

A bomb threat sent Humber students home early on Tuesday. Rez students (below) were left without a home as rez buildings were also evacuated.



photos: Natalie Daye

Bomb scare lockout

by Michele Ho Sue

A bomb threat had students at both the North and Lakeshore Campuses packing their bags, scurrying to get into their cars or onto buses to get off school property Tuesday afternoon.

Some students had to wait up to one hour to get their car out and worried parents were running around trying to get in to pick up their children from daycare. One student got so frustrated that he drove his car on the curb and grass to get out of Humber's parking lot.

According to Rod Rork, vice-president of administration, there was a phone call around 2 p.m. by an individual threatening the safety of the school. As a result the school was evacuat-

ed and all night classes were cancelled with the rumours spreading that there was a possible bomb.

"We had our emergency team in place. They were going through their routine (and) they were covering every inch of the place," Rork said. He could not confirm any of the exact details because the matter is still under internal and police investigation.

A grounds crew worker who was monitoring the traffic for the emergency heard about the call at around 2:30 p.m.

"The person who called said it's supposed to go off between 5:30 p.m. and 6:30 p.m.," he said.

According to SAC programmer, Lisa Janssen, everyone received a message on their voicemail at residence and on both campuses telling them to evacuate the premises.

Richard Coke, the Chief Returning Officer for SAC, said although he was a passenger in a vehicle in Lot 5 and it took at least 20 minutes to leave the property.

"I think the police should have been there to block off the streets so we could evacuate. Because if there really was a bad situation then they should have had the area blocked off, that way there wouldn't be a traffic jam and we could just get out easier," Coke said.

- see Bomb threat page 2

A DAY OF REMEMBRANCE
pages 2 and 13

Proposal to ban squeegeeing in TO

PHOTO OF THE WEEK



Anna Chow, second-year Creative Photography student, made no mistake snapping this face of love, filled with smiles and contentment.

Bomb threat shakes up Humber

-cont'd from page 1

Donna Dewar, a second-year Early Childhood Education student said the bomb threat was probably a prank.

"Maybe if I was in the States I would be worried," Dewar said.

But she added it is important the school tell students more than just to leave the building, and they should be given a reason.

"A lot of people said they don't think it's real until it really happens," Dewar said. She said a

student who is upset at faculty or their mid-term marks, probably made the threat.

In his 18 years at Humber, President Robert Gordon said this is not the first time the school has received threats.

"Large institutions like this always have the potential (to be threatened), just as the subway or anything else. We judge each time we get a call like this and sometimes some are more serious than others, in which case we can't play around," Gordon said.

by Michelle Cottreau

Proposed legislation by the Ontario government could have squeegee kids swept off the streets.

If passed, the Safe Streets Act released on Nov. 2 would ban squeegeeing and aggressive panhandling on the streets.

Hal Vincent, Communications Advisor to the Attorney General, said "the Safe Streets Act aims to protect and to maintain the public's ability to use the streets and other public spaces in a safe, secure manner without being disturbed or intimidated."

The Highway Traffic Act would also be amended, making it illegal to go out on the road to stop a vehicle and offer to sell something or offer a service.

Current laws do not allow for arrest for squeegeeing or panhandling but the proposed Bill would give police the power to arrest and give the courts the ability to levy fines or jail times.

First time offenders, under the proposed Act, could face a fine up to \$500 or probation and repeat offenders could face a fine up to \$1,000, probation or imprisonment up to six months.

Inspector Randal Munroe of the Toronto Police Service said, "police officers are being asked to do something about this type of behaviour on a daily basis. The new legislation would give us additional tools when dealing with concerns about public disorder, and would help us to better serve our communities."

Not everyone supports that idea but some might agree that the proposed legislation will make Ontario's towns and cities safer.

Peter Copping, executive director of Street Kids International said the Safe Streets Act is a repressive measure.

"The main problem I have with it (the proposed Act) is it is not taking any responsibility for what is causing the problem in the first place. It's just saying 'we don't want to see it so get rid of it,'" Copping said.

Copping said the proposed Act will play well with people who don't want to deal with squeegeeing, but he said the government is not taking appropriate measures.

"A government that says we'll make it (squeegeeing) illegal and take the people doing it off of the streets is not dealing with it," Copping said.

Copping said the Act would probably drive the youth underground and worsen their situation in a lot of different ways.

Sheena Scott, executive director of Justice for Children and Youth, also said the Act would drive kids further underground.

"Squeegeeing is a step forward for youth and I think not being able to do that will send them in the wrong direction," Scott said.

Scott added, "I'm concerned that more prostitution and illegal activities will occur if this Bill is passed because I'm not sure what they will do to survive."

Scott said Justice for Children and Youth, a legal aid organization, will be trying to make submissions about flaws in the Bill.

The group would be defending a lot of the kids who would be charged, and she said there would be a lot of them.

Scott said, "I don't think the Bill would stand up to a legal challenge on a number of grounds. If things stay as they are with it, if I ask someone for a quarter on the street I could be charged too."

"Squeegeeing is a step forward for youth..."

-Sheena Scott

Scott said the government should be looking at the root cause and ways for youths to get social assistance and not letting them work is just punishing them for taking alternative measures.

"I don't think squeegeeing and panhandling are problems. Poverty and homelessness are the problems and the government needs to realize that," Scott said.

The Shout Clinic for Homeless Youth and Employment in Toronto released a report this year, called "Making Money", to bring the issue of homelessness into focus.

Their goal was to determine the needs and capacities of street youth with regards to employment.

Anna Travers, Program Director of Shout Clinic said "without viable opportunities to generate income, these youth risk spending longer and longer on the streets and, in the process, losing their health, their connections to the mainstream community and their dignity."

Travers said, "we need to consider the employability of street involved youth, then we must recognize that involvement in the street youth lifestyle is not about a choice."

"They must face the task of going through adolescent development with very weak social and economic supports," Travers added.

"Their ability to move forward—that is, to get a good education, to gain employment, to establish mature relationships—is severely compromised," Travers said.

etc. etc.

Printer troubles: SAC and Grenville negotiating contract

by Mark Bennett

Is Grenville Management and Printing faxing out of Humber College? SAC and the company have been negotiating for two months and they still have not reached an agreement.

Grenville pays SAC \$10,000 a year for the space they occupy beside the SAC office. Their three-year contract is up for renewal and SAC is seeking a rent increase but will not disclose the amount until after negotiations.

SAC President Muhammad Virk said they are in the middle of discussions and can't tell how soon they'll reach an agreement.

"We don't want Grenville to go because they provide good services for students and faculty, but what they're presently paying for rent is

below market value and we think it's time for an increase," he said.

According to Virk, SAC's budget has been cut by 28 per cent over the past three years and they need more money to provide essential services for students.

"Our main revenue is student fees, and Grenville is another source where we get some kind of revenue," Virk said.

Linda Shultz, vice-president of Grenville, said negotiations are going fine and they're looking at all the pieces.

"Our contract is up and it's just normal when a contract is up to negotiate all the terms," Shultz said.

Shannon Brice, 21, a second-year Marketing student who works part-time at Grenville along with six other students, said SAC should con-

sider a lot of things during negotiations.

"It's so convenient; if we want last minute things done to a project it's right there and the convenience goes along with the cost," she said.

"Maybe they're renting below market value, but Grenville is a business trying to make money too."

Maria Mignella, 21, a Legal Assistant program student said Grenville provides very efficient services.

"Grenville provides great service and students need a place like that on campus, so it depends on what SAC is asking for," she said. "If it's reasonable then I think they should pay the increase."

A raise in rent will likely see an increase in prices for services, but



Grenville printer may be leaving Humber.

SAC said that doesn't have to be the case.

"Our job is to protect students so we're negotiating so that whatever little increase we're asking for Grenville won't have to raise its prices," Virk said.

SAC said the rent increase will

benefit students and if Grenville decides to leave they would have to find another alternative.

"That's our space. It's not our plan but if we have to we can buy equipment and provide similar services without disrupting their contract with Humber," Virk said.

Rez phone lines busy

by Jennifer Zalitack

Rez students are furious that 24 new phone lines installed to offset access problems are still not working.

Sara Deighton, a first-year Fashion Arts student, said the phone lines in residence are ridiculous.

"You rarely hear the phone ring here because no one can get through. I don't think the new phone lines helped at all. We need more especially with people using the Internet and the phones all the time," said Deighton.

Students are having the most difficulty accessing local lines.

There will be four networks operating out of the residence. Each of those networks, called T-1s, operates 24 phone lines. All of the local calls originating from residence must go through the North Campus's seven T-1 networks before they are connected to an outside line server.

Long distance calls are routed differently. Instead of going through North Campus they are directly routed to a transformer and then on to an outside line service.

An upgrade was done to the phone lines on Oct. 29, but because of one missing part the additional 48 phone lines are still not operating.

The increase would bring the total number of local phone lines to 96.



Students get busy signals

Deighton said the problem begins usually around 5 p.m. until 12 a.m. but sometimes it starts as early as noon.

"You can't call anyone. If there was an emergency, you couldn't call out and your parents can't get through," said Deighton.

Tracie Scott, a second-year Travel and Tourism student, had a family emergency recently and wasn't reached for over an hour by her parents because the phone lines weren't working properly.

"My parents were trying to call me about a family emergency and they couldn't get through for an hour or leave me message," said Scott.

Scott ended up calling her

house from a pay phone, which she frequently does because she can't get through on her regular line, and ended up hearing the news.

To ease this problem part of one T1 network will be set aside for incoming calls only.

In a letter sent to rez students signed by Rez manager Derek Maharaj, it stated the college is continuing discussions with Bell Canada, Roger's Cable Company and other potential vendors to try to develop a cost effective solution to providing access to the internet from individual student rooms. This will likely take until February or March 2000.

A petition has been started by Rich Soufane and two of his friends for additional phone lines. So far about 350 residents have signed and they are hoping to get a lot more.

"We got frustrated so we decided to take it to another level, Soufane said. "A lot of people are mad but won't do anything. "What if we had an emergency? We can't even call 911. We thought of doing this for the well-being of everyone else," said Soufane.

In the meantime, the letter given to each student offered some helpful solutions, suggesting students should consider using the SACNET lab, or the library for research work when they need the Internet.

Evacuation woes

by Jennifer Zalitack

Humber rez students found themselves waiting in the parking lot for nearly three hours while the college was being searched for a bomb on Tuesday.

Confusion and chaos set in as students were told the residence would have to be evacuated.

Both the North and Lakeshore campuses, and the residence were evacuated. Staff and faculty were also forced to leave the premises.

Derek Maharaj, residence manager, said that they were informed to evacuate all occupants by 4:30 p.m. five minutes after the college was closed.

"At that time we pooled together all the RAs that were available and gave them a little briefing of what was happening," Maharaj said.

"They were paired up with floor masters and had to go knock on each door, open the room and make sure each occupant was notified that they had to evacuate and that they would have to leave the building for a couple of hours."

"After the full evacuation was done, we encouraged people to go over to the Woodbine Centre because we weren't sure how long it would be. And we asked them to call us from the mall to find out if everything was okay before they headed back," said Maharaj.

Blankets and chairs were provided for people who stayed to help in order to make them more comfortable during the wait.

"There was only about a dozen to two dozen people who stuck around," said Maharaj.

"We also loaned people cash if they didn't have the funds so they could have dinner. Because their bank cards were left in their rooms and obviously the cafeteria was closed," said Maharaj.

Derek said that not many students took advantage of it and only \$100 was loaned out.

"We did a full patrol and checked all the common areas ourselves here to make sure there weren't any suspicious packages or anything like that," said Maharaj.

Shannon Ransom, a second-year General Arts and Science student said she went over to a friend's apartment.

"I thought it would've lasted longer, but I'm glad it didn't, it was eventful," said Ransom.

"I thought it was bad that they didn't open up the emergency stairwells in the 'R' building. Everyone was jammed in the elevator. It was crazy," said Ransom.

The college changed its automated message saying there was an emergency on campus, worrying several parents.

"My mom was frantic when she heard it last night," said Ransom.

Evan Bare, a second-year Industrial Design student, also agreed it was bad the emergency stairwells weren't open.

"I thought it was weird that everyone had to squeeze to get out. Everyone was leaving at once," said Bare.

Maharaj said that he was glad the situation went as smoothly as it did and appreciated cooperation from students.

"We were trying to do it to ensure the safety of all our occupants, and I think it was a precaution that was necessary," said Maharaj.

etc. etc.

November 11, 1999

Humber staff and students mourn

by Seanna Murray-Neck

Students in the Funeral Services Program at Humber College attended the memorial service for Holly Gillmore and Christina Briand on Friday, Nov. 5.

Holly and Christina, first-year students in the Funeral Services Program, died in a tragic car accident while on their way to school Monday, Nov. 1.

Humber provided a bus to Welland for Funeral Services students and staff.

Classes were suspended on the day of the service to ensure faculty and students were free to attend.

"Faculty and students were well represented," said Ward Yorke, instructor in the Funeral Services Program.

There were more than 700 people who went to pay their respects at the joint service.

"It was a packed church, and



Holly Gillmore

there was standing room only," said Fran Crnkovic a guidance counsellor at Notre Dame College School, Welland, from which both girls graduated.

Crnkovic remembered the girls as being "really well liked by virtu-

ally everyone at the school in their grade."

Christina played on the high school soccer and basketball teams and she was also involved in Kaleidoscope, which is a fashion and art show.

Outside of school Christina was an accomplished skydiver and snowboarder.

Holly was very much involved in behind-the-scenes drama productions.

"She was very, very creative in that venue," Crnkovic said.

The counsellor remembered Holly as wanting to do the Funeral Services Program at Humber "almost from the word go."

She said that Holly worked really hard trying to get good science marks, and even though she was teased about it a little, she was adamant and very faithful to that career path.

"That's what she wanted to do.



Christina Briand

They were really full of life and certainly ready to be involved in anything and everything," she said.

Although the girls were from the same circle of friends it wasn't until about the last six or seven months that they became almost

inseperable.

Crnkovic speculated it was because they shared a co-op placement at the same funeral home and attended Humber that they'd become so close.

