliberate attempt to collect only data supporting a decision already made.

Letters

I wish to clarify the impression left by the article on the special tables developed by the Humber Design students, John Toppan and Ted Martello.

These students, who designed and built the tables, spent many hours of their own personal time working on this project as a service to Humber Developmental Centre and our children. The staff at the Centre feel they should be commended for their time and talents on this special project.

The tables have already demonstrated their versatility and adaptability in their usefulness to the children for whom they were designed. But adjustments will, however, be made to complement the versatility of these tables.

The article failed to mention that these students also assisted in designing and building six functional, combination shelving and bulletin board dividers that are very appealing and serviceable.

I hope in the future, articles in Coven will reflect a more accurate interpretation of interviews. It would not then be necessary to write time-consuming letters to clarify a person's position.

Eleanor Simmons Assistant Director Humber Developmental Centre

Speak Easy

by MaryLou Bernardo

I, on the other hand, am from Stouffville. Marie which coincidentally is a talented, plaguee city with a diseased reputation of being characterized by toiletless wood cabins and bears for neighbours.

The continuous jokes in which I have been subjected were barely tolerable until one day, intrigued me to wonder whether our Stouffville friends had mastered the wheel yet?

What really gets me is that each and every time someone hears about the Stouffville, the ask me how I feel Esopus is doing. Perhaps it's the city fathers who named the city "Phil's place."

People who have never been north of Georgetown visualize the Stouffville as a great northern with running streams, wooded forests, and herds of moose smoking pot.

They are disillusioned when I tell them most of the lakes are polluted with industrial chemicals, teenagers smoke the trees and we actually have telephones.

After residing in Stouffville for 17 years in the peace and tranquility of a loving, closely knit city, moving to Toronto was indeed a shock.

Watching the young ones on the subway, the sleazies on Yonge, my punk rock neighbour, and of course the ubiquitous guys who have indeed opened my eyes to what a unique city Toronto is.

But please—no more jokes about Stouffville.

Reporter's skills not developed

It is obvious that Dave Silburt's reporting skills are undeveloped.

He scratched the surface of the (wheelchair tables) story without coming close to the bottom of it.

When a good reporter comes to the conclusion that something doesn't work he should at least ask the question why. But Noooooo, Dave had to form his own conclusions.

Too bad he fell short.

The problem with the tables is not that they are underdeveloped, since they were made from a German manufacturer's specifications. The problem with these tables is the simple fact that the Developmental Centre could not afford the casters necessary to raise them to their proper height.

We are grateful that Dave took the time to take an interest in our project; too bad he missed the story.

Sincerely,
John Armstrong
On behalf of your Students Association Council

Feeble humor

SAC not only accepts, but invites constructive criticism from Humber's media.

We would like to think that the editorial cartoon published in last Monday's Coven was simply a feeble attempt at humor.

Political comment is one thing, but poor taste is another.

Sincerely,
John Toppan

Coven, an independent college newspaper, is produced twice-weekly by the students of the Journalism Department. 675-3111 ext. 513, 514

Dave Silburt ............Editor
Chris Ballard ............Managing Editor
Anne-Marie Demore ....Lakeshore Managing Editor
Tim Gall ..................Advertising Manager
Jacqueline Irving ..........Caricaturist
Geoff Spark ............Staff Supervisor
Don Stevens ............Technical Advisor

Member of the Audit Bureau of Circulation
North Campus circulation 4,000—Vol. 11, No. 16
Lakeshore circulation 1,500
Monday, November 2, 1981
Advertising deadline—Tuesday 9 a.m.
**Nurses future brighter this year**

By Judy Hughes

The future looks brighter to Humber's nursing gradi this year than it did to their predecessors a few years ago.

But now, the surplus of nurses has disappeared, leaving a growing shortage of Registered Nurses and Registered Nursing Assistants in its wake.

The glut of nurses in the job market then forced hundreds of Canadian nurses to head south of the border to look for work.

At Toronto General Hospital alone, there were more than 100 full-time nursing positions vacant.

David Allen, public relations spokesman for the hospital, says there is "most definitely" a need for qualified staff.

"The list of patients awaiting admittance to the hospital is growing longer, and in some cases elective surgery is being postponed."

"We won't admit patients if we don't have adequate staff to care for them," says Allen. "As a result, we have a number of beds closed down."

Although the deficit of nurses is bad news for people requiring hospitalization, it is providing fledgling RNs and RNAs with a broad scope of opportunities.