The number of former high school students, who came home from university to attend the service is indicative of the impact both girls made on the school of 1,400 students.

A friend from the Funeral Services Program at Humber College who wanted to remain nameless, said the girls had made a lasting impression on everyone in their class as well, and the "class won't be the same without them."

Ken Harrison, chair of Health Sciences at Humber, said that the students will be recognized in some way through the awards program, but nothing has been finalized yet.

Drivers confronted by carjackers in Etobicoke

by Andrew Horan

Police are continuing their investigation into a recent series of carjackings that took place in the Etobicoke/Rexdale area at the end of October.

A carjacking on Oct. 24 was the third one in a four day period and the second involving the use of a gun.

The carjacking on Oct. 24 occurred in the Comfort Inn parking lot at 420 Belfield Rd in Etobicoke.

An elderly couple suffered minor injuries after a pair of masked men confronted them when the couple pulled into the parking lot and forced them out of their car.

The car was found about three hours later less than three blocks away on Bethridge Rd. The car

had no apparent damage to it, said 23 Division's Detective Sergeant Chris White.

On Oct. 21, the driver of a vehicle traveling on Highway 27 was forced to unlock his doors by a gun wielding man when he stopped at a traffic light.

The carjacker ordered the driver to go to Highway 401 and Keele St. where he robbed the driver of \$80

and fled on foot.

In a separate incident on Oct. 22 a man was beaten, robbed, and had his car stolen after being flagged down and forced out of his car by four men. Again, the driver's injuries were minor.

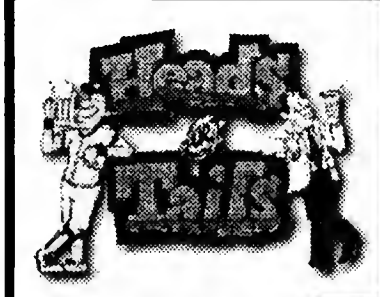
Police said the timing of the crimes was very unusual but said they do not believe they are related.

White said there are other

things that drivers can do to prevent being the victim of a carjacking besides the usual advice such as keeping car doors locked and being alert in dark areas.

"You should park in well fit spots as close to a busy area as you can," White said.

He added, "always be on the look out before you get to your car."



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Journalists visit Humber

by Brad Horn

For most journalists, putting in a good day's work does not usually result in beating, electric shock and nearly being drowned. But for two journalists from Africa their efforts resulted in exactly that.

On Wednesday, Nov. 17, Humber will play host to Mark Chavunduka and Ray Choto, two journalists from Zimbabwe who were arrested and beaten following the publication of their story about an alleged coup attempt in their country.

The presentation will be held at 9:15 a.m. in the North Campus lecture theatre. Chavunduka and Choto, winners of this year's Canadian Journalists for Free Expression award, will address issues of press freedom and obstacles of reporting from many African countries.

Both journalists will be on hand after the presentation to meet and talk with students. For more information please contact Tina Ivany, at ext. 4716.

etc. etc.

November 11, 1999

Ontario government targets OSAP cheaters

by Nicolette Beharie

Queen's Park plans to make it difficult for students to cheat on their student loans.

Ontario's Conservatives ranked cracking down on student loan cheaters to be a priority along with cutting taxes and pushing for Toronto's Olympic bid in the recent Throne Speech.

"It's a question of fairness to the overwhelming majority of students who play by the rules and don't cheat," said Kerry Delaney, communications advisor for Dianne Cunningham, Minister of Colleges and Universities.

According to Delaney, the move to target loan cheaters came after the Ministry received more than 300 letters since the beginning of this year from concerned citizens.

"We don't have a specific plan at this point, but just the fact that it was

mentioned in the Throne Speech is a signal that they will be looking into it seriously," she said.

The Ontario Student Assistant Program (OSAP) is a loan program that provides financial assistance to eligible post-secondary students. OSAP is funded both federally and provincially and was given a \$535 million budget last year.

Since January, more than 2,000 loan applicants were rejected because they provided false information on their application, said Delaney.

"The key problem is income verification," said Delaney. "One of the steps already taken is to verify the applicants' income with the Ministry of Community and Social Services to make sure that students aren't receiving benefits to which they're not entitled."

Margaret Antonides, manager of the financial aid office at Humber said she has dealt with students who cheat on their OSAP applications.

"Some students say that they don't intend to pay it back," said Antonides. "It's a very small minority, but they are the ones that make it difficult for the others."

In 1998, Ottawa declared that students couldn't file for personal bankruptcy to eliminate their debt until 10 years after graduation. In the same year, the default rate for OSAP loans at Humber was 27.5 per cent which was over the provincial average for colleges of 25.4 per cent and 12.4 per cent for universities.

Last year over 6,000 students applied for OSAP at Humber College.

Antonides agreed the OSAP guidelines should be strict, but also

said it isn't always the student's fault.

"When there is illness or death in the family, or a spouse loses a job, it's sometimes the cause of it (loan defaults)," she said. "That's when the school has a responsibility to make sure the students are aware."

"Post-secondary institutes are now required to share the cost of OSAP defaults for high default programs with the province," said Delaney. "Last year, 1998 and '99, post-secondary institutes whose loan default rate was 15 per cent above the provincial average of 23.5 per cent were required to share the default for their high default program." Next year, the rate is expected to be 10 per cent or more above the provincial average.

At Humber, Antonides is putting plans in place to help students before they get in trouble.

"I think that the big thing is that we teach them to make a budget before they get here," said Antonides. "They don't realize that it is a loan and they have to pay it back."

Students receive 60 per cent of the loan in their first semester and 40 per cent midway throughout their study period.

The Ministry requires colleges and universities to monitor students' academic progress. Students must achieve passing grades in at least 60 per cent of a full course load, maintain sufficient attendance, and show a clear career direction by not switching programs frequently.

"I think they should have good control over it (OSAP) and have guidelines," said Antonides.

"I think they're doing a better job than a few years ago."



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etc. etc.

November 11, 1999



"No front desk, no 911, no dial tone?"
The benefits of living in residence

OSAP cheaters=losers

Students who truly deserve OSAP loans are getting unfairly screwed by those who falsify their loan applications.

The government is cracking down on people who are defaulting on loan payments and declaring bankruptcy to get out of paying altogether. They shouldn't have to.

People who cheat on OSAP applications are selfish and shouldn't get the loan in the first place, especially if they have no intention of paying it back.

Meanwhile, honest people are getting the raw end of the deal. There's only so many loans to go around. If people lie just to get one, it means that someone else who is more deserving of the money won't get it, because the more needy will be considered first.

We live in a land of opportunity, but what good is it if it's ignored?

Sure, you may feel you're a rebel by not paying your loan. You may think you're fighting the system. In reality, you're just a loser.

It's this kind of greed and dishonesty that has turned society into what it is today; the have and have-not lifestyle.

It's the "who cares?" mentality that so many of us have adopted that makes life a little harder on everyone else.

But you can do something about it. There's a wide variety of assistance programs to help you pay.

We should be grateful for what we have instead of bitter for what we don't.

If we could just set aside our wants and consider other people's needs, not only would the OSAP issue be settled, but we would also be stepping in the right direction for our society.

Take two minutes to remember

We must remember.

Did you know that each year contains 524,160 minutes? Remember that Remembrance Day only happens once a year, and that the minimum amount of time required this year is two minutes to stop and think about war, about peace, about why we live the life we do today.

This year, at the eleventh hour on Nov 11, there must be silence. That is the goal. It shouldn't have to be such a battle to get the country to stop in silence. It isn't the hardest thing to do, yet it isn't taken seriously by many people.

We must know that if we do not remember, the sacrifice of those 100,000 Canadian lives will be meaningless. They died for us, for their homes and families and friends, and for a future they believed in. They died for Canada. Our future is their monument.

These wars touched the lives of many Canadians of all ages, races, and social classes. People were killed, and some were wounded in action. Many of the people who returned from war were never the same again. The people who stayed in Canada served as well, in factories, in voluntary service organizations, or wherever they were needed.

For many of us, war is a phenomenon viewed on television. The only memorabilia we may have is in the family attic, and still doesn't have the same meaning for us that it does for our grandparents. Most college students were born during peacetime, and all wars appear to be far removed from our

daily activities.

Canadians take for granted our current way of life; our freedom to participate in cultural and political events, and our right to live under a government of our choice.

There are records that tell of specific campaigns and battles and of many individual acts of courage, which turned the tide of war. Skillful strategies are noted, as well as great leadership. All of this must be remembered.

Wearing a poppy will also display your commitment to remembering. The donations you make when you receive a poppy help ex-servicemen and women and their families with shelter or housing and or even schooling for their children or grandchildren as burials are granted.

This year, the Royal Canadian Legion wants to accomplish a wave of silence across the country for just two minutes. It is done within a shorter time at a baseball game, therefore it can be done on Nov. 11.

Two minutes is a short time, and there are no excuses.

We must remember their service and their sacrifice, and the tradition of freedom they fought to preserve.

These men and women had faith in the future, and their actions now allow us to preserve peace.

Those who do not remember the past are condemned to repeat it.

We must remember.

Letters to the editors

I am writing this letter concerning your October 28 article titled "Seeing Alex." The story talks about Alex Carranza's death, and the spiritual journey of his mother. Alex was my high school friend, and after reading the article I was angry and disappointed by how the story was covered so I felt compelled to respond. When I first learned that he was mentioned in the Et Cetera newspaper, I was looking forward to reading the article, but soon after, it appeared to me that the story was lacking a few key elements in content. If the story was going to be covered at all, it should have been covered with the same respect Et Cetera has shown other tragedies. First of all I would like to point out the placement of the article, which I found in the Halloween section. His death is a not Halloween tale like one of the episodes of "Are you afraid of the Dark" or a new ad for Scream3! On the contrary, it concerns a real person's life and it should have been respected and covered in a proper manner. It looked as if someone merely came up with a story to give students chills down their spines.

None of the private parts of his life were covered in the story such as what he liked to do in his spare time or what high school he went to, etc. Other Humber students, whose lives were struck by tragedy in the last few months were given a proper tribute, why wasn't Alex? He, too was a student at Humber enrolled in Legal Assistance Program, and so I take upon myself to share a little bit of what kind of a person he was.

We met in Grade 12 at Father Michael Goetz S.S.. Alex was truly an amazing person, full of life and someone who possessed a great sense of humour. I rarely saw him without a smile on his face. I met him in our music theatre class. A couple of classes later on the first day of

school, I found him to be in my spanish class, this time along with his sister Millie. Both of them showed tremendous respect and love for one another.

I also remember the day he was assigned the role of Joseph in the musical Joseph and the Amazing Technicolor Dreamcoat. In the playbill of our Grade 12 musical theatre production, Alex's performance was summed up as "A Grade 12 student that knows where his life is going. An ambitious person whose dream is to become a lawyer or a pshychologist. Alex can be described as a determined individual who gets things done. He is also very giving and understanding, as well as loveable and loyal as a friend." He was larger than life in a true sense. May his soul rest in peace, we all miss you Alex!

Sylvia Czepiec
Public Relations 1st year

I want to tell you how much I enjoyed your centre-fold on the history of Humber College. However, I have to disagree with the statement attributed to Walt McDayer "the attitude among faculty is one of survival, rather than innovation." Classroom teaching has always been challenging. It is even more so now with the stresses and changes that are taking place in society and with the new knowledge we are gaining about the learning process. There may be a few for whom survival is all encompassing but I know many faculty who are interested, enthusiastic and innovative - the innovations are one of the reasons I continue to think of Humber as a great college. Innovation by faculty has not disappeared.

Ruth McLean
Chair, Centres for Learner Support

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etc. etc.

November 11, 1999

We're on the brink of a revolution

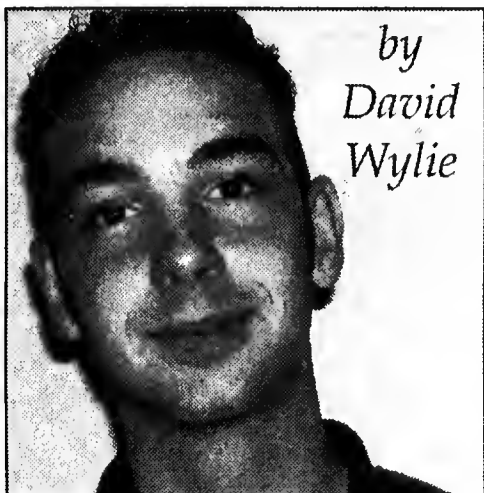
An article published in last week's Et Cetera (Environment not people's priority) insinuated that environmentalism has been moved to the backburner.

I argue that the spirit of environmentalism is alive and well; in fact, I would say the world is on the brink of an environmental revolution.

Clean, efficient energy and environmentally sensitive buying habits are being integrated into our lifestyle.

As I write this, a plan is unfolding that will alter the Nature Centre in the Humber Arboretum into a showcase facility for environmental friendliness. Amongst other important renovations, wind and solar power are being considered.

For some time, Greenpeace has been heading a campaign encouraging the mass-production of solar panels, making it considerably cheaper to become a solar pioneer. Anyone can take the initiative and go solar. Any city could soon become



by
David Wylie

a solar city.

The Voluntary Challenge and Registry Inc. (VCR) has persuaded over 900 businesses, plus the federal, and all levels of provincial government to limit their greenhouse gas emissions as 75 per cent of Canada's business and industrial potential for greenhouse gas emissions

has committed itself to reducing GHG's.

Conservation is also gaining momentum on the community level.

Stretches of parkland where locals participate and advocate its re-naturalization and conservation are dotting the map. These projects are dubbed "Community Action Sites" because of the extensive community involvement.

For some time, young people have been exposed to massive awareness campaigns focusing on the depletion of the environment, and most of the youth that I have met in my travels are both environmentally aware and conservation minded.

Cars powered by fuel cells that produce only water as a by-product are available and should soon be mass-produced.

Environmentally friendly products are lining store shelves.

The next step is altering the purchasing habits of the consumer, and soon environmentally conscious youth will compose the majority of shoppers.