Humber placement co-ordinator Martha Casson says, "there are more jobs than there are nurses these days."

Although it's too early in the year to have any official figures on placement rates—the cut-off date for information on last year's graduates is Nov. 13—Casson says, "all of the graduating nurses (from last year) we've contacted have already found jobs."

Another bright spot for nursing students this year is the arbitration board's ruling on their contract. The new starting rate for Ontario nurses is $21,840 a year. On April 1, 1982, that figure will rise again to $22,800 a year.

In an effort to meet the growing demand for nurses, many Ontario hospitals are recruiting nurses through newspaper ads across Canada, in the United States, and in England.

Eleanor Fiorino, senior co-ordinator of Humber's nursing program, agrees that there are "pockets of shortages here and there."

"The program at Humber is trying to fill those pockets."

"As a matter of fact, our enrolment increased this year," says Fiorino. "We accepted 220 students this year. That figure includes students at both Osser and North campus."

If, as David Allen suggests, the nursing situation is a "cyclical thing," then recent graduates and current students should have the best opportunities of the decade.

Humber's placement figures seem to back that statement up. Says Casson: "All in all, the placement is very, very good."

---

**Accident tests love, courage of a couple**

by Monica Heussner

A tragic accident often tests not only courage, but love.

At Humber College's Keelaledale campus, there is a young Yugoslavian-born man who has had his life tested both ways.

Frank Vlasic has been a paraplegic since Sept. 12, 1977. It was on that day, while he was working as a landscaper and lifting some lumber, that the lumber slipped and fell on his back.

Frank, 28, and his wife Anne, 29, says the accident itself was hard enough to accept, but several other factors created even more stress for them.

One was the lack of direction given them by some medical personnel. For example, they were not told what effects the accident would have on their personal lives.

"There was an awful lot of things Frank and I had to learn on our own, through mistakes, the hard way," says Anne.

She had been reassured by her husband's accident. Frank spent about 18 months in hospital. He was at Sunnybrook for four months, Lyndhurst for eight and he spent three months as an outpatient.

"When Frank came home after being released from hospital, his daughter Nika was already three months old. Anne says, "seeing him sitting in a wheelchair and seeing all the other people in wheelchairs, made me wonder how did he end up here?"

Frank has also had his share of stress. He spent three months in bed after surgery. "When he had the accident everything was still green outside, but when he looked outside for the first time after three months, everything was covered with snow," Anne says.

Immediately after Frank was released from hospital, he began upgrading his studies at Keelaledale campus. He started at level 2, the equivalent to grades 7 and 8, and is now awaiting his graduation in April 1982, he says.

He does not drive his hand-controlled van to school because Workman's Compensation pays for taxi transportation.

Anne says this is probably because if Frank were to get in an accident while driving to school five days a week, Workman's Compensation would be responsible. But with a taxi, the taxi company's insurance would have to pay.

"Workman's Compensation already pays for all Frank's medical supplies, education—basically everything," she says.

Right now Frank says he isn't sure what he wants to do after he leaves Humber College. He says he's thinking of either starting a travel agency or learning accounting.

In his spare time, he plays basketball and has done some modelling—Frank can be seen in a commercial with his three-year-old daughter promoting the slogan "call us able."

He says, "If I was single, it would be different, but as I see it life just goes on. I look forward to seeing my little girl grow up."

"I can see single guys drinking and sitting in corners feeling sorry for themselves. If I was single I would probably be doing the same thing."

Frank says he was also considering participating in the Olympics for the handicapped, but couldn't because school takes up most of his time.

Anne says Frank's life has changed. "He can't go skiing, he can't play tennis, can't pick up his daughter."

"The couple have proven they have won in their test of love and courage..."
**Pub highlight corny**

by Janice Boyda

Although Humber’s ghosts and goblins didn’t appear in force to attend the Halloween Pub, Keith Walker, chairman of the United Way Committee said the turnout was as big as expected.

The fund-raising event, which featured Bob Segarini and The Professionals, managed to attract 350 people who raised $500 for the United Way campaign.

The highlight of the evening may have been a little corny, but that’s what it took to catch the eye of the judges and win first prize for the best costume. Marketing student Diane Zoladek won for her imitation of a can of Niblets corn. She received a set of Humber licencing plates and the four runners-up received hats.