The power to change resides in numbers, and one common theme attached to each of these conservation projects is partnership. Organizations have come together to make the protection of the environment, not only a priority, but a successful and continuing endeavor.

I have encountered many exceptionally dedicated, passionate people, and each could speak endlessly about our natural habitat and ways of improving it.

Power is not only measured in support and awareness, but in dollars as well.

And in order to instill any change environmentally or otherwise, money has to be put on the table. In most cases, investment into cleaner and more efficient energy and products will save you money.

Through partnerships and investment we can restore our planet to a healthy state. The reasons to join the revolution are numerous, the reasons not to, are non-existent.

David is a tree-hugger

Ignorantly selling our environmental souls to industry

Would you want your neighbours dumping their garbage in your backyard? Your tulips sprouting from a cesspool of chemical waste?

No, probably not. Me neither. I have, however, seen a sprinkling of soggy old cigarette butts on my lawn, no doubt flicked there over the fence from my next door neighbour's fingers, and I'm not about to care.

But I did recently read an article in the Toronto Star that left me phenomenally disturbed, and so numb with anger and disbelief that I was unable to think of much else for the rest of the day. And, obviously, I'm still thinking about it.

Every day, our neighbour, our big bully brother, is sopping up his toxic waste and wringing it out in our province.

I always knew we as a species have been collectively damaging this planet since we first called it our own. But I had a narrow slice of (perhaps unbecoming) faith reserved in hopes that we would smarten up as we evolved.

Really.

According to the Canadian Institute for Environmental Law and Policy, a Toronto-based environmental watchdog, imports of hazardous waste almost exclusively from the U.S. have increased every year for most of this decade, at about 288,000 tonnes in 1998, compared with 56,000 tonnes in 1993.

Our loonie (no, not Mike Harris) makes Ontario an attractive trough to U.S. states

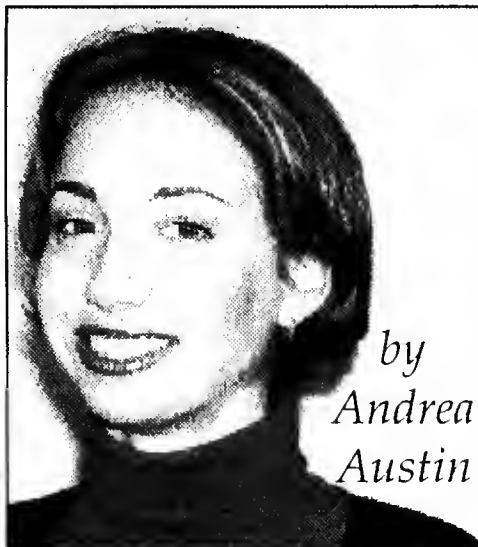
looking for a cheap place to dump their buckets of toxic slop. Can't you just hear the "sooooweeee" calls? They're not coming from a place too far away. Indeed, they're coming from Sarnia, where such glow-in-the-dark wastes as lead and cadmium and industrial sludge laced with chlorine-based chemicals are sent. The Sarnia dump is the only one in Ontario built to handle toxic waste.

Although the Yankees are coming, we here in "wash our hands of it and it's gone" Ontario are as much to blame for our environmental sin. We managed to produce 2.1 million tonnes of toxic waste in 1997, an increase from 1.4 million tonnes in 1994.

How does this happen? We are now supposedly more knowledgeable and environmentally aware than we were when our fridges had veins of freon and our Nanas sprayed their hair stiff with aerosol cans. We are the proud citizens of a country boasting such breathtaking loveliness as the Canadian Shield and the B.C. temperate rainforests.

And still we poison ourselves, and that which really isn't ours to poison. We might pretend we are the only animals that matter, but we are on the bottom of the evolutionary chain when it comes to inherent stupidity. Baby birds learn to shit outside of their nests so they don't have to lie in it. We seem content to shit not only in our own nest, but also in the nests of those we share this planet with.

This stupidity is, in part, the fault of our other loony (yes, Mike Harris). He and his



by
Andrea Austin

Progressive Conservatives have lived up to their name, progressively ruining our province while conserving all "benefits" of this destruction for themselves (PC party members, including businesses, and other private and public sector supporters).

Ontario's Environment and the Common Sense Revolution, the most recent report from the Canadian Institute for Environmental Law and Policy, examines the impact the PC government has had on environmental protection. Here is a quote from the report:

"The four years following the election (in 1995) witnessed a dismantling of environmental laws and institutions without precedent in the province's history... Over the past

four years, the province has sought to block, with varying degrees of success, national initiatives on acid rain, smog, the sulphur content of gasoline and climate change."

Cuts to staff, budget, and deregulation in the environment and natural resource ministries amplify the problem. But we live in a democracy. We too are to blame. Elected by the people for the people, the government is not breaking any laws. If we don't do anything to oppose what they do, we support it.

In my mind however, they are breaking the law, and we are for letting them. What law you ask? The law of common sense. The law that says "don't drink the same water you just washed your dishes with." You know, the same thing that tells you not to let your neighbours pour varnish on your tulips. That thing that prevents you from doing it yourself.

So why are we, in effect, dumping a whole lot of varnish on our flowers and inviting our neighbours to join in?

Perhaps because "environmentalism" introduced almost as a fad in the early '90s (remember the return of Birkenstocks, friendship bracelets, tree planting, and tie-dye?) has been replaced by the "tax cuts put money in my pocket" individualism over responsibility fad of the present. I've become increasingly worried this is more a societal philosophy than a fad.

Andrea is a second-year Journalism student

etc. etc.

There's more than one campus?

The 'big city' and the cottages by the lake will soon have one SAC and one budget, but to students, another campus may as well be an exotic land or another planet...

by Katherine Jackson

It may come as a surprise to some that Humber has two campuses. The North campus is the bigger and more recognized campus, housing more than 10,000 full and part-time students.

Lakeshore doesn't look like a college campus at first glance. Stepping off the bus and into an orchard isn't what most students expect on their first day of school, yet the scenery is one of many benefits of being a student there.

Lakeshore offers a variety of programs, including music and theatre, that aren't provided at North. Some classes are held in historic cottages that have quite an interesting background.

According to Ian Smith, associate principal at Lakeshore, the original property became part of Humber College in the late 1960s. He said the main building was already there and the school needed more space.

"That used to be the Lakeshore teacher's college," said Smith. "It became available because the teacher's colleges amalgamated."

The cottages became part of the Lakeshore campus in the early '90s. Smith said the school needed something nearby, and the government wanted the cottages to be used because they were a historical site. The buildings had been abandoned for 10 years and required renovations.

The students at Lakeshore like the cottages and the atmosphere they provide. Matthew Larocque, a first-year Financial Services student, said he likes the fact that the campus is small.

"It's intimate," he said.

Caroline Greening, a third-year student in the Child and Youth worker program agrees.

"It's much smaller, and easier to find where you're going."

Margaret Ozel, SAC vice-president at Lakeshore, said she would never give up her position at Lakeshore.

"To be honest with you, the first time I walked through these doors, I felt like (I was) in jail. But within the first week I loved it here. It's such a small school. It's like my old high school," she said. "If someone gave me \$1,000 to go to North I couldn't, because it's so big."

Ozel said with the upcoming SAC amalgamation, members have been trying to work together as a team. Members from both SAC North and Lakeshore went on retreats to get to know each other, and to see how SAC works together, she said.

"I guess because Lakeshore's very small, because we're part-time employees and full-time students, it's very hard for us to be here all the time, whereas the president of North is there all the time. But, we get to see all the students, and we know them. It's kind of like a community," she said.

North SAC President Muhammad Virk described the North campus as a big city. "It's like a city. (Lakeshore is) more community based and we are a professional big city," he said.

Virk said communication between the two campuses is one of the reasons the two SAC vtrf's are amalgamating in May 2000.

"You could say last year there was no communication. We were functioning separately (as) a totally separate body."

Virk said they are working on this aspect now, and are trying to give the idea that there is one SAC.

"Don't think that we are two separate student councils or

we are from different colleges. We are representing one college. We have the same concerns. There is the same administration."

North SAC vice-president Chuck Decker agreed the attitude at North is that of a big city.

"Most of the stuff down at Lakeshore is closer knit," he said.

Besides the fact he has a bigger office, Decker noted some other benefits of being at the bigger campus.

"There're more people. You're out more, you see more people. That's a benefit that I like. Down there, you probably don't see as many people. They're in a corner. It's harder to find them if you don't know where you're going," he said.

Being the VP at North means having a little more to work with, said Decker.

"(We) can do a bit more programming for SAC and Caps. Down there, they don't have a pub."

Decker said the major difference between the two campuses is attitude.

"It's a smaller school, and when you're at a smaller school, your attitude is different. North is its own city. Up here is a totally big city attitude."

a quick comparison...

NORTH CAMPUS

- Caps
- Pool
- Residence
- Daycare on premises
- Arboretum
- Games Room/Arcade
- Grenville printing centre
- Housing board and website housing info
- 'Big city' feel
- Computer store
- Athletics Centre
- 9,691 full-time students
- 98/99 total SAC expenses \$627,560.98

LAKESHORE CAMPUS

- Music Department
- Theatre and music performances
- Cottages for classrooms
- Humber Theatre
- Smaller intimate community
- Mental Institution history
- Teacher's College history
- Tunnels
- Gymnasium
- Everything's small
- Coffee wagons throughout cottages
- 2,048 full-time students
- 98/99 total SAC expenses \$153,458.18

There's stuff going on: what do you know about Humber's other campus?



"They have better facilities."

Lakeshore student, Christine Micallef



"You need to take the bus to get there."

North student, Frank Crawford



"It's big and they have a pub."

Lakeshore student, Paulo Lablanche



"It's ugly and it's small."

North student, Colin Geary



"That's where half our money goes."

Lakeshore student, Vanessa Jankowski



"Nothing at all."

North student, Sean Armstrong

etc. etc.

Kids get homework on working

Grade nine students get a taste of their parent's working world



by Saadia Hussain

Dreams can come true, as was proven by Grade Nine student Darryl Twiddy on Nov. 3.

He came to Humber with his mother, Karen Twiddy, and "went on air" on Humber's radio station. Darryl said he is "hoping to get into journalism or something," particularly sports radio.

After giving Darryl a tour of the SAC office, where she works, Twiddy took him to spend some time at the radio station as a surprise.

"He was all excited when he came back," said Twiddy.

Grade Nine students go to work with a parent, aunt, uncle, or tag along with a friend on Take Your Child to Work Day. The student was required to fill out a form with the name and position of the person he went to work with, why the person chose the field he did, what sorts of things the person does, and so on.

Nancy Larin, advertising manager for the Humber Et Cetera, brought daughter Janice Anstie and friend Sarah Di Luccio. They "went out on sales calls (with Larin) to make sure that the customers are happy with the

product," said Anstie.

Having a Take Your Child to Work Day is "a good idea because you get to see how things are done," even though you might not necessarily go into the same field, said Di Luccio.

"Grade Nine is a good time because that's the time people are looking or thinking about a job," said Anstie.

"Grade Eight is probably too early, because people think that they've a lot of time," said Di Luccio.

College is "different than high school - how they (the students) work," said Anstie. There is "more freedom. The course is looked at more as a career. In high school, you sit and listen to the teacher more. In college, it's more hands on."

Cynthia Wilson, an Applied Arts and Technology teacher brought her daughter Rachelle to work with her. She is "hoping to show her (daughter) what it's like . . . what kinds of jobs are available in a college setting."

When asked why she chose to come here instead of somewhere else, Rachelle said, "Because my mom has a more interesting job than my dad."

Diverse population gets a little cultured

by Amber Truelove

Humber students will get a chance to experience diversity during Cultures Week.

Originally planned for the week of Nov. 5, Cultures Week has been moved to the week of Nov. 29.

SAC vice-president Chuck Decker said, "Our population is so diverse we feel that we need to promote our cultural diversity. The easiest way to do it is to have a cultures fair."

The aim of Cultures Week is to get students involved in the various

cultures in Humber College.

"It's basically a week of events to promote different cultures," said Decker. There will be food sampling, dancing and music throughout the week.

Some of Humber's clubs will also be involved in the week's activities.

"It's a way for them to promote themselves," said Decker.

Any students interested in participating in Cultures Week can drop by the SAC office and talk to either SAC vice-president Chuck Decker, or Lise Janssen, leadership and programs coordinator.

DID YOU KNOW?
Lakeshore used to be a Mental Institution. The cottage buildings at Lakeshore were part of a teacher's college until the late '60s. There are tunnels running underneath the Lakeshore campus, but most were destroyed during the construction taking place there. Humber College and the Director's Guild of Canada paired up to deliver courses to its members in the film industry. North and Lakeshore SAC are amalgamating to form one SAC in May 2000. The SAC VP at North may have a bigger office, but the SAC VP at Lakeshore has a couch.
- That the construction at Lakeshore is expected to be complete in late spring 2000.
- That Police Academy One was filmed at the Lakeshore campus.

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etc. etc.

Humber author promotes new book

Wayson Choy's new book an exploration to preserve a history

by Gillian Clair

The next time you walk down Humber College's hallways, you just might rub shoulders with someone famous. Humber College not only produces successful students, it also houses a few renowned authors. One of these authors is novelist and teacher, Wayson Choy.

Winner of the Trillium Book Award for his first novel, *The Jade Peony*, Choy has been teaching English at Humber College since 1967 and is a member of the Humber School for Writers. Both *The Jade Peony* and his new book, *Paper Shadows*, are centered on a child's life in Chinatown. Released in September of this year, *Paper Shadows* is a haunting book full of answers and unanswered questions to the mysteries and secrets of Choy's life as a child.

Paper Shadows began in Vancouver. Choy was promoting his first novel when he received a phone call from an unknown woman. Nineteen years after his mother's death, Choy was startled to hear the caller claim she saw his mother on a streetcar that day. He would realize this call would not only be the start of his next work of literature but would also start revealing many hidden secrets of his personal life.

"I chose this title because the book is about paper secrets—shadows of the reality," Choy explained.

"It dawned on me that when I did the research, the certificates, names and dates were all different—they were shadows on paper."

Paper Shadows is an invitation to discover

er hauntingly true stories of secrets revealed, mysteries uncovered and past memories relived. Born in Vancouver in 1939, Choy, nicknamed "Sunny" as a boy because of his sunny disposition, recalls how easy it is to grow up 'as you're told to.'

"As you grow up, you believe what you're told and you don't question," Choy said. "We co-operate with what we don't talk about — one day you're going to want to find out why."

Paper Shadows explores Choy's feelings of discovering his now-deceased parents were not his 'real' parents. Throughout the 256 pages of this book, the reader is taken on a mysterious route of discovery as the author recalls dark and foggy memories from his childhood.

Choy discovered he was adopted three weeks before his 57th birthday.

"I thought I was writing fiction," Sonny said. "Somewhere, in some level of my head I guess I knew. It's exciting really look at life more closely."

Choy said after he wrote his second book, he saw things a little differently.

"I see more thoughtfully," Choy said.

As a teacher, discovering the truth about his parents and his life has helped him realize the importance of his students' stories.

"Human nature is complex," Choy said.

"If we don't tell our stories, we have not left anything from ourselves. Explore that history."

"Without passing your stories on to your next

generation, there will be no history." He said if there is no history, then our families, and all the treasures and secrets within, will become "homogenized" by companies like Walt Disney.

He advises people to look closely at everything: find the treasures, mysteries and intangible fortune in family.

"Learn to focus on observing human behavior," he said. "There were a lot of unspoken parts of my family history."

Choy said the process of writing *Paper Shadows* "was heart-rending."

Although he discovered he hadn't been raised by his 'real' parents, Choy said the love he feels for his adoptive parents has not changed.

"Your relatives are at one end of the rainbow and you're at the other end," Choy explained. "Be aware of it — I grew up thinking my parents were ordinary when in fact, they were extraordinary."

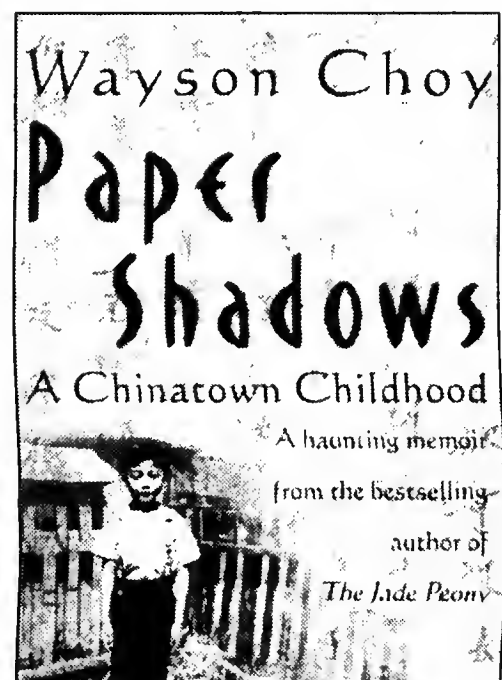
He pointed out when you live so closely to the ones you love, such as your parents, you don't realize how special they are.

Choy's third book, *Ten Thousand Things*, the sequel to *The Jade Peony*, is presently in the making. Choy guessed it should be out by 2001, and he said his fingers are crossed.

Choy will read at Humber in February or March. Before then, he will appear in

Pittsburgh, Montreal, Port Hope, Centennial, and Waterloo in support of his new book. Portions of *Paper Shadows* have appeared in the *Globe and Mail*, *Icon Magazine*, *Writing Home*, *A Pen Canada Anthology* and the *Vancouver Institute Anthology: An Experiment in Public Education*.

"Writing is a craft," he said. "Once you get the pieces together you can work with it."



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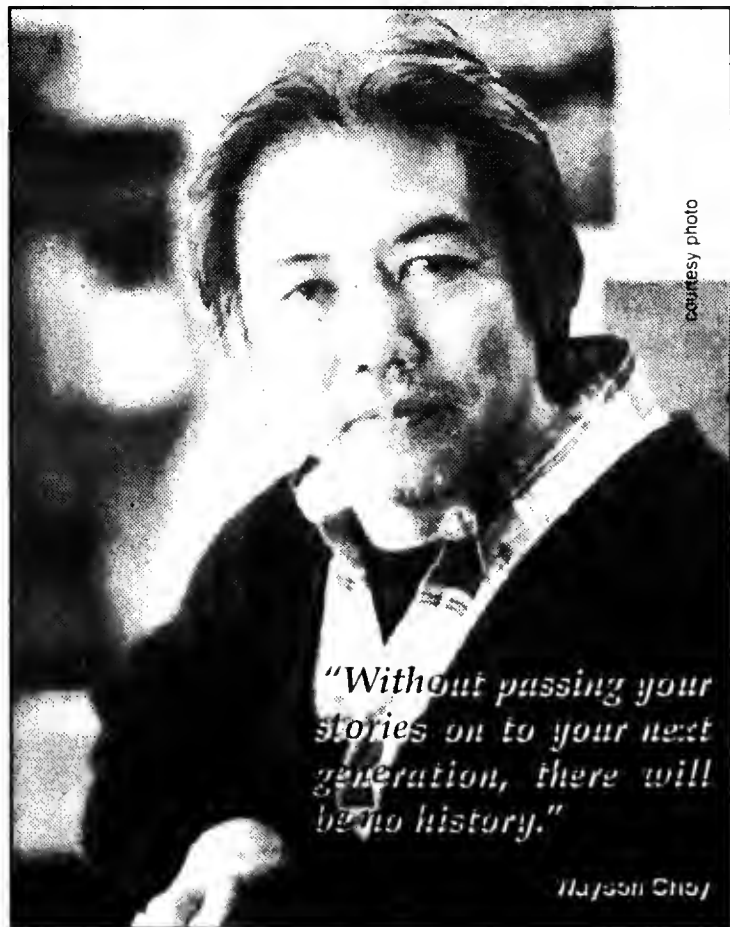
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etc. etc.

November 11, 1999



To you from failing arms we thro

Remember more

by Leah DiGirolamo

At 11 a.m. on Nov. 11 we stand in silence to remember the brave men and women who fought and died to make our country a peaceful one.

Bert Hogg, from Brampton, is a WWII veteran. Being a stretcher bearer in the war his job was to take care of the injured soldiers and, if they died, to temporarily bury them.

"I remember seeing one of my friends in gunfire thinking you gotta shoot them before they shoot you," Hogg said.

Students need the lessons they can learn from veterans like Hogg to make their Remembrance Day meaningful.

Humber College will hold a Remembrance Day ceremony in the Concourse on Thursday, Nov. 11 at 10:45 a.m.

Lakeshore campus also has a ceremony which will be held in room B 117 at the same time.

Hogg was only 15 when he joined the army in 1938 never expecting a war to break out. In 1939 he trained at Camp Niagara, then in September war began.

"There was a war in my family also because there wasn't going to be a 16-year-old boy sent to war," but Hogg said he was never afraid.

Jan. 27, 1939 Hogg boarded a train to Halifax and sailed to England to finish his training for the war.

Hogg learned how to use weapons including a machine gun just in case "worse came to worst," Hogg said.

"We had good men on our side and the good lord," Hogg said.

In Belgium he remembers having to knock on doors to ask if he could sleep in locals houses. Since there were no other doctors, he had to help the community as much as possible.

The family that allowed him to stay with them had a little boy. While Hogg was staying with them the little boy broke

his leg. There were no doctors so he had to fix the little boy's leg.

He still writes to the family and now the boy has grown and became a businessman.

Hogg worked for five days in the field, after that he could go to a rest area, which was only half a mile away from the front. Here he and other soldiers would clean guns, tanks and his medical tools.

Hogg was engaged to be married before he went to the war.

When he returned five and a half years later, he was married and is still married 55 years later.

Bill Poland is the past president of the Royal Canadian Legion and has been a member since 1966.

During WWII, Poland lived in Liverpool, England, which was an area that experienced a lot of damage during bombing raids.

"I remember children running around with gas masks on," Poland said, who was only 4 or 5 at the time.

Every year the Royal Canadian Legion has poppy week from Nov. 2 to Nov. 11. Events include a dinner and dance for the veterans, a parade and a sunrise service.

"Many people's parents and grandparents fought in a war and died to give them a safe place to live," Poland said.

More than 1.7 million Canadians volunteered to fight in the five major wars, and thousands more have served their nation as peacekeepers.

In total 116,000 Canadians have given their lives in the search for freedom and the pursuit of peace.

As the veterans of the World Wars and the Korean War grow fewer, there is a danger that the remembrance of those who gave their lives will fade as we enter the 21st Century.

Poland said there are currently 350,000 people in the armed forces and the militia who will not let Remembrance Day be forgotten.

Brother

These mist covered mountains
Are a home now for me
But my home is the lowlands
And always will be
Some day you'll return to

Your valley and your home
And you'll be happy to
To be brothers in arm

Through these fields of destruction
Baptism of fire
I've watched all your suffering
As the battles raged higher
And though they did hurt me so bad
In the fear and alarm

You did not desert me



Lest v

Fifty-five years ago World War II ended. Soldiers returned home to the arms of their loved ones,

POW's were released from prisons across Europe, and the Jews were set free. This day in history not only opened the doors of the tens thousands of prisons in the war ravaged countries, but it opened the eyes of people worldwide to the atrocities committed inside those walls. Six million Jews were killed by Hitler and his SS troops in their quest for global domination and Aryan supremacy. Hundreds of thousands of soldiers died on both sides defending what they believed to be right and good. As we're all aware the allies won and the victory ushered in the free world we now live in and love.



the torch; be yours to hold it high



n arms

My brothers in arms

There's so many different worlds
 So many different suns
 And we have just one world
 Now the sun's gone to hell
 And the moon's riding high
 Let me bid you farewell
 Every man has to die
 But it's written in the starlight
 And every line on your palm
 We're fools to make war
 On our brothers in arms

- Dire Straits



Feel the music

by Michael Stamon

What is Remembrance Day? It means many different things to many different people.

Well, I have a special attachment to this day. Seven years ago my high school music teacher asked me, no, let me change that, told me that I had to play 'Last Post' (that Remembrance Day song), on my trumpet, at an elementary school near my high school. I reluctantly agreed even though my stomach had one million butterflies flying around. I thought I was just going to have to play it over the public address system, just like it was done when I was in elementary school.

Two and a half weeks before I had to play, I called up the principal and asked her exactly what I had to do. She said she wanted me to dress appropriately because everyone was going to see me while I played. As you can guess, this newfound point of order didn't ease my already severe case of nerves - it just made them a hell of a lot worse.

On Nov. 11, at 10:00 a.m., I walked into the school looking like a giant in front of all of these small elementary school kids. I was sent to the library to set up and practice before it was show time. At 10:45, the principal came to get me. I was then escorted onto the stage and told to sit in a chair that could barely fit my butt, not to mention the rest of me. The kids from the school went, on with the rest of the ceremony, like 'Flanders Fields' and 'Where Have All The Flowers Gone,' and at 10:59 it was time for my performance.

The caretaker set up my stand with music in place, in the centre of the stage, and I slowly walked up to it. I placed my trumpet to my lips and played 'Last Post.' After finishing 'Last Post' and 'Reveille,' the school had a minute of silence. The last part of the ceremony was the laying of the wreath, and when that was done, I walked off the stage and let out a huge sigh of relief.

After packing up my trumpet, I walked into the lobby to see the principal. She approached me, shook my hand and handed me an envelope. I thanked her for having me and told her I would gladly be back again next year.

While opening the envelope, I headed out-

side. The envelope had \$30 and a card thanking me for my performance. I stopped dead in my tracks. I headed back inside and proceeded to track her down. I told her I couldn't accept the money and offered it back. She insisted I take it and wouldn't take no for an answer. So, I reluctantly did. I thanked her again and tried to walk out the front doors for the second time of the afternoon. I stopped when someone tapped me on the shoulder. I turned to stare right into the blue eyes of an older gentleman who was wearing an army uniform with tears welling up in his eyes. He was a war veteran from World War II.

He spoke softly to me and said, "Son, that was the best I have ever heard Last Post played and while you were playing it, it brought back a lot of very fond memories of my friends who are either here or gone. So, thank you very much for making this Remembrance Day extra special."

I looked at the man, shook his hand for a long while, smiled at him while my eyes welled up with tears, and handed him the envelope with the money and I said to him, "Please give this to someone who really needs it."

I then turned and walked out the door. Halfway back to my high school I stopped and thought about what just happened. I was deeply touched by that man's comments and realized that was one of the greatest moments in my life.

That was my first year in high school when I performed for Remembrance Day and it certainly wasn't my last.

I performed again for that school the very next year and for the rest of my high school career. When I left high school and came to Humber, my music teacher thought I wouldn't play there, or anywhere ever again.

But, last year, in September, I called up the principal and asked her if I could play again for her Remembrance Day ceremony.

She enthusiastically agreed and I did it for the sixth consecutive year.

This year, I am proud to say I will be performing again for the seventh year in a row.

My final message to everyone is, please take a few moments to pay your respects to the men and women who have died for us, and the ones like the veteran I met, who are still with us.

orget

This world did not come without a price though, and in memory of the people who fought and died to create it, we promised them to never let it happen again. We've broken that promise, at least twice, already. Once when millions of Africans were slaughtered in Rwanda, and in Bosnia where tens of thousands were slaughtered again, for their religious beliefs. This Remembrance Day along with remembering all the men and women who fought and died in our great wars we should remember that promise we made. Not only on Nov. 11 but in everything we do on a daily basis. I think that's the most important thing we can do in their memory.



Grade 10 students going up in smoke

by *Andrea Austin*

Smoking weed has taken a leap in popularity among high school students, according to a Health Canada study.

Over a period of eight years, more than 40 per cent of students in grade 10 surveyed in the Trends in the Health of Canadian Youth study had toked during the past year, compared to about 25 per cent in 1990.

"Every generation goes through a cycle of what is almost a societal or social rejection phase," said Mary Johnston a Childhood and Youth Division program manager at Health Canada.