The evening’s performance opened with “Comedy Insanity” staged by a group of Humber Theatre students. Walker said it was the first time the group had performed together. They donated their time to help the United Way campaign.

**Open the door to a challenging career**

The Canadian Armed Forces is looking for university and community college graduates to serve as commissioned officers in a variety of challenging technical and professional career positions with the army, navy or air force.

The Canadian Forces offers you a unique opportunity to apply your specialized technical and professional training and to develop your leadership skills. If you’re medically fit and meet our selection requirements — you qualify.

For more information, visit your nearest recruiting centre or mail this coupon. You can call collect — we’re in the Yellow Pages under Recruiting.

**Classifieds**

**For Sale:** Automatic Beaty, five-year, new motor and bearings. Harvest Gold color. Call Tim in Coven.

**Lost:** One gold hoop earring—black jade. Reward. Call Trilby, 867-1663.

**Literary Services:** Professional Literary Services: writers, researchers, academic, commercial, technical. C.S. Writing Services, 68 Bloor West West, Suite 580, Toronto, Ontario M5S 1M6. (416) 960-8432.

**Pentax X-1000 for sale. Terrific condition.** 60 mm lens and case included. $176. Call Estelle at 821-3960.


**Spinning Wheel for Sale:** $140. Also, long spinning wheel, solid wood. For men or women. $100. Phone 665-1819 or 665-1815.

FOR SALE: Four used HR 70-15 reels on Ford rims. Any reasonable offer. 624-8765.

**Classifieds**

**Reconditioned Hand Calculators:** 6 month guarantee. *Refund* $4.00. All pairs $10.00. Wed. and Thurs. only, 7-9 p.m.

FOR SALE: 1972 Plymouth Duster 3-4 cylinder, automatic trans. Asking $600 or best offer. Ext. 264 or call Kelly in the LRC.

FOR SALE: Gibson Les Paul Custom Electric Guitar with case. 4 years old. $375 or best offer. Cell Dave at 743-6627.

**House for Rent:** Three miles west of campus. Suitable for 4 students. $200 per month. Available Dec. 16. 851-2471.

**Professional Lead Vocalist:** Looking for keyboard player with experience in rhythm back-up and lead. Call Barb at 743-3898 or 299-5174.

**Deaf Fred:** Okay, how about my piece Saturday at midnight? Los Angeles. Let Christine know.

**For Sale:** Black winter coat. Warm only, $50 or best offer. Call Gina, ext. 916 or 913.

**Help Wanted:** Light carpentry installations. Will schedule around school hours two days a week. Call Marcia Eisen. DO IF YOUR SHELF 364 Redcliffe Blvd. 764-1383.

---

**The sun shines on news people**

by Bernardo Cloppa

The frolicking Argos Sunshine girls weren’t enough to distract a team of Toronto media personalities in a challenge volleyball game, held in Humber’s gym last Monday, to raise more than $500 for the United Way.

The media team won the best of three matches in the event organized by Brian Spain, a public relations certificate student, who said the media personalities and cheerleaders acted very professionally. "They put on a good show for the students," he said.

A crowd of over 300 who paid $1 admission and $20 a can of Chum radio (a graduate of Humber’s radio program), named most valuable player of the game.

The volleyball match kicked off a door-to-door United Way campaign, which included a slave auction, a car rally and a carnival day.

---

**Student Discount at the Oakville Curling Club**

For all full-time students ages 18 to 25, a $100 discount is available on the Oakville Curling Club. Visit the nearest Oakville Curling Club for more information.

---

**107 Kennedy Rd. South Brampton, Ont. 456-1763**

Page 6, Coven, Monday, November 2, 1981
**Wacky times at CAPS**

by Paul Russell

The Students Association Council will soon put some laughs into the middle of the school week, as the Lunchbag Cinema hits the screen in CAPS at noon, and Wacky Wednesdays take over the Pub at night.

Every Wednesday until the Christmas break, comedy films will be shown on the large-screen television in CAPS from noon to 1 p.m. "The films will be free, light and amusing," said SAC activity co-ordinator Sandra DiCresce. Classics such as Attack of the Killer Tomatoes and Jailhouse Rock are scheduled.

Every other week from 3 to 6 p.m., Wacky Wednesdays will take over Caps. DiCresce explained that the pubs will be "purely nonsense," and comedy will again be the order of the day. "Groovin' with Groucho" will be the theme of the first Wacky Wednesday pub on Nov. 4, which will feature Marx Brothers films and a Groucho lookalike contest.