"Maybe marijuana use is coming up now (as a way to reject society) in that cycle."

Johnston said Health Canada conducted the survey to monitor the attitude and behaviour patterns of 11 to 15 year-olds who go through a major and rapid change in their development.

Part of this stage is a time when adolescents may experiment with drugs, namely weed.

The study concluded that marijuana and hashish are both available and students may be opting to smoke up rather than get drunk.

"The alcohol use has come down in age. Younger kids are drinking, but the use patterns are about the same as they were when I was in high school. (Marijuana) is readily available and relatively inexpensive, and in some cases the attitudes have been that it's safer than ciga-

rettes," Johnston said.

Other studies done by the Addiction Research Foundation (ARF) in Toronto show a steady swell in the use of cannabis among young adults.

According to the ARF Ontario Student Drug Use Survey (1997), 11.7 per cent of students were found to smoke up in 1991, with a ten per cent increase in 1995. The survey also revealed a steady increase in use since 1989, after a decline in weed's popularity in the '80s.

"In the '80s, we had a huge amount of attention and focus on

become part of her daily routine.

"It's a social drug. A lot of people like to smoke that after-school or after-work joint," Whiteside said.

"Usually you can call up friends and get together to smoke. It's nice to bun a spliff with friends to wind down."

All potsmokers polled in the Et Cetera survey, like Jay, 21, agreed with Whiteside.

"I love those sweet buds. It's a social conversation piece. You go to the park to smoke a doob with all these people, and it gives you a common bond, a party favour, a common interest," Jay said.

Johnston said smoking pot can be a staple in sub-cultures, groups of young people who get together with similar interests, which may mean it can become a dominant feature in a user's life.

"It's an escape from reality. It's relaxing, and it feels pretty good," Adam Cuff, 23, a student from Mississauga said.

"It keeps me sane and optimistic. I'd be full of stress otherwise."

However, many young adults smoke up recreationally, as a way to experiment socially.

Johnston said weed's influence on a young person's life depends on this difference in use, "if it is a rejection of societal values or recreational experimentation with social use."

She said a young adult experimenting doesn't usually depend on marijuana. But she said it's possible

"It's an escape from reality. It's relaxing, and it feels pretty good."

-Adam Cuff, student

the education to prevent drug use, with things like the Canadian Drug Strategy. That combined to drop availability and use," Johnston said.

"Marijuana is more locally grown and available, which makes that whole drug enforcement more difficult."

To shed some light on the relationship between the chronic and his/her joint, Et Cetera took to the streets asking 30 pot smokers between the ages of 15 and 28, why they choose to take.

Amy Whiteside, 21, a chronic from Meadowvale, said she tokes mainly because smoking pot has



photo: Andrea Austin

Smoking pot has become more popular among high school students over the past eight years.

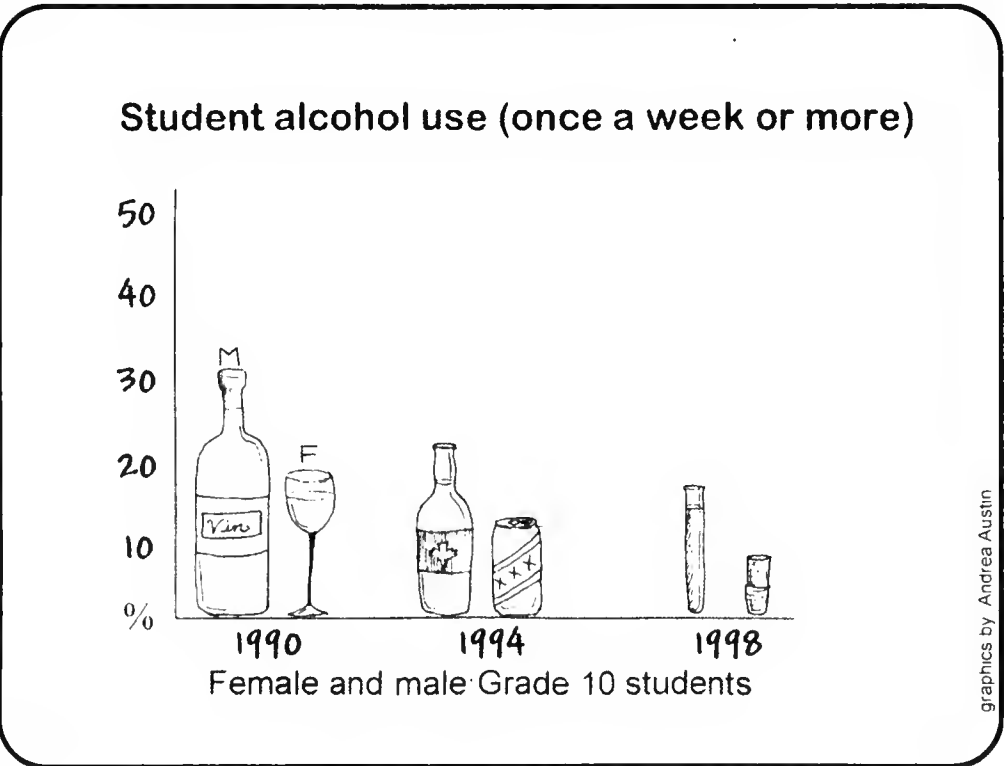
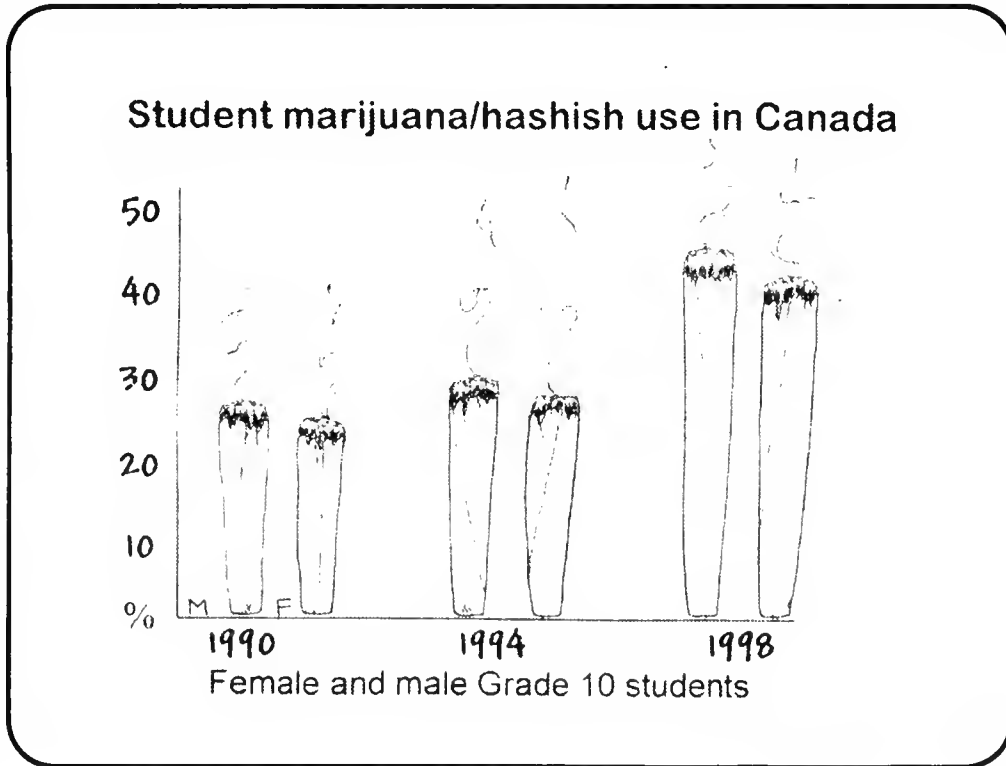
for someone to grow into their twenties, and continue to have pot-smoking as a dominant feature in their life. There is a danger they will drop out of school or destroy their economic and social prospects.

"It's almost a stage people go through. I have faith that most young people don't get into things that heavily. I have faith that it's an experiment in social use that in the long term doesn't affect a young person's life."

Here are some of the results from the Et Cetera survey:

- * 56 per cent say they toked for no other reason other than their love of the high.
- * boredom pushes 16 per cent to smoke up when they have nothing

- else to do.
- * smoking a lot of pot is expensive, especially for cigarette smokers - 46 per cent spend \$40 or more a week on weed.
- * not all pot-smokers find it that interesting. When smoking, 30 per cent say they'd rather be doing something else.
- * 16 per cent wish they were as happy all the time as they are stoned; 13 per cent want to quit smoking weed; and 36 per cent always wish they were smoking more.
- * all asked said they crave a joint most while celebrating, bored, stressed-out, at work, or at school.
- * 14 per cent thought of marijuana as a drug. The other 86 per cent called it a plant.



graphics by Andrea Austin

etc. etc.

Losing out to the winning high

by Jason Ritchie

First-year advertising and media sales student James McCloskey never considered his gambling patterns harmful or addictive.

The 20-something waiter from Mississauga said that during his gambling peak, he visited casinos at least twice a week, usually gambling the money he made in tips.

Although James' gambling wasn't seriously affecting any of his relationships or his job, he was becoming hooked to the high of the win.

According to treatment centres throughout North America, such as the Keystone Centre in South Dakota, most people who gamble at casinos, video lottery terminals and/or the common lottery don't have a great deal of money, but are willing to part with what they have in hopes of hitting the jackpot one day.

Jon Kelly, executive director for the Canadian Foundation on Compulsive Gambling, said his foundation is not against all gambling, but said it is concerned with the pathological and compulsive gambler. A pathological gambler is someone who displays a loss of control over gambling, an increase in gambling and amounts wagered, a preoccupation with gambling and getting money to gamble with and continuation of gambling involvement despite adverse consequences.

"Like people who drink," said Kelly, "gamblers binge from time to time. A compulsive gambler devotes their whole life to gambling. They organize their life around gambling."

"(We are) not opposed to gambling but we offer advice on responsible gambling," said Kelly.

Kelly said people "get into gambling problems in life during extremely stressful times." Students, like McCloskey, under deadlines at school who try to juggle all aspects of their lives aren't exceptions to falling into this trap.

Though money is all McCloskey lost, it is not the only thing at stake. Jobs, spouses and friends are all expendable commodities when one becomes a compulsive gambler.

The Society of People Against Casinos and Video Lottery Terminals (PACVLT), based in Nova Scotia, states (in their press releases) they act on behalf of the taxpayer to ensure money raised

from taxes doesn't aid in the development of new gambling ventures.

Releases from the group indicate they want total abolishment of casinos and other gambling outlets due to the negative side effects associated with the activity. Side effects include lost jobs, spousal abuse and possible alcohol and drug addiction.

PACVLT also shows concern about the number of internet sites that cater to gamblers and the convenience of these sites. Many sites allow on-line wagering on the most popular casino games, including virtual reality slot machines.

Internet gambling permits the compulsive gambler to win or lose right from their own home without any family members knowing there is a problem.

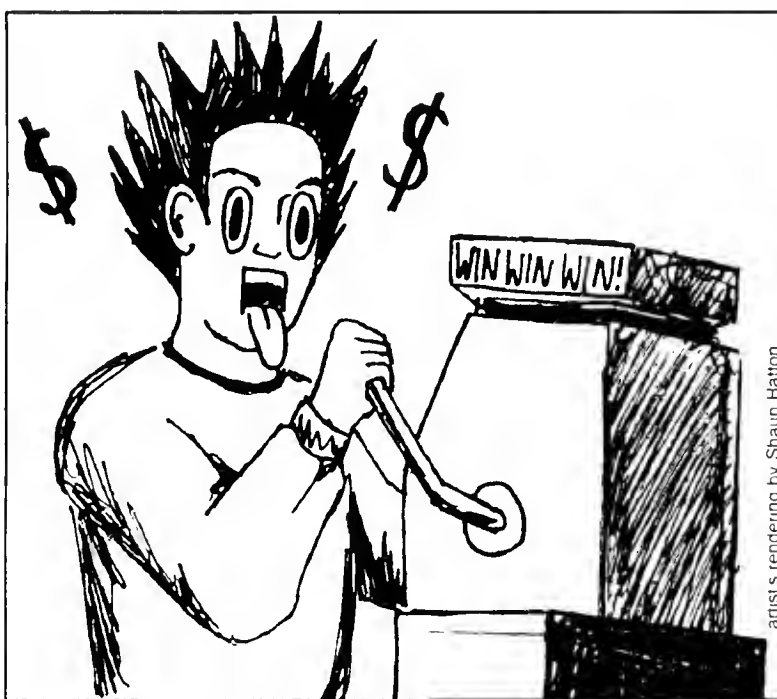
The elimination of trading money over the Internet appeals to

"I liked the excitement, the chance to turn some quick money."

—James McCloskey, former compulsive gambler

many gamblers because all wagers are performed with credit, giving the gambler the illusion they are not spending.

Like alcohol or drugs, the addiction to gambling is often called a



disease and it can sometimes take only one try to get hooked.

The Ontario Problem Gambling Hotline offers "information for gamblers on things such as referrals like to Gamblers Anonymous," says Sarah Salt of the line. The hotline receives calls from either gamblers, families of gamblers or professionals and then recommends various numbers or people that they may contact. The hotline

number is 1-888-230-3505.

Information from the hotline, which has been set up for about two years, shows that between January and December of 1998 2,408 calls were received from people who requested information on treatment for problem gambling.

Out of these calls, 61.5 per cent were people with gambling problems who were seeking assistance

for themselves. The rest of the calls were from family members, friends of gamblers and professionals seeking help for their patients.

The addict must first want to change their habits in order to conquer the affliction, a daunting task for some, including James McCloskey.

"I liked the excitement, the chance to turn some quick money," said McCloskey of his gambling days.

"For the most part, it was disposable income. I was hooked."

"My game is roulette," said McCloskey. "The pay out was 35 to 1," he said of the casinos in Australia.

One night, McCloskey won over \$4,000, most in under five minutes. He lost over \$2,000 in one spin of the wheel that's where the excitement lies. McCloskey's advice for budding gamblers who want to avoid becoming addicted is to practice moderation.

"Only bring what you can lose."

McCloskey has hardly set foot in a casino since his gambling adventures. He realizes that gambling in excess is no longer for him.



CRASH'S "Spirit Day" Alcohol Awareness Fair was a HUGE success, congratulations to the prize winners

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Stress yourself out and light up

by Erin Henderson

Burnt out Humber students are lighting up in an effort to smoke out their stress.

But Humber smokers are hurting themselves in more ways than one. According to a recent study released by the American Psychological Association, the only part of smoking that reduces stress levels is the actual act of puffing, and at any other time smoking actually contributes to stress. The study also suggests that it is because of the nicotine dependency that smokers tend to have daily stress levels that are slightly higher than normal.

Alison Mitchell, a first-year Funeral Services student, said she started smoking three years ago to try to combat stress.

"Since I've been in college it's (smoking) gone up a little bit, not too much. I have to curb it, because of my budget of course. But there's not actually any more stress here than there was before," Mitchell said.

Nicotine adds to stress in the body because as it enters the system it speeds up the metabolism.

"Nicotine may initially relax but as it breaks down in the metabolism it becomes a stimulant," said Marilyn Miller, a psychologist in private practice in Toronto. "It affects the chemistry and research indicates that it's an addictive response over time. From the psychological perspective, it is not a healthy way to manage stress."

What actually happens inside a smoker's body, is that when stress kicks in, it may be a result of the body going into withdrawal from nicotine and not a true response to the situation at hand. That is when the cravings for cigarettes begin, and general moodiness prevails.

"Once you've developed a dependency on it, it sets up a craving. And so now you're feeding the craving and you think that nervousness is coming from other stressful sources but it's the craving response to the nicotine," Miller said. "And that doesn't mean that they're not experiencing stress,

it's just that they have not chosen a response that's going to solve their stress problems."

Miller also said that college students today are under a great deal of stress, not only do they have the constant pressures of school deadlines, they are also facing the reality of job competitiveness when they leave school. Miller suggested that there are better ways to deal with stress.

"If they're dealing with stress ... learn relaxation techniques, especially through deep-breathing, yoga, physical exercise as long as it's not excessive and extreme."

Although those techniques may be excellent ways to reduce stress, some students say that smoking is where it's at for them.

"If I don't smoke I get more stressed because of the nicotine, of course. It's something I look forward to after class, it just helps me unwind," said Mitchell.

Moira Mosher, the co-Coordinator of family support at the Canadian Institute of Mental Health, suggested that quitting



Nicotine actually adds to stress. Only the actual puffing act and holding the cigarette, alleviate stress.

smoking cold turkey might not be the best approach to butting out. She said that individuals who are looking to quit might find greater success in treatment programs.

"The regular smoker needs nicotine to maintain normal moods and suffers from unpleasant feel-

ings of irritability and tension between cigarettes when his or her plasma nicotine levels are falling," said Andy Parrott, PhD with the University of East London, and the psychologist who studied the smokers.

Grab a bottle of health with Greens+

by Melanie Irvine

With today's increasing trend in personal health, numerous people are turning to a new kind of product called Greens+.

Carolyn Ross, office manager at ehn Inc., the Greens+ manufacturer, said this product was created to supplement all the nutrients and vitamins that people with busy lives can often miss.

"Although this product is a food supplement, it should not be used as a meal replacement or vitamin supplement," she said. "It can be taken with vitamins, if people think they need to take more vitamins than they can."

Greens+ is also a detoxifying agent, which means that it works to eliminate various harmful chemicals the body absorbs from food and the environment. But during this

"I don't think health comes out of a bottle."

-Janet Chappell, Ryerson Professor and Nutritionist

process some people can experience numerous discomforting symptoms such as constipation, diarrhea, rashes, nausea and headaches.

According to a greens+ information package, the majority of consumers will not experience these symptoms. But if you do, it should last no longer than one and a half to two weeks.

But according to Janet Chappell, a Ryerson professor and nutritionist, you're still not going to get everything you need from taking a supplement like Greens+.

"I don't think health comes out of a bottle," she said. "I think we should be cautious about such concentrated products that are without standards here in Canada."

According to Chappell, if people isolate a single compound that is shown as effective for fighting a disease, they could over do it.

"People always eating their greens - they can end up taking too much and then the body won't be able to absorb it all," said Chappell.

Andrea Woodburn, employee at Hooper's Pharmacy, said Greens+ is a huge seller at their location and runs for about \$45 for 360 capsules that will last one month, and \$70 for 510 grams of powder which lasts two months.

Woodburn believes ~the popularity of products like Greens+ is due to the new trend of people trying to live a healthier lifestyle.

"Many people are just realizing how much they're missing in their diet," she said.

But Julie Elfstrom, a second-year Nutrition student at Ryerson, said with the increase of health conscious people taking a supplement like Greens+, it might be putting more into their body than what it can actually absorb.

"If you go above and beyond what you need, your body will

only absorb what it needs and excrete the rest anyway," she said "and how do you know what your body is really needing."

"Many people are just realizing how much they're missing in their diet."

- Andrea Woodburn, Employee at Hooper's Pharmacy

It is recommended that one teaspoon of Greens+ should be tried at first gradually increasing use to three teaspoons over a two to three week period.

Ross said this product should not be mixed with blood thinners and is also hazardous to those with a bee pollen allergy.

"Read the label and watch for symptoms, because sometimes people find out they have an allergy to something in Greens+ and don't know it, or it is caused by other foods you are eating in your diet while taking it," said Ross.

When using the pill form of Greens+, Ross said it is best to take it with water or juice, but when using the powder form, she said people have taken it with yogurt, fruit, water and juice although it is best to take on an empty stomach.

Greens+ has been extensively researched for approximately seven years. Its first appearance was in 1991 in the United States - it wasn't until 1993 that it was available here in Canada. For more questions and information, Greens+ will be making an appearance at the Whole Life Expo in Toronto from Nov. 27 - 29.



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Post Halloween sugar rush

by Nikki Carswell

If recently you've been feeling overly excited and extremely fatigued, it could be the result of an overdose of Halloween candy.

Dr. Heather Norman from the Lakeshore Chiropractic Clinic said refined sugars from sweets, like sucrose, when eaten too much can upset your metabolism by making you very hyperactive and then sleepy.

"It will take you to a very high level very quickly and then a very low level," she said.

When our body has a lot of sugar in the bloodstream our pancreas produces a hormone called insulin which attaches to the sugar and tries to use it as energy.

Having too much sugar in our system causes stress on the pancreas and according to Elena Krasnov, a naturopath at the Naturopathic Clinic and Burston Clinics of Complementary Medicine in Toronto, if the pancreas is under too much stress by trying to produce insulin "in the long run you can end up with diabetes."

Dr. Norman said the body would rather see sugar levels stay at an even level all the time. This means eating foods that give you natural sugars like fruits and carbohydrates.

"Natural sugars go into the blood stream slowly whereas sugar is like a real fast burst of energy," said Norman.

"If you have a little bit of sugar or candy here and there it's not that devastating but if that's what most of your diet is it's not very healthy."

Nutritionist Claudia Rosso said that another effect that sugar has on the body is that if the excess sugar is not used as energy it is stored as fat and this can cause obesity and heart problems.

"Sugar is such a concentrated amount of energy (that) if it doesn't get used, it gets stored," said Norman.

According to Rosso having one tablespoon of sugar breaks down your immune system for two to three hours. "If you're (drinking) two to three cans of coke a day there goes your immune system."

"That's why you see the kids sick all the time cause their immune system has been taking a



So many different sweets to choose from, ready to give you that all time sugar high.

beating with all the sugar they eat, especially after Halloween," said Rosso.

Krasnov said too much sugar in the system can also cause infections.

"Bacteria loves to grow where there is lots of sugar (and) when you have a high sugar content in the urine or the blood you will be more predisposed to developing infections."

Rosso agreed and said bad bacteria enters the body if your food is not digested well enough.

She said that in order to break down all the sugar in your body vitamins and minerals from your body are used and this causes the body to continually feel hungry.

"Your body is starving basically because it doesn't have the right balance of vitamins and minerals," added Rosso.

Dr. Norman said a lot of the time people will eat sugar and be very hyperactive and then they'll just crash and sleep.

Krasnov said eating too much sugar can affect a student because if you're in class and you're hyper you won't be able to concentrate as well.

"The mind starts to wander and you can't pay attention long enough."

While both Krasnov and Newman agree that a young child

has a much easier time burning off the sugar than an older person, Krasnov said it really depends on

the body weight too.

"A small child can have the same effect from one candy as an adult can (have with) maybe ten candies."

Rosso said that the common effects of having too much sugar in the system would be headaches, bad digestion, tension in the shoulders, gas, hyperactivity and weakness.

"Nobody's gotten sick from too little sugar but a lot of people are sick from too much sugar," said Krasnov.

In order to reduce these effects Krasnov said to "eat sugars with something that is going to slow down the rate at which the sugars get into the blood (for example grains)

Jennifer Brewer, a third-year Theatre student at Humber College said she likes to eat chocolate because it keeps her awake. She finds that too much sugar does make her feel sick to her stomach but said she won't quit eating sugar.

"I know not to eat as much if it makes me sick," said Brewer.

Dr. Lorna Adams, of the Dixon

Medical Centre in Newmarket said, "there isn't any good evidence that (sugar) causes hyperactivity, but if you eat 12 jelly doughnuts you might feel weird for awhile."

She also said that "(people) aren't going to get sick because they're eating the sugar. they're gonna get sick because they're not eating the good things."

She said people fill themselves up on junk food and then don't eat the right types of food with the nutrients and vitamins we need in them.

"There are lots of people who would like to make children stop eating so much sugar by telling them they'll get sick," said Adams.

Adams said if your pancreas is working right and you take in a lot of sugar your body will deal with it. She also disagrees with the fact that sugar can shut down your immune system.

Her advice to people who do like to eat a lot of sugar is to balance it with regular meals.

"Make sure that you still have an adequate intake of all the nutrients that you need also."

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Women ah running tings here

by Michele Ho Sue

Combining a little bit of this and a lot of that, Women Ah Run Tings (WART) takes all your favourite music types and rolls them into one powerful sound. This diverse group has a combination of dancehall reggae, with blends of R&B, hip hop, funk and a bit of rock. Through their music the band reflects the multiculturalism of Toronto.

Founder and lead vocalist Janet Scott-Jones a.k.a. Lady Luscious who is Jamaican born, said her band focuses on only positive songs and does not promote the negativity that is heard in many songs today.

"Women Ah Run Tings is about empowerment and strength. (It's) women coming across the world to share their musical talents and abilities, with or without the support of men to restore peace, love and humanity in the lives of families all over the world," said Lady Luscious.

Although WART is independent, their self-titled CD Women Ah Run Tings gets a lot of recognition. Lady Luscious was the "Top Dancehall Female DJ" of the '97 and '98 at the Canadian Reggae Music Awards. The group was nominated at the '97, '98 and '99 Canadian Reggae Music Awards in the "Top Reggae Band Category."

The group first made its debut in 1994, and



Women Ah Run Tings from backrow is Derek, Jenn, Heather, and Aimée. Bottom row includes Debbie, Mick The Specialist, Tini and Lady Luscious.

was originally a female group of five. Their first video, 'We're Women' was produced by bass player Paula Gonzalez and their second video 'MC Flava' featured rapper MC Luscious both of whom left to go solo. Except for Lady Luscious and R&B vocalist Tulu Olumide a.k.a. Tini, the rest of the group has moved on to pursue other career goals.

Their current video 'Luscious, Luscious'

features the new members of Women Ah Run Tings. The group has grown into a large family of nine members, two of which are men.

Lady Luscious, the reggae DJ and lead vocalist brings spice and spunk to the group. Tini harmonizes well with latecomer Rexx "the rapper from Kenya". On the instrumental side of the band is, Debbie Augustt-Mofatt (drums), Heather Burton (saxophone), Derek

Graham (guitar), Aimee O'Connor (guitar), Mick The Specialist (bass), Jenn Sheppard (trumpet) and special guest Barb Mancini (violin).

All have something in common — passion. It is heard when these musicians combine their sounds. They all bring a bit of their own style and flavour to produce original combinations of rhythms and beats.

Many of their songs are strongly inspired by their backgrounds, Caribbean, African and North American. It's this mix that sets this band apart from the rest. Instead of being just an all reggae, R&B, hip-hop or rock band, they are a little of everything.

"We all come from different places and we're adding in our own interpretations of songs. It all melts together and becomes something," said Derek, who is Canadian of Scottish descent.

Tini who is of Nigerian descent believes the fact that the group has R&B, reggae and hip-hop vocalists and music makes the band unique.

"We're really trying to convey positiveness, unity, strength among women, family and people in general," Tini said.

The band's next performance will be on Nov. 20 at the Big Bop, located at 651 Queen St.W. for those interested in checking out this funky band.

Incubus on tour with heroes Primus

by Nick Jones

While a lot of bands are tuning down their guitar strings to follow the current of heavy music into the mainstream, Incubus are toning down their sound to avoid being lost in the crowd.

"It's like being a stubborn little kid, everybody is doing something and you want to do something else," said Mike Einziger, guitar player for the California-based band in a phone interview.

"We've always kind of been the odd one out. When everyone was playing Ska, we were playing this kind of hip-hop, funk mixed with heavier music. At the time we were kind of like the odd one out and now that's what the trend is doing, but we still want to evolve that into a different area. That's what we were trying to accomplish with this record," Einziger added.

Along with musical sidekicks Brandon Boyd (vocals/percussion), Dirk Lance (bass), Jose Pasillas (drums), and DJ Chris Kilmore (turntables) Incubus released their second full-length album *Make Yourself*.

They decided the phrase *Make Yourself* captured the vibe of the album and the direction of the lyrics perfectly. One might wonder if with the new album, new sound and their wanting to stand apart from everybody



Incubus are on tour with heroes Primus promoting their new CD.

else, has Incubus made themselves?