A happy un-birthday party will follow on Nov. 18, for students whose birthdays do not fall on that day, and comedian Larry Horowitz will entertain Dec. 2.

Then on Dec. 16, a Pyramid Pub will close the semester of Wacky Wednesdays. DiCresce said students will be served beer in cans, then encouraged to test their construction ability by building pyramids.

---

**THE HAWK SHOP**

**WE'VE MOVED!**

**CLOSER TO THE ATHLETIC CENTRE.**

**DROP IN TO SEE OUR GREAT NEW LINES OF SPORT CLOTHING.**

**FREE HUMBER COLLEGE WINDOW DECAL AND BAG OF CHIPS WITH EVERY PURCHASE WHILE OUR SUPPLY LASTS.**

**STARTING TODAY!**
Sport of running jobs to the top

by Marylou Bernardo

It seems that the Wayne Gretzky and Gary Carter get phenomenal press coverage, while other sports such as cross-country running receive little or no attention at all.

But cross-country running may be the only sport as old as mankind itself. It dates back to the days when cavemen ran after their felines to catch a dinosaur for supper. ("YOU caught it. You clean it.") We've also come a long way from the days of Pacer Niemi ("the Flying Finn") who was possibly the greatest runner of the twentieth century.

Cross-country running began receiving worldwide recognition just before the turn of the century, when modern games and leagues were conceived.

People often confuse running with the term jogging. There is, however, a major difference. Cross-country running involves agressively paced running on both smooth and rough terrain. The runner must, of course, acquire a love of nature—not only for the fresh air and sunsets, but for the mucky forest paths and rendezvous with the odd bear. Bears may be a main factor in the high speed acquired by the runner, along with the trained strength and discipline, that contributes to the runner's performance.

On the 'other side of the mountain' is the avid jogger.

(Often, a jogger can be defined as an overweight person in a dingy sweatshirt, dripping with sweat, and wearing Converse basketball shoes. The slobs usually keep over after the first mile, and go home to refuel with pasta and Fig Newtons.) International skiers, swimmers and gymnasts often participate in cross-country running programs to tune up their muscles.

Runners, like most other athletes, are often victims of severe injuries, including battered knees and feet, and pulled muscles. These injuries, which can result from tackling tough terrain are also acquired from over-training and sometimes from using improper footwear.

Be a smart runner, don't run in your baseball cleats. Invest in a genuine pair of running shoes with sole side grips and heel support. Your feet will love you forever. In any case, injuries should be given immediate attention. A doctor's treatment or a relaxation break may be in order.

If the flab is getting flabbier, cross-country running will strengthen those quadriceps and firm your buttocks.

If you intend to conquer the running world, do so after your warm-up exercises. It is important to start out slowly by walking, then running short distances. Exercises can include anything from belly breathing to enchanting little numbers called backstrokes.

Professional runners may run at an average pace of 6 to 8 minutes per mile and 100 miles per week; perhaps more. Do you say that you have tried cross-country running and you have chosen to leave the sport to all barbarians who pursue it, because you're plagued with aching muscles? Even your fingernails are sore, you say? Dedication and patience not only become a reward, but a necessity at this time. It is very important to train yourself mentally, telling yourself to keep running.

Basketball to begin

By Marylou Bernardo

Intramural basketball will begin on Nov. 10 according to intramural director Frank Godfrey.

"It is important to register early since there will be a maximum of sixteen teams allowed in the league. The league is open to both staff and students. Teams will be co-ed. "The Intramural basketball leagues have been very successful in the past and next to flag football and ball hockey, it is the most popular," said Godfrey.

For those interested in participating, pick up entry forms at the Athletics office by Nov. 8.

MONEY SAVING COUPON

CHINESE FOOD

745-3513

Shanghai Restaurant and Tavern

HUMBER 27 PLAZA

106 HUMBER COLLEGE BLVD., ETOBICOKE

You get:

Chicken Chop Suey
Sweet & Sour Spare Ribs
Chicken Fried Rice
Egg Roll

Regular price per person: $3.50
Present this ad, you save: .75
YOU PAY ONLY: $2.75

or

Honk Garlic Chicken Wings
Chicken Fried Rice
Eggs

Regular price per person: $3.80
Present this ad, you save: .75
YOU PAY ONLY: $3.05

FOR DINNER

Until Nov. 30

1981