"Nobody else made us that's for sure, like those marketing machines we call pop artists. Those bands were made by other people, we make ourselves," Einziger said.

Asked if the reference had anything to do with the Mafia, in which a made man is recognized by his peers as a top dog, Einziger replied, "it's an interesting concept, I guess I might be the Joe Pesci of the crew. But I don't stab people in the neck with pens."

Incubus are touring North America with

Primus, a band they have all loved since they were kids.

"Primus actually asked us to be on tour with them, which is a tremendous honour for us. We grew up listening to Primus and they were a major influence on our band," said Einziger.

With most of this tour being held at club venues, it will be quite a change from the touring Incubus did in support of their first album.

"The last tour we did behind Science was with Black Sabbath, the original members. That was like 20,000 seat arenas every sin-

gle night, it was the biggest tour we've ever done," said Einziger.

However, Einziger explains bigger doesn't always mean better, it's just different.

"There is something to be said for playing a small club, it's really personal. The crowd is really close to you and you can really feel the energy of the people. That's where we get our energy, from the crowd. But there's nothing like walking out into a 20,000-seat arena when all the lights go off and all you see are lighters and it's just heavy metal mayhem," said Einziger.

How will the audience react to the new material if they are expecting some of that heavy metal mayhem when they go to see Incubus?

"We know a lot of kids are going to hear this stuff and be like 'this sucks' or 'this isn't dope like Science is'. But we had to do something different and we didn't want to go along with what everyone else is doing."

Incubus could have halted some of their momentum by changing gears on the new album, or they might have struck a revolutionary chord. The world of music might be a hell of a lot more interesting if other bands stuck to Einziger's rock 'n' roll ideology, "if you make the same record twice, you suck."

etc. etc.

Four Days plot weak with holes

by Dayna Hahn

Four Days is a plot full of holes with a story that supersedes the realm of possibilities. Movies are generally supposed to suspend reality. Four Days leaves it dangling in an abyss of impossibilities and predictable clichés. Although containing a well-rounded and strong group of actors nothing could save this drivelled up plot.

The Kid (as Kevin Zegers is referred to in the film) is left literally holding the bag from his father's bungled bank robbery. Unbeknownst to the Kid, his father Milt (William Forsythe) has been shot and killed. The Kid continues through with the plan to screw his father's partner in crime Fury (played by Colm Meaney). On the way to the meeting place, the Kid hitches a ride with the beautiful Crystal (Lolita Davidovich). Crystal is over a decade older than the Kid. She is fleeing from her husband Gray (Patrick Goyette). Meanwhile Fury hooks up with Feather whose name matches her looks and brains. Fury convinces Feather (Anne-Marie Cadieux) to come with him to find the Kid and tell him his father is dead. Fury's motives for finding the Kid are greed and revenge.

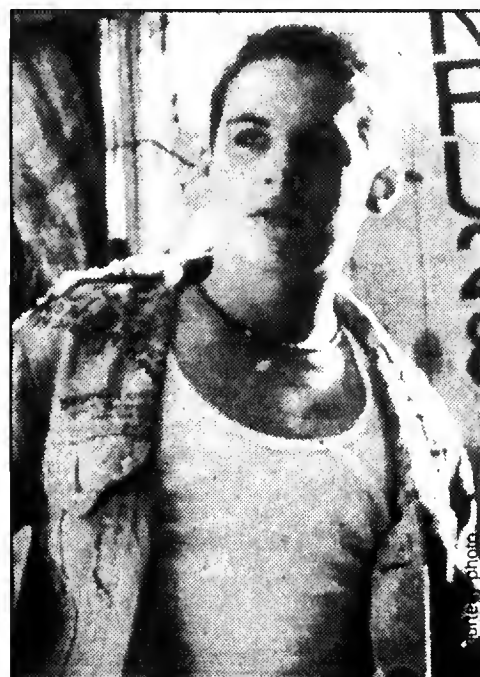
Canadian born Zegers really sinks his

teeth into the role of the Kid. This 14-year-old is a film veteran. It is almost unbelievable that Zegers has such depth and understanding of a character as serious as the Kid. It's amazing when you consider the fact that his previous leading roles were in Air Bud (1997) and Air Bud 2 - Golden Receiver (1998) two fluffy Disney/Miramax movies.

Davidovich plays the very sexy Mrs. Robinson type extraordinarily well. In one of Davidovich's earlier films, Blaze (1989), she caught attention for her remarkable performance as the flamboyant Blaze Starr. She brings the perfect amount of quirkiness to her out there character in Four Days.

The film's highlight is the interaction between the Kid and Crystal. Most notable is the scene in which Crystal is talking on her cell phone with her irate husband. In the scene, she trashes a few of the tokens that belong to her husband, throwing them out the car while barreling down the highway.

Meaney plays the bumbling and furious screwed over partner with flare. Through most of the movie you're trying to put your finger on where you have seen him before. The answer is everywhere. Meaney's body of work is vast. He is more than likely most recognizable for his roles in Star Trek: The Next Generation and Star Trek: Deep Space



Four Days star Kevin Zegers stars as The Kid.

Nine as Chief Miles O'Brien.

Forsythe plays the emotionally closed Milt astoundingly. In many scenes Milt is left telling stories his father told him and he is now telling the Kid. This allows his character to develop and be understood even in

death. The opening story that Milt tells when the film begins is not understood until the film comes full circle. As a first scene in a film this leaves a bad taste in your mouth as you wonder 'what is this?'

It is sad to see a generally well rounded group of actors in a movie that has very little plot to it. Davidovich and Zegers particularly have remarkable on-screen chemistry.

It is clear to see the film was meant to be character driven but it still needs the backbone of a strong plot. It is unclear which of the writers needs to go back to the drawing board with this plot. The fact is that some of the holes in the plot need to be poly-filled.

There are also factual gaps in the film. It is supposed to take place during the month of October. The big problem with is that Crystal and the Kid are swimming and sun bathing. Even in the hottest Indian summers this would be impossible.

Curtis Wehrfritz is better known for his direction of music videos, although he makes the transition to film quite well. The scenes in which the Kid had the memory flashes of being with his father are enjoyable. They were emotional, believable and realistic. It was remarkable how it showed the amount of thought that swims through your mind when you find out something tragic.

The Insider will cause media stir

by Catherine Stancl

The Insider is a movie that gives a less than glowing portrayal of the media, and is sure to cause the biggest public outcry about journalistic integrity since All The President's Men.

Director Michael Mann (Last of the Mohicans, and creator of Miami Vice) created a very believable movie that is bound to cause a huge buzz in the media. It is a riveting tale of 60 Minutes, one of North America's most respected news programs, succumbing to the pressure of the CBS corporation and hiding the truth from the public.

Starring Al Pacino and Russell Crowe, The Insider is a suspenseful drama based on actual events in 1995 described in a Vanity Fair article titled, 'The Man Who Knew Too Much.' Crowe plays Jeffrey Wigand, a top scientist from one of the country's biggest tobacco companies who is fired when he objects to some of the company's slimy tactics. Pacino plays 60 Minutes journalist Lowell

Bergman, who produces segments for Mike Wallace (Christopher Plummer). Bergman is researching fire hazards when he comes across Wygand and finds a story that needs to be uncovered.

This is the first story line in the movie. Soon after this, Bergman finally gets Wygand to drop his confidentiality agreement and talk. He gets the damaging evidence on tape but 60 Minutes will not air it. The corporate gurus at CBS don't want to get sued by the tobacco company, and end up compromising journalistic integrity for corporate interests.

The problem here is the movie's two story lines do not blend well. The split is obvious. The first hour focuses on Wigand's struggle to divulge this information, despite death threats, a divorce, and a smear campaign. But in the second hour, Wigand is shelved, and Bergman's power struggle with the bigwigs becomes the focus. You don't really know what happens to Wigand amidst all this controversy until they pop a

paragraph on the screen at the movie's conclusion.

However, the superb acting talent more than made up for this. Thirty-five-year-old Crowe does a phenomenal job as 53-year-old Jeffrey Wigand. Putting on 30 pounds for the role, Crowe gave a strong and emotional performance, impressively showing physical and emotional decline as his career and family collapses when he decides to talk.

Pacino plays the all-or-nothing journalist with fire and works well with Plummer's dead-on depiction of tough guy Mike Wallace. In fact, if you don't pay attention to the credits, you could almost believe it was Wallace himself. These three actors could very well be up for Oscar nominations for their outstanding performances.

Aside from some of Michael Mann's overly dramatic touches, like mood music, symbolic background posters that said "White Lies", and the highly unlikely possibility that a bar would air an episode of 60 Minutes, he has created a shock-

ing and poignant film worth seeing.

The Insider opened nationwide on Nov. 5.

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Latest CDs in review

Mariah Carey - Rainbow



After selling 115 million albums world wide and having a number one hit every year, Mariah Carey has proven she is a powerful force in the music industry.

Her latest release, Rainbow, is her ninth album and possibly her most hip-hop influenced

release to date.

With help from superstar hip-hop/R&B producers, Jermaine Dupri (Usher, Da Brat, Xscape), She'kspere (TLC, Destiny's Child), Damizza, Jimmy Jam and Terry Lewis (Janet Jackson, Chante Moore.), Carey is striving to innovate her sound to appeal to the urban music lovers.

Jay-Z, Missy Elliot, Da Brat, Mystikal, Master P, Usher, Snoop Dogg, Joe and 98 Degrees all make guest appearances on the CD.

Each of the 10 tracks has its own appeal whether lyrically or musically.

They range from the funky sounds of 'HeartBreaker' blessed with Jay-Z's rhymes, to the '70s retro feel of 'Bliss', to even-sampling a line from a Tupac song, 'Me and My Girlfriend' in the guitar savvy single 'How Much' featuring Usher. Standout track 'Crybaby' features Snoop Dogg, with its signature West Coast beat.

Despite these faults and beyond the psychedelic cover and scandalous poses, this album is sure to be remembered as Carey's most unique work yet.

Kerri L. Patrick

Herding Cats - Gaelic Storm



Celtic band Gaelic Storm has just released their latest CD Herding Cats. Gaelic Storm's musical style is very similar to Great Big Sea.

Herding Cats has a great Celtic sound making you want to get up and dance every time you play the CD. The band uses fiddles, harmonicas, and a variety of percussion. A young band with great lyrics, the band will remind most of a stand-up comedian's jokes. From their CD cover to their music, fans of Celtic music can tell that Gaelic Storm is a fun-loving band who enjoy performing with enthusiasm and fun.

Michael V. Stamou

Bush - The Science of Things



Bush is still trying to find the same success they achieved with the release of their debut album Sixteen Stone (1994). The Science of Things, their latest release is a huge disappointment. Apparently Bush is still on the one good song per album quota that began with Sixteen Stone's follow-up Razorblade Suitcase with its one redeemable song 'Swallowed'. The one saviour from The Science of Things is track three 'The Chemicals Between Us'. Surely you've heard it more times than you ever need to - it's just slightly overplayed.

Get ready, the next single release will probably be lead off track 'Warm Machine'. Don't worry though, it won't be played for more than two weeks.

If you are unfortunate enough to own this CD don't ever play track four. 'English Fire' is one of the most abrasive and untalented pieces of music ever burnt onto a CD. The photography and art in the sleeve is kind of neat. And all you girls get to check out Gavin's sparkling new red hair. Maybe he borrowed some of girlfriend Gwen's dye?

Erik Martensson

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Im-press-ive play turns over two wins

by Juan Pablo de Dovitiis

As a general rule, teams that lose nine members from the previous year's squad (including all five starters), and struggle through a hapless pre-season, do not start their season by blowing out their first two opponents. Apparently, the women's basketball team doesn't play by general rules.

But last week they played by all the rules that counted, and crushed their opposition by an average of 55 points per game.

Hawks 93, Royals 37
Hawks 86, Knights 33

The Hawks crushed the Redeemer Royals 93-37 Wednesday and then pummeled the Niagara Knights 86-33 on Friday.

The team's play was so dominant Redeemer and Niagara, combined for 70 points. On average, the Hawks' starting line-up alone outscored the opposition 76-35.

More importantly, the Hawks seem to have made improvements in two of their biggest weaknesses: rebounding and turnovers.

Humber vastly out-rebounded Redeemer in their home opener, and went up 36-6 in the first 10 minutes. More surprisingly though, was the effectiveness of their full-court press, which they had only started practising three days earlier.

The press resulted in many turnovers that Humber turned into fastbreak points. One such break



Beth Latendresse attempts a three-pointer during the second half against the Redeemer Royals.

brought a roar of approval from the crowd, when Denise Marshall (9 points) threw a no-look behind-the-head pass to Lindsay Higgs (16 points), who swished a 15-foot jumper.

At half-time the Hawks were up 48-23, however, Humber was outscored 17-12 in the half's final ten minutes. Head coach Jim Henderson, unsatisfied with the team's defence late in the first half, challenged his players to raise their defensive intensity in the second half.

The Hawks responded with a

burst of suffocating pressure, fueled by the chant of "D-fence" from their bench. Redeemer only scored 14 points the rest of the way.

"This is a sign of things to come," Akbar said. "I think we are meshing now; realizing our weaknesses. Part of it is getting to know each other. In time, we'll get there."

So far, the team's philosophy is to generate offence on turnovers resulting from their relentless defensive pressure.

Henderson showed a lot of class when, instead of humiliating

Redeemer with a 100-point game, he told the team to slow down and "work on their half-court offence."

The Hawks still put up good numbers despite the slower pace of the final minutes. Beth Latendresse (18 points), Lindsay Higgs (16 points), and Khadijah Akbar (16 points), led the way for the Hawks. Latendresse was probably the game's most outstanding player, not only because she had the most points, and neutralized Redeemer's leading scorer.

"I was very pleased with the balance in scoring," Henderson said. "The starting five were all in double figures. That makes us very tough to defend."

The Hawks took that same well-rounded offence on the road on Friday, and were rewarded with another emphatic victory, this time against Niagara. The Hawks' offence was again led by the starters, four of whom scored in double figures. Brenda Chambers and Khadijah Akbar were the Hawks' top scorers with 19 points each.

Once again the Hawks raised their defensive intensity and limit-

ed Niagara to only 10 points in the second half.

In the end, the Hawks defeated Niagara 86-33, and got their second victory in as many games.

But not everything was clicking. The team made only 8 of 27 foul shots and are shooting just 43 per cent from the line this season.

This may prove to be a problem against tougher competition.

"These are probably the two weakest teams," Henderson said. "Next week will be tougher."

For now though, the Hawks' victories have put them back in the group of teams expected to contend for the OCAA title. But much will depend on the Hawks' bench once they meet teams like Durham, Mohawk or Fanshawe.

"I've been happy with what I've been getting from the bench," Henderson said. "Their contributions will be necessary in the long run, especially on defence. Those are the things you don't see on the scoresheet, but they are important if we are to be successful."

The Hawks will host the Durham Lady Lords on Thursday, Nov. 11 at 6:00 p.m.

Men get spiked in the Cup

by Steve Chester

The men's volleyball team won only one of three matches at the Humber Cup tournament. They hope to turn Saturday's disappointing games into a learning experience.

The Hawks came into the tournament with hopes of repeating last year's wins against Durham, Cambrian and Loyalist. Early on, Humber looked impressive.

Humber beat the Durham Lords 25-16 with some amazing defence including several great blocks.

The Hawks were hit hard early in the second game, and couldn't reclaim the lead. Durham held on to win 25-21.

Humber rallied in game three. The score remained close throughout, but the Hawks prevailed 17-

15 to win the match.

However, Humber couldn't repeat the feat in their second match against Cambrian.

They lost the first game 25-23 and the next game finished with the same score, but with Humber on the winning side.

The final game against Cambrian only made the eventual loss harder to swallow. They started well and stayed ahead until the final minute when Cambrian jumped ahead to win 15-14.

"I don't think we got (the Cambrian loss) out of our head," Hawk's player Dylan McCue said. "People just weren't doing their jobs, and me included."

Cambrian lost to Durham in their next match and Humber went up against Loyalist.

Loyalist kept the first game

close and added a couple extra points in the end to win 25-22.

In the second game, Loyalist played strong defence and kept the lead. Humber couldn't get very many shots past the taller team, and lost 25-17.

"We didn't pass the ball enough to establish a momentum in the game," Hawk's head coach Wayne Wilkins said. "We let them establish it."

Loyalist went on to win the tournament.

Wilkins said hopefully the team will see the Humber Cup as a learning experience. The season has just started, and he knows there's lots of time to turn the loss into a positive lesson.

"It's never ever a bad tournament, win or lose, as long as they learn something," Wilkins said.

Hawks look ahead after redeeming wins

by Steve Chester

Humber's men's volleyball coach Wayne Wilkins received a wonderful gift for his birthday last Wednesday — his team won their first match of the season.

With an amazing start

and finish, the young Humber Hawk's team soared to victory, winning three of four games over the Redeemer Royals to start a perfect season. The first two games were completely Humber dominated. While the second game started close; the first was a blowout from start to finish. Redeemer lost the ball a few times, and wasn't nearly as offensively capable as the Hawks.

Redeemer's optimism sparked in the tense third game. They broke a 19-19 score late in the game and eventually jumped ahead to win 25-20.

The newfound bounce in

Redeemer's step was quickly squashed in the fourth game. Humber blew them away 25-10.

"We kind of had a mental lapse in the third game, but we worked

it out and came back strong in the fourth game," said

Hawk's player of the game Dan Salomons. "It was a lot of fun."

Defence was a huge factor in the game, and the Hawks played very well in this department. Many amazing blocks were made from some very hard shots.

"We were fast, a lot faster than we have been in the past," said coach Wilkins. "We played much better defence, and we're hoping that that's what's going to carry us to the championship."

"The rules have changed. It's no longer just a big boom game. It's who can dig up those guys and who can block them and who can out-smart the other teams."

etc. etc.

Women win the Cup

by Steve Chester

Humber's women's volleyball team took their undefeated start this season into Saturday's Humber Cup tournament. They played hard, and stressed team work and won.

The girls defeated Durham, won a close match against Cambrian, and then beat Loyalist before reclaiming the Humber Cup title in the final. Three MVP awards were given in the finishing ceremonies to Michelle Richmond, Barbara Legiec, and Caroline Fletcher.

"I'm extremely pleased," head coach Dave Hood said. "I think we played well all day long. We played solid."

The women started the tournament with a match against Durham. They won easily, winning both games 25-15.

Their second match against Cambrian was much closer. The girls battled to win in two games against their best competitors 26-24, and then 25-23.

Cambrian is a solid team. They

ended up playing them again in the final:

"They're the best team in our division," Fletcher noted after the tournament. "It'll be us and them battling for first place to come out of the west."

The women played their last

Record at Provincials:

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97/98-Gold

96/97-4th

95/96-Bronze

match before the final against Loyalist. They won the first game 25-10, and slipped in the second, losing 15-25. The third game was won easily 15-7.

The final of the tournament was a rematch against Cambrian.

Humber's women fought hard in the first game, taking away Cambrian's lead half way through to tie 11-11. The girls pulled ahead, and Cambrian couldn't bat-

tle back fast enough. Humber won 25-21.

The girls played really well at the net in the second game. Well-placed shots and great defence contributed to a huge early lead that only widened as the game went on. The girls finished the last game of the match 25-14.

The team stressed that hard work and co-operation was the main contributor to their success.

"It was rewarding when we won because we worked so hard," Legiec said.

"A lot of the effort that the girls show in practice is coming out now. It's paying off in the long run," Hood said.

"There are 12 people on the team and every one of those people contributes to our success," Hood added. Hood also said he's been stressing consistency and a steady effort.

"One of the main focuses for a young team is that you don't want to play inconsistent," Hood said. "For about the last two weeks

Hockey gets season rolling

by Scott Van Slyke

The Hawks clipped the Condors wings last week furthering an undefeated start.

Humber settled in to the international size ice surface taking advantage of the space.

The Hawks defence used their speed and great passing to get out of trouble time and time again and hit their streaking forwards with long passes that left Conestoga on its heels all night.

Humber coach Joe Washkurak said he liked what he saw "It was an adjustment for us to play here especially after playing at Seneca (small rink). But we have a decent skating team and forechecked differently here than we normally do."

Hawks's defenceman Kevin Tully got things started for Humber in the first with a huge hit that sent a Condor player head over heels and silenced the crowd. The Hawks scored first midway through the first period.

Captain Rich Wand slid a pass across the top of the crease to Chris McFadyen who scored to make it 1-0 Hawks. Conestoga replied with three minutes left in the first period

to tie the game 1-1.

The Hawks broke out in the second period on a pair of goals by Wand and another by Colin Gillespie. Conestoga player Darrell Woodley tipped a shot past Hawk goaltender Duane Crocker with three minutes in the period.

The third period turned into penalty-filled affair as the frustrated Condors tried to lure the Hawks into taking retaliatory penalties. To

Hawks 5, Condors 3
McFadyen records second two-goal game

their credit the Hawks were very disciplined and it ended up being Conestoga's undoing. Chris McFadyen scored his second of the game off a beautiful three-way passing play from Wand and Eric Hobor while Condor player Darrell Woodley scored his second of the game on the power play to make the final score 5-3 Hawks.

"We were still in the game and took dumb emotional penalties," said Conestoga coach Ken Galerno. "Some of our key players were not on ice and certain guys are the backbone (of the team) and

we need them out there."

The R.E.C line (as in 'wreck') of Rich Wand, Eric Hobor and Chris McFadyen accounted for four goals and ten points, with Wand netting a hat trick, McFadyen picking up a pair and Hobor collecting four assists.

"We're working well as a line. This team has worked hard every night to win. We were disciplined tonight and came out on top," Wand said.

Chris McFadyen who had his second two-goal game, liked playing on Conestoga's big ice. "I like playing on the big ice, you get a lot of room to move out there. Eric, Rich and I are still getting used to where the other will be in the offensive zone but were playing pretty instinctively right now," McFadyen said.

The Hawks saw the return of forward Travis McLaughlin who missed most of the preseason with an ankle injury but lost forward Morgan Matthews during the game with a sprained knee in the third. The Hawks who are now 1-0-1, playing on the road this weekend against Sault College and Cambrian College.

2008 Olympics in Toronto?

Former Et Cetera reporter Mike Gentile interviews cyclist Curt Harnett at the official launch of Toronto's Olympic bid at the Royal York hotel. Et Cetera goes in depth on the bid in our next issue.

we've been working on not letting the other team get more than three points on us. The work paid off. The teams only came one or two points at the most on us and they didn't get the three, four, five, which has happened in the past in a couple matches we've played."

Humber's confidence level has swelled with the gold at this tournament.

"We're sitting right now again on the cusp of potentially winning a provincial championship and then the possibility of a national championship too. It's going to take a lot of work for the girls."

Michelle Richmond agrees. "This is what Humber College has to offer for the rest of the season, so beware," she said.

Classifieds

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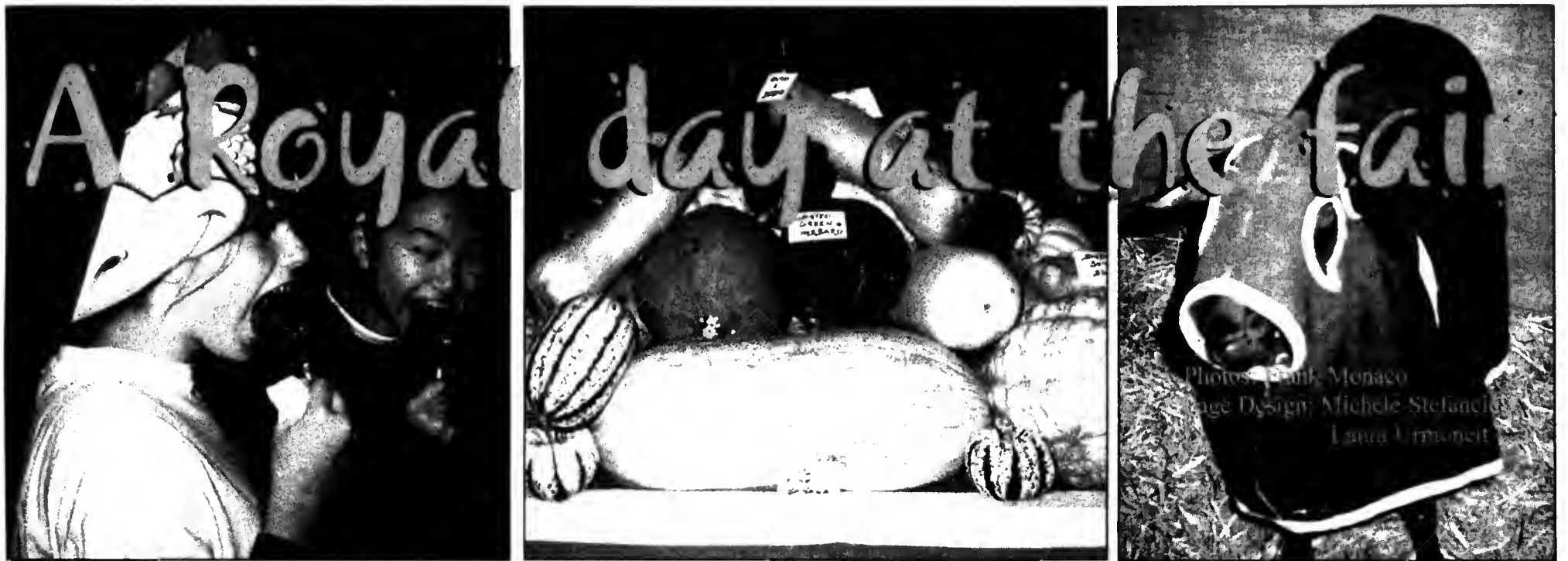
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by Frank Monaco

People were able to watch a cow being milked, see the world's largest squash or sip the finest Canadian wine-with the other 350,000 visitors at this year's Royal Agricultural Winter Fair.

The Royal Agricultural Winter Fair continued its 77-year tradition of promoting excellence in agricultural and equestrian activities through world-class competitions, exhibitions and education.

"I've been involved in the fair for 15 years and I meet people from all over the place," said Ted Hyde owner of the Wool and Sheepskin exhibit. "It's the biggest and best show of the year."

Feature attractions included wine tasting, antique and agricultural shows, dog and horse exhibits, and the Royal Winter Garden.

Heralded as one of the best agricultural shows in the world, the Royal celebrated excellence in agriculture with international gardens from China, the Caribbean, and Japan. This included a "giant" vegetable show where pumpkins and squash weighed up to 767 pounds. In the gardens, there was a broad variety of design ideas and the latest in garden accessories.

"There is even a contest for the weirdest shaped fruit and vegetable," said Peter Endersen, a farmer displaying his bananas nick-named "The Glove."

The vendors were set up in a flea market style and varied from small family owned busi-

nesses like the Victoria Fish Company Ltd. from Victoria, B.C., to larger companies like Longo's Fruit Market and Dominion.

"It's our own business. We do it in the evening and on weekends. We do six (fairs) a year and this one is the best by far," said Lori Wardell co-owner of K9 Collars.

The best of Canadian and international livestock, and agriculture products competed for championship prizes. Farmers gathered their best livestock, and were grooming their cattle in preparation for the competition. The 5,000 animals in the fair consumed over 400 tons of hay. During the seven days of the Dairy cattle show, about 22,000 litres of milk were produced.

The dairy section included a unique contest for the best butter sculpture. For decades, visitors to the Royal have marvelled at the talented artists who have created such butter masterpieces as Jurassic Pork, Vincent Van Goat, and a life-sized rendition of home-run king, Mark McGwire. Every year, groups of enthusiastic people crowded around the showcase in Dairy Lane to witness the Gay Lea butter come to life. Students from Toronto's prestigious Ontario College of Art & Design participate annually.

To celebrate the contributions that horses have made over the past 100 years, the Royal hosted "A Century with Horses" display. The exhibit explored an array of themes including transportation, agriculture, entertainment, and sport.